

**WALGREEN FIBER LAX- calcium polycarbophil tablet, film coated  
WALGREENS CO.**

-----  
**Walgreen Fiber Caplets Calcium Polycarbophil**

***Drug Facts***

**Active Ingredient (in each caplet)**

Calcium polycarbophil 625 mg  
equivalent to 500 mg polycarbophil

**PURPOSE**

Bulk-forming laxative

***USES***

- relieves occasional constipation to help restore and maintain regularity
- this product generally produces bowel movement in 12 to 72 hours

**Choking Warning:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**Ask a doctor before use if you have**

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

**Ask your doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

**When using this product**

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 tablets in a 24 hour period unless directed by a doctor

**Stop use and ask a doctor if**

rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative. These could be signs of a serious condition.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

***DIRECTIONS***

- Take each dose of this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. (See choking warning).
- This product works naturally so continued use for one to three days is normally required to provide full benefit. Dosage may vary according to diet, exercise, previous laxative use or severity of constipation.

<b>Age</b>	<b>Recommended dose</b>	<b>Daily maximum</b>
adults & children 12 years of age and over	2 caplets once a day	up to 4 times a day
children under 12 years	consult a physician	

### **OTHER INFORMATION**

- each caplet contains: **calcium 125 mg**
- **Do not use if printed seal under cap is torn or missing**
- store at room temperature
- protect contents from moisture

### **DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING**

calcium carbonate, caramel color, crospovidone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate.

### **Questions or Comments?**

**1-866-467-2748**

### **PRINCIPAL DISPLAY PANEL**

NDC# 0363-0120-14

**Compare To the Fibercon<sup>®</sup> active ingredients ††**

**Fiber Lax**

**CALCIUM POLYCARBOPHIL 625 mg**

BULK-FORMING FIBER LAXATIVE

- Gentle enough for everyday use

**140 CAPLETS**

**DISTRIBUTED BY: WALGREEN CO. 200 WILMOT RD., DEERFIELD, IL 60015**

**100% SATISFACTION GUARANTEED walgreens.com 2018 Walgreen Co.**

††This product is not manufactured or distributed by Pfizer Consumer Healthcare, owner of the registered trademark Fibercon<sup>®</sup> Caplets.

**VALUE SIZE**

*Walgreens*

Compare to FiberCon® caplets active ingredient! NDC 0363-0120-14

# Fiber Lax

CALCIUM POLYCARBOPHIL, 625 mg / BULK-FORMING FIBER LAXATIVE

- Gentle enough for everyday use

**140** CAPLETS  ACTUAL SIZE

Drug Facts		Drug Facts (continued)										
<b>Active ingredient (in each caplet)</b> Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil.....Bulk-forming laxative	<b>Purpose</b> Bulk-forming laxative	These could be signs of a serious condition. <b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away 1-800-222-1222										
<b>Uses</b> ■ relieves occasional constipation to help restore and maintain regularity ■ this product generally produces bowel movement in 12 to 72 hours.	<b>Warnings</b> <b>Choking:</b> Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. <b>Ask your doctor before use if you have</b> ■ abdominal pain, nausea or vomiting ■ a sudden change in bowel habits that persists over a period of 2 weeks. <b>Ask your doctor or pharmacist before use if you are</b> taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work. <b>When using this product</b> ■ do not use for more than 7 days unless directed by a doctor ■ do not take more than 8 caplets in a 24 hour period unless directed by a doctor <b>Stop use and ask a doctor if</b> rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative.	<b>Directions</b> ■ take each dose of this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See choking warning. ■ this product works naturally so continued use for one to three days is normally required to provide full benefit. Dosage may vary according to diet, exercise, previous laxative use or severity of constipation										
		<table border="1"> <thead> <tr> <th>age</th> <th>recommended dose</th> <th>daily maximum</th> </tr> </thead> <tbody> <tr> <td>adults &amp; children 12 years of age and over</td> <td>2 caplets once a day</td> <td>up to 4 times a day</td> </tr> <tr> <td>children under 12 years</td> <td colspan="2">consult a physician</td> </tr> </tbody> </table>		age	recommended dose	daily maximum	adults & children 12 years of age and over	2 caplets once a day	up to 4 times a day	children under 12 years	consult a physician	
age	recommended dose	daily maximum										
adults & children 12 years of age and over	2 caplets once a day	up to 4 times a day										
children under 12 years	consult a physician											
		<b>Other information</b> ■ each caplet contains: calcium 125 mg ■ store at room temperature ■ protect contents from moisture										
		<b>Inactive ingredients</b> calcium carbonate, caramel color, crospovidone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate										
		<b>Questions or comments?</b> 1-866-467-2748										

This product is not manufactured directly by Pfizer Inc. under the registered trademark FiberCon® caplets. DISTRIBUTOR: WALGREENS CO. 200 N. WYOMING ST., DEERFIELD, IL 60015. 100% SATISFACTION GUARANTEED. Walgreens.com/pfizerca  
 OTC0418-F2 1201-40VAGLR  
 ITEM 504565 W10017-1017-F  
 LOT: 3 11917108163 2  
 EXP:

## WALGREEN FIBER LAX

calcium polycarbophil tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0363-0120
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CALCIUM POLYCARBOPHIL</b> (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII: W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK)	
<b>CAMEL</b> (UNII: T9D99G2B1R)	
<b>CROSPVIDONE (120 .MU.M)</b> (UNII: 68401960MK)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6130)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)	

### Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	19mm

<b>Flavor</b>		<b>Imprint Code</b>	RP120
<b>Contains</b>			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0363-0120-14	140 in 1 BOTTLE; Type 0: Not a Combination Product	05/21/2019	

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	05/21/2019	

**Labeler** - WALGREENS CO. (008965063)

Revised: 11/2025

WALGREENS CO.