

## **ARNICARE- arnica montana ointment**

### **Laboratoires Boiron**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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### **Arnicare Ointment**

#### **Active ingredients\*\***

Arnica montana 1X HPUS 4%

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

#### **Purpose\***

Arnica montana 1X HPUS 4% ... Relieves minor muscle pain & stiffness, swelling from injuries, discoloration from bruises

#### **Uses\***

- temporarily relieves minor muscle pain, minor joint pain, and stiffness due to:
- minor injuries
- overexertion
- falls
- reduces symptoms of bruising such as:
- pain
- swelling
- discoloration

#### **For external use only.**

**Do not use if** you are allergic to Arnica montana or to any of this product's inactive ingredients.

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

#### **Stop use and ask doctor if**

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

**Keep out of reach of children.** In case of accidental overdose, get medical help or contact a Poison Control Center right away.

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Ointment to affected area as soon as possible after minor injury up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Ointment.
- Children under 1 year of age: Not recommended.

alcohol, purified water, white petrolatum USP

Questions, Comments?

**Arnicare.com**

**Boironusa.com**

**Info@boironusa.com**

1-800-BOIRON-1

(1-800-264-7661)

Distributed by Boiron Inc.

Newtown Square, PA 19073-3267

do not use if glued carton end flaps are open or if the tube seal is broken

dispose of 1 year after opening

1 oz (30g)

Pain Relief\*

Muscle Pain & Stiffness Swelling from Injuries Bruises\*

‡ Homeopathic tincture made from Arnica montana fresh whole plant.

\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

\*C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

### Drug Facts (continued)

#### Directions

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Ointment to affected area as soon as possible after minor injury up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Ointment.
- Children under 1 year of age: Not recommended.

#### Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- dispose of 1 year after opening

#### Inactive ingredients

alcohol, purified water, white petrolatum USP

#### Questions or comments?

Arnicare.com  
BoironUSA.com  
Info@Boiron.com  
1-800-BOIRON-1  
(1-800-264-7661)

Made in France  
Distributed by Boiron Inc.  
Newtown Square, PA 19073



NDC 0220-9023-51

## PAIN RELIEF\*

Muscle Pain & Stiffness  
Swelling from Injuries  
Bruises\*

**Arnicare®**  
OINTMENT

HOMEOPATHIC MEDICINE

- Fragrance-Free
- Easy to Use on Joints



NET WT.  
1 oz (30 g)

**BOIRON®**  
World Leader in  
Homeopathic Medicines

MADE FROM FRESH  
**Arnica montana plants**

Nature provides us with the best resources for ingredients. Arnicare® Ointment is formulated with fresh Arnica plants hand-picked from the mountains of Europe.



### The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit [BoironUSA.com/promise](http://BoironUSA.com/promise) for details.

### Drug Facts

**Active ingredient\*\*** Arnica montana...  
**Purpose\*** Relieves minor muscle pain & stiffness, swelling from injuries, discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

#### Uses\*

- temporarily relieves minor muscle pain, minor joint pain, and stiffness due to:
  - minor injuries
  - overexertion
  - falls
- reduces symptoms of bruising such as:
  - pain
  - swelling
  - discoloration

#### Warnings

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

#### When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

#### Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

\* Homeopathic tincture made from Arnica montana fresh whole plant.  
\*\* CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE. NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

\*C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details

## Drug Facts

### Active ingredient

Arnica montana 1X HPUS 4% Relieves minor muscle pain & stiffness, swelling from injuries, discoloration from bruises

### Purpose

**Uses** ■ temporarily relieves minor muscle pain, minor joint pain, and stiffness due to:  
■ minor injuries ■ overexertion ■ falls  
■ reduces symptoms of bruising such as:  
■ pain ■ swelling ■ discoloration

### Warnings

**For external use only. Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.**

**When using this product** ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin  
■ use only as directed ■ do not tightly wrap or bandage the treated area ■ do not apply heat or ice to the treated area immediately before or after use **Stop use and ask a doctor if** ■ condition persists for more than 3 days or worsens ■ symptoms clear up and occur again within a few days **Keep out of reach of children. If swallowed**, get medical help or contact a Poison Control Center right away.

**Directions** ■ Adults and children 1 year of age and older: Apply a thin layer of Arnicare Ointment to affected area as soon as possible after minor injury up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Ointment.

■ Children under 1 year of age: Not recommended.

**Other information** ■ do not use if glued carton end flaps are open or if the tube seal is broken  
■ dispose of 1 year after opening

**Inactive ingredients** alcohol, purified water, white petrolatum USP

Made in France

Distributed by Boiron Inc. Newtown Square, PA 19073

1-800-BOIRON-1 (1-800-264-7661)

Arnicare.com

TUL-KJA-12/24

NDC 0220-9023-51

## PAIN RELIEF

Muscle Pain & Stiffness  
Swelling from Injuries  
Bruises

**Arnicare®**  
OINTMENT

HOMEOPATHIC MEDICINE

- Fragrance-Free
- Easy to Use on Joints



NET WT.  
1 oz (30 g)

**BOIRON®**

World Leader in  
Homeopathic Medicines

## Drug Facts

### Active ingredient

Arnica montana 1X HPUS 4% Relieves muscle pain & stiffness, swelling from injuries, discoloration from bruises

### Purpose

**Uses** ■ temporarily relieves muscle pain and stiffness due to:  
■ minor injuries ■ overexertion ■ falls  
■ reduces symptoms of bruising such as:  
■ pain ■ swelling ■ discoloration

### Warnings

**For external use only. Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.**

**When using this product** ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin  
■ use only as directed ■ do not tightly wrap or bandage the treated area ■ do not apply heat or ice to the treated area immediately before or after use **Stop use and ask a doctor if** ■ condition persists for more than 3 days or worsens ■ symptoms clear up and occur again within a few days **Keep out of reach of children. If swallowed**, get medical help or contact a Poison Control Center right away.

**Directions** Apply a thin layer of Arnicare Ointment to affected area as soon as possible after minor injury. Repeat 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnicare Ointment.

**Other information** ■ do not use if glued carton end flaps are open or if the tube seal is broken  
■ store at 68-77°F (20-25°C)

**Inactive ingredients** alcohol, purified water, white petrolatum USP

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1-800-BOIRON-1 (1-800-264-7661)

Arnicare.com

NDC 0220-9023-51

## PAIN RELIEF

Muscle Pain & Stiffness  
Swelling from Injuries  
Bruises

**Arnicare®**  
OINTMENT

HOMEOPATHIC MEDICINE

- Fragrance-Free
- Easy to Use on Joints
- Plant-Based Relief



NET WT.  
1 oz (30 g)

**BOIRON®**

World Leader in  
Homeopathic Medicines



### Drug Facts (continued)

**Directions** Apply a thin layer of Arnica Ointment to affected area as soon as possible after minor injury. Repeat 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnica Ointment.

### Other information

■ do not use if glued carton end flaps are open or if the tube seal is broken  
■ store at 68-77°F (20-25°C)

### Inactive ingredients

alcohol, purified water, white petrolatum USP

### Questions or comments?

Arnica.com  
BoironUSA.com  
Info@Boiron.com  
1-800-BOIRON-1  
(1-800-264-7661)

Made in France  
Distributed by Boiron Inc.  
Newtown Square, PA 19073

♻️ please recycle



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NDC 0220-9023-51

## PAIN RELIEF\*

Muscle Pain & Stiffness  
Swelling from Injuries  
Bruises\*

**Arnica®**  
OINTMENT

HOMEOPATHIC MEDICINE

- Fragrance-Free
- Easy to Use on Joints
- Plant-Based Relief



NET WT.  
1 oz (30 g)

**BOIRON®**

World Leader in  
Homeopathic Medicines

## From the French Mountains to You

Boiron Arnica Ointment is made with one pure active ingredient: Arnica montana. This wild mountain daisy has been used for centuries to relieve muscle aches and bruises. Our Arnica is sustainably harvested by hand in the mountains of France.

## The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit [BoironUSA.com/promise](http://BoironUSA.com/promise) for details.

### Drug Facts

**Active ingredient\*\*** Arnica montana 1X HPUS 4%  
**Purpose\*** Relieves muscle pain & stiffness, swelling from injuries, discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

### Uses\*

- temporarily relieves muscle pain and stiffness due to:
- minor injuries ■ overexertion ■ falls
  - reduces symptoms of bruising such as:  
■ pain ■ swelling ■ discoloration

### Warnings

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

### When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use.

### Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

\* Homeopathic mother tincture made from Arnica montana fresh whole plant.

\*\* CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

\*C, K, CK, and X are homeopathic dilutions: see [BoironUSA.com/info](http://BoironUSA.com/info) for details.

NDC 0220-9023-51

**Arnicare®**  
*Ointment*

**Drug Facts**  
(continued)

**Inactive ingredients**  
alcohol, purified water,  
white petrolatum USP-NF

**Questions or comments?**  
[www.Arnica.com](http://www.Arnica.com)  
[www.BoironUSA.com](http://www.BoironUSA.com)  
[info@boiron.com](mailto:info@boiron.com)  
**1-800-BOIRON-1**  
(1-800-264-7661)  
Distributed by Boiron Inc.  
6 Campus Boulevard  
Newtown Square, PA  
19073-3267



please recycle

Made in France



3 06960 22950 6

**PAIN RELIEF\***

**Muscle Pain & Stiffness  
Swelling from Injuries  
Bruising\***

**Arnicare®**  
*Ointment*

HOMEOPATHIC MEDICINE

- **Unscented**
- **Paraben-Free**
- **Works Naturally with Your Body**



**NET WT.**  
**1 oz (30 g)**

**BOIRON®**

World Leader in Homeopathic Medicines

**arnica  
natural**  
active ingredient

**Use Arnicare  
at the First  
Sign of Pain**

*Arnicare Ointment is made from Arnica montana (a mountain daisy), which has been used for centuries to naturally relieve pain. It adheres to the skin to provide prolonged action for injuries that require a longer healing time. Arnicare is recommended by doctors, plastic surgeons and pharmacists, and used by professional athletes and savvy moms.*

- **Unscented**
- **Paraben-free**

**The Boiron Promise**  
*At Boiron, we believe there's a better way to feel good. A better way that works naturally with your body. Since 1932, the Boiron family has been committed to providing homeopathic medicines. As world leader in homeopathic medicines, our passion is your total health. Our promise is your total satisfaction. Please visit [boironusa.com/promise](http://boironusa.com/promise) for details*

**Drug Facts**

Active ingredient**	Purpose*
Arnica montana, 1X HPUS-4%	Trauma, muscle pain & stiffness, swelling from injuries, discoloration from bruising

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

**Uses\***

- temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls
- reduces pain, swelling and discoloration from bruises

**Warnings**

**For external use only.**  
Avoid contact with eyes, mucous membranes, damaged skin or wounds.  
**Do not use if you are allergic to Arnica montana** or to any of this product's inactive ingredients.  
**When using this product,** use only as directed ■ do not bandage tightly or use a heating pad.  
**Stop use and ask a doctor if** condition persists for more than 3 days or worsens.  
**Keep out of reach of children.**  
**If swallowed,** get medical help or contact a Poison Control Center right away.

**Directions**

Apply a thin layer of Arnicare Ointment to affected area as soon as possible after minor injury. Repeat 3 times a day or as needed.

**Other information**

- do not use if glued carton end flaps are open or if the tube seal is broken
- store at 68-77°F (20-25°C)

\*These "Uses" have not been evaluated by the Food and Drug Administration.  
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## ARNICARE

arnica montana ointment

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0220-9023
<b>Route of Administration</b>	CUTANEOUS		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ARNICA MONTANA</b> (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	1 [hp_X] in 1 g

### Inactive Ingredients

Ingredient Name	Strength
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>WATER</b> (UNII: 059QF0KO0R)	

PETROLATUM (UNII: 4T6H12BN9U)				
<b>Packaging</b>				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9023-51	30 g in 1 BOX; Type 0: Not a Combination Product	06/02/2007	
<b>Marketing Information</b>				
<b>Marketing Category</b>		<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
unapproved homeopathic			06/02/2007	

**Labeler -** Laboratoires Boiron (282560473)

**Registrant -** Boiron Inc. (014892269)

<b>Establishment</b>			
Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9023)

Revised: 12/2024

Laboratoires Boiron