

SLEEP AID- diphenhydramine hcl capsule
FSA Store Inc. (Caring Mills)

Drug Facts

Active ingredient (in each softgel)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Use

For relief of occasional sleeplessness.

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product,

avoid alcoholic drinks.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

Other information

- store between 15-30°C (59-86°F)

Inactive ingredients

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol, sorbitan, white ink

Questions or comments?

Call **1-877-753-3935** Monday-Friday 9AM-5PM EST

Principal display panel

*Compare to the active ingredient in Unisom[®] SleepGels[®]

Sleep Aid

Diphenhydramine HCl 50 mg

Nighttime sleep aid

- Fall asleep fast
- Sleep soundly
- Wake up refreshed

Non-habit forming

Softgels

One Softgel per dose

*This product is not manufactured or distributed by Chattem, Inc., distributor of Unisom[®] SleepGels[®].

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

Manufactured for **FSA Store Inc.**

5473 BLAIR ROAD

SUITE 100

PMB 24308

DALLAS, TX 75231

Product Label

NDC 81522-916-32



caring mill™ Sleep Aid

*Compare to the active ingredient in Unisom® SleepGels®

Diphenhydramine HCl 50 mg
Nighttime sleep aid

- Fall asleep fast
 - Sleep soundly
 - Wake up refreshed
- Non-habit forming



Actual Size

32 Softgels
One softgel per dose

NDC 81522-916-32



caring mill™ Sleep Aid

*Compare to the active ingredient in Unisom® SleepGels®

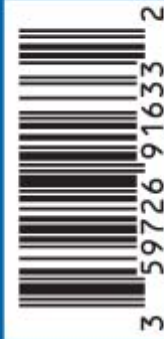
Diphenhydramine HCl 50 mg
Nighttime sleep aid

- Fall asleep fast
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Actual Size

32 Softgels
One softgel per dose



Lot No.:
Exp. Date:

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

PLD-8632A
FC009043

Manufactured for **FSA Store Inc.**
5473 BLAIR ROAD
SUITE 100
PMB 24308
DALLAS, TX 75231

*This product is not manufactured or distributed by Chatham, Inc., distributor of Unisom® SleepGels®.

Questions or comments? Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

Inactive ingredients FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink

Other information ■ store between 15-30°C (59-86°F)

Directions ■ adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

■ glaucoma ■ trouble urinating due to an enlarged prostate gland

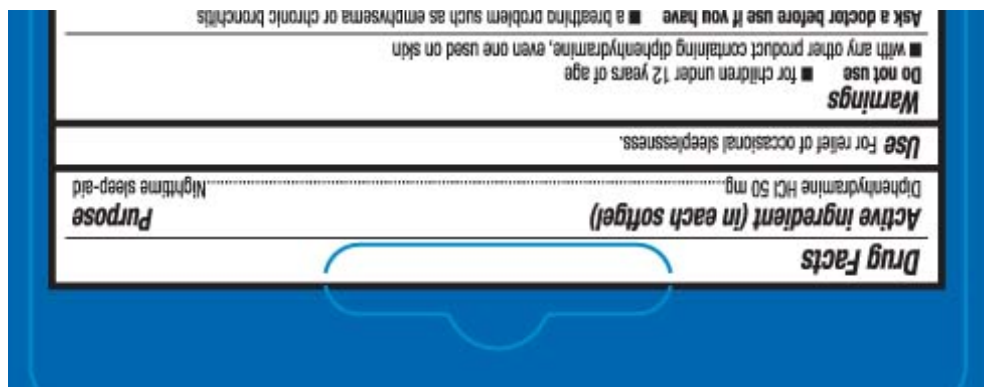
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If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.



CARING MILL Sleep Aid

SLEEP AID

diphenhydramine hcl capsule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:81522-916
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0KO0R)	
SORBITAN (UNII: 6O92ICV9RU)	
SORBITOL (UNII: 506T60A25R)	
LECITHIN, SOYBEAN (UNII: 1DI56QDM62)	
LIGHT MINERAL OIL (UNII: N6K5787QVP)	
MANNITOL (UNII: 3OWL53L36A)	

Product Characteristics

Color	blue	Score	no score
Shape	CAPSULE	Size	13mm
Flavor		Imprint Code	PC5
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:81522-916-32	1 in 1 BOX	10/08/2021	
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	10/08/2021	

Labeler - FSA Store Inc. (Caring Mills) (049283340)

Revised: 2/2024

FSA Store Inc. (Caring Mills)