

## **ARNICARE BRUISE- arnica montana gel**

### **Laboratoires Boiron**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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### **Arnicare Bruise**

#### **Active Ingredients\*\***

Arnica montana 1X HPUS 7%

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

#### **Purpose\***

Arnica montana 1X HPUS - Reduces minor pain, swelling & discoloration from bruises

#### **Uses\***

reduces symptoms of bruising such as:

- minor pain
- swelling
- discoloration

#### **Warnings**

**For external use only.**

**Do not use if** you are allergic to Arnica montana or to any of this product's inactive ingredients.

#### **When using this product**

- avoid contact with eyes, mucus membranes, wounds, damaged or irritated skin
- use only as directed
- dryness or irritation may occur
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

#### **Stop use and ask a doctor if**

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

## **Directions**

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Gel to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Gel.
- Children under 1 year of age: Not recommended.

## **Other information**

- do not use if glued carton end flaps are open or if the tube seal is broken
- dispose of 1 year after opening

## **Inactive ingredients**

alcohol, carbomer, purified water, sodium hydroxide

## **Questions, Comments?**

**Arnicare.com**  
**BoironUSA.com**  
**info@boiron.com**  
**1-800-BOIRON-1**  
(1-800-264-7661)

Distributed by Boiron Inc.  
Newtown Square, PA 19073-3267

1.5 oz (45 g)

2.6 oz (75 g)

4.2 oz (120 g)

Fragrance-Free

Quickly Absorbed

Fades Bruises

‡ Homeopathic mother tincture made from Arnica montana fresh whole plant.

\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

\*C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

**Drug Facts** (continued)

**Inactive ingredients**  
alcohol, carbomer, purified water,  
sodium hydroxide

**Questions or comments?**

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BoironUSA.com  
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1-800-BOIRON-1 (1-800-264-7661)



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Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit [BoironUSA.com/promise](http://BoironUSA.com/promise) for details.

♻️ please recycle



NDC 0220-9084-54

**BRUISE RELIEF\***

Pain • Swelling  
Discoloration\*

**Arnicare®**  
— BRUISE GEL

HOMEOPATHIC MEDICINE

- Quickly Absorbed
- Fragrance-Free
- Fades Bruises



NET WT.  
1.5 oz (45 g)

**BOIRON®**  
World Leader in  
Homeopathic Medicines

**Your  
Bruise  
Relief**



Scientifically  
Formulated  
with Arnica



Fragrance-Free



Quickly Absorbed



Non-Greasy

Made in France  
Distributed by Boiron Inc.,  
Newtown Square, PA 19073

**Drug Facts**

Active ingredient**	Purpose*
Arnica montana..... 1X HPUS 7%	Reduces minor pain, swelling, & discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Uses\*** reduces symptoms of bruising such as:  
■ minor pain ■ swelling ■ discoloration

**Warnings**

**For external use only.**

**Do not use** if you are allergic to Arnica montana or to any of this product's inactive ingredients.

**When using this product**

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- use only as directed
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**Directions**

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Gel to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Gel.
- Children under 1 year of age: Not recommended.

**Other information** ■ do not use if glued carton end flaps are open or if the tube seal is broken  
■ dispose of 1 year after opening

\*Homeopathic tincture made from Arnica montana fresh whole plant.

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NDC 0220-9084-54

**BRUISE RELIEF**

Pain • Swelling  
Discoloration

**Arnicare®**  
— BRUISE GEL

HOMEOPATHIC MEDICINE

- Quickly Absorbed
- Fragrance-Free
- Fades Bruises



NET WT.  
1.5 oz (45 g)

**BOIRON®**  
World Leader in  
Homeopathic Medicines

**Drug Facts**

Active ingredient	Purpose
Arnica montana..... 1X HPUS 7%	Relieves minor pain, swelling, & discoloration from bruises

**Uses** reduces symptoms of bruising such as:  
■ minor pain ■ swelling ■ discoloration

**Warnings**

**For external use only. Do not use** if you are allergic to Arnica montana or to any of this product's inactive ingredients.

**When using this product** ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin

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- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

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**Other information**

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- dispose of 1 year after opening

**Inactive ingredients**

alcohol, carbomer, purified water, sodium hydroxide

Made in France  
Distributed by Boiron Inc., Newtown Square, PA 19073  
1-800-BOIRON-1 (1-800-264-7661) • Arnicare.com

TUA-1KJ2 - 02/25

NDC 0220-9084-59

# BRUISE RELIEF\*

Pain • Swelling  
Discoloration\*

## Arnicare® BRUISE GEL

HOMEOPATHIC MEDICINE

- Quickly Absorbed
- Fragrance-Free
- Fades Bruises



NET WT.  
2.6 oz (75 g)

**BOIRON®**  
World Leader in  
Homeopathic Medicines

### Drug Facts

#### Active ingredient\*\*

Arnica montana ..... Reduces minor pain, swelling  
1X HPUS 7% & discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

#### Purpose\*

#### Uses\*

reduces symptoms of bruising such as:  
■ minor pain ■ swelling ■ discoloration

#### Warnings

**For external use only. Do not use** if you are allergic to Arnica montana or to any of this product's inactive ingredients.

**When using this product** ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin  
■ use **only** as directed ■ dryness or irritation may occur

■ do not tightly wrap or bandage the treated area  
■ do not apply heat or ice to the treated area immediately before or after use **Stop use and ask a doctor if**  
■ condition persists for more than 3 days or worsens  
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■ Children under 1 year of age: Not recommended.

#### Other information

■ do not use if glued carton and flaps are open or if the tube seal is broken ■ dispose of 1 year after opening

#### Inactive ingredients

alcohol, carbomer, purified water, sodium hydroxide

Made in France

Distributed by Boiron Inc., Newtown Square, PA 19073  
1-800-BOIRON-1 (1-800-264-7661)

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TUA-1K06 - 02/25

**VALUE  
SIZE**

NDC 0220-9084-66

## BRUISE RELIEF\*

Pain • Swelling  
Discoloration\*

# Arnicare®

## BRUISE GEL

HOMEOPATHIC MEDICINE

- Quickly Absorbed
- Fragrance-Free
- Fades Bruises



NET WT.  
4.2 oz (120 g)

**BOIRON®**  
World Leader in  
Homeopathic Medicines

### Drug Facts

#### Active Ingredient\*\*

Arnica montana ..... Reduces minor pain, swelling & discoloration from bruises  
1X HPUS 7%

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

#### Purpose\*

#### Uses\*

reduces symptoms of bruising such as:  
■ minor pain ■ swelling ■ discoloration

#### Warnings

##### For external use only.

**Do not use** if you are allergic to Arnica montana or to any of this product's inactive ingredients.

**When using this product** ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin  
■ use only as directed ■ dryness or irritation may occur  
■ do not tightly wrap or bandage the treated area  
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**Stop use and ask a doctor if** ■ condition persists for more than 3 days or worsens ■ symptoms clear up and occur again within a few days

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

#### Directions

■ Adults and children 1 year of age and older:  
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■ Children under 1 year of age: Not recommended.

#### Other information

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#### Inactive ingredients

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#### Questions or comments?

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Info@Boiron.com  
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TUA1UG4-0225

NDC 0220-8084-59

MADE FROM FRESH  
**Arnica montana plants**

Nature provides us with the best resources for ingredients. Arnicare® Bruise Gel is formulated with fresh Arnica plants hand-picked from the mountains of Europe.



**The Boiron Promise**

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit [BoironUSA.com/promise](http://BoironUSA.com/promise) for details.



# BRUISE RELIEF\*

Pain • Swelling  
Discoloration\*

## Arnicare® BRUISE GEL

**HOMEOPATHIC MEDICINE**

- Quickly Absorbed
- Fragrance-Free
- Fades Bruises



NET WT.  
2.6 oz (75 g)

**BOIRON®**  
World Leader in Homeopathic Medicines

## Your Bruise Relief



Scientifically Formulated with Arnica



Fragrance-Free



Quickly Absorbed



Non-Creasy

Made in France  
Distributed by Boiron Inc.  
Newtown Square, PA 19073

please recycle

### Drug Facts

Active ingredient**	Purpose*
Arnica montana 1X HPUS 7%, _____	Reduces minor pain, swelling & discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Uses\***  
reduces symptoms of bruising such as:  
■ minor pain ■ swelling ■ discoloration

**Warnings**  
**For external use only.**  
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\*Homeopathic tincture made from Arnica montana fresh whole plant.  
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**VALUE SIZE**  
NDC 0220-9084-66  
**BRUISE RELIEF\***  
Pain • Swelling  
Discoloration\*

**Arnicare®**  
**BRUISE GEL**

HOMEOPATHIC MEDICINE

- Quickly Absorbed
- Fragrance-Free
- Fades Bruises



NET WT.  
4.2 oz (120 g)

**BOIRON®**  
World Leader in Homeopathic Medicines

**Your Bruise Relief**



Scientifically Formulated with Arnica



Fragrance-Free



Quickly Absorbed



Non-Greasy

Made in France  
Distributed by Boiron Inc., Newtown Square, PA 19073



**Drug Facts**

**Active ingredient\*** Arnica montana, 1X HPUS 7%  
**Purpose\*** Reduces minor pain, swelling & discoloration from bruises  
*The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.*

**Uses\*** reduces symptoms of bruising such as:  
■ minor pain ■ swelling ■ discoloration

**Warnings**  
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**When using this product**  
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■ Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Gel to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Gel.  
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**Other information**  
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NDC 0220-9084-54  
**BRUISE RELIEF**  
Pain • Swelling  
Discoloration

**Arnicare®**  
**BRUISE GEL**

HOMEOPATHIC MEDICINE

- Fragrance-Free
- Quickly Absorbs & Fades Bruises

NET WT.  
1.5 oz (45 g)

**BOIRON®**  
World Leader in Homeopathic Medicines

**Drug Facts**

**Active ingredient\*** Arnica montana, 1X HPUS 7%  
**Purpose\*** Reduces pain, swelling, and discoloration from bruises

**Uses** reduces symptoms of bruising such as:  
■ pain ■ swelling ■ discoloration

**Warnings**  
**For external use only. Do not use if** you are allergic to Arnica montana or to any of the product's inactive ingredients.  
**When using this product** ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin ■ use only as directed ■ dryness or irritation may occur ■ do not tightly wrap or bandage the treated area ■ do not apply heat or ice to the treated area immediately before or after use. **Stop use and ask a doctor if** ■ condition persists for more than 3 days or worsens ■ symptoms clear up and occur again within a few days. **Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

**Directions** Apply a thin layer of Arnicare Bruise to affected area and massage gently as soon as possible after minor bruise. Repeat 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise.

**Other information** do not use if glued carton end flaps are open or if the tube seal is broken

**Inactive ingredients** alcohol, carbomer, purified water, sodium hydroxide

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[Arnicare.com](http://Arnicare.com)

100% VEG

**Drug Facts** (continued)

**Inactive ingredients**

alcohol, carbomer, purified water, sodium hydroxide

**Questions or comments?**

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Info@Boiron.com  
1-800-BOIRON-1 (1-800-264-7661)



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Newtown Square, PA 19073

please recycle



NDC 0220-9084-54

**BRUISE RELIEF\***

**Pain • Swelling  
Discoloration**

**Arnicare®  
BRUISE GEL**

HOMEOPATHIC MEDICINE

- Fragrance-Free
- Quickly Absorbs & Fades Bruises



NET WT.  
1.5 oz (45g)

**BOIRON®**  
World Leader in Homeopathic Medicines

**From  
the French  
Mountains  
to You**

Boiron Arnicare Bruise is made with one pure active ingredient: Arnica montana. This wild mountain daisy has been used for centuries to relieve muscle aches and bruises. Our Arnica is sustainably harvested by hand in the mountains of France. Within 48 hours, these freshly picked plants arrive at our laboratories to become one of the most widely used homeopathic medicines around the world.

- Carefully selected
- Laboratory tested
- Unsurpassed quality since 1932

**We take care of it,  
it takes care of you.**

**Drug Facts**

Active ingredient**	Purpose
Arnica montana, 1X HPUS 7%	Reduces pain, swelling, and discoloration from bruises

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**Uses\*** reduces symptoms of bruising such as:  
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**Other information** do not use if glued carton end flaps are open or if the tube seal is broken

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NDC 0220-9084-54

**BRUISE RELIEF**

**Pain • Swelling  
Discoloration**

**Arnicare®  
BRUISE GEL**

HOMEOPATHIC MEDICINE

- Fragrance-Free
- Quickly Absorbs & Fades Bruises

NET WT.  
1.5 oz (45g)

**BOIRON®**  
World Leader in Homeopathic Medicines

**Drug Facts**

Active ingredient	Purpose
Arnica montana, 1X HPUS 7%	Reduces pain, swelling, and discoloration from bruises

**Uses** reduces symptoms of bruising such as:  
■ pain ■ swelling ■ discoloration

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**Stop use and ask a doctor if**  
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**Other information** do not use if glued carton end flaps are open or if the tube seal is broken

**Inactive ingredients** alcohol, carbomer, purified water, sodium hydroxide

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Distributed by Boiron Inc., Newtown Square, PA 19073  
1-800-BOIRON-1 (1-800-264-7661)  
Arnicare.com

TUA, 1/13/2010

NDC 0220-9084-54

# BRUISE RELIEF\*

**Pain • Swelling  
Discoloration\***

# Arnicare® Bruise

HOMEOPATHIC MEDICINE

- **Quickly Absorbed Gel**
- **Non-Greasy**
- **Unscented**
- **Paraben-Free**



NET WT.  
1.5 oz (45g)

**BOIRON®**

World Leader in Homeopathic Medicines

## Drug Facts

### Active ingredient\*\*

Arnica montana .....Reduces pain, swelling and discoloration from bruising  
1X HPUS-7%

### Purpose\*

*The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.*

### Uses\*

■ reduces pain, swelling and discoloration from bruises

### Warnings

**For external use only.**

Avoid contact with eyes, mucous membranes, damaged skin or wounds.  
**Do not use if** you are allergic to Arnica montana or to any of this product's inactive ingredients.

**When using this product** ■ use only as directed ■ do not bandage tightly or use a heating pad.

**Stop use and ask a doctor if** condition persists for more than 3 days or worsens.

**Keep out of reach of children.**

**If swallowed,** get medical help or contact a Poison Control Center right away.

### Directions

Apply a thin layer of Arnicare Bruise to affected area and massage gently as soon as possible after minor bruise. Repeat 3 times a day or as needed. ▶

\*Homeopathic mother tincture made from Arnica montana fresh whole plant.

\*\*These "Uses" have not been evaluated by the Food and Drug Administration.

\*\*C, K, CK, and X are homeopathic dilutions: see www.boironusa.com/info for details.

## Drug Facts

(continued)

### Other information

■ do not use if glued carton end flaps are open or if the tube seal is broken

### Inactive ingredients

alcohol, carbomer, purified water, sodium hydroxide

### Questions or comments?

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www.BoironUSA.com  
info@boiron.com

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(1-800-264-7661)

Distributed by Boiron Inc.  
6 Campus Boulevard  
Newtown Square, PA  
19073-3267

please recycle  
Made in France



3 06969 08454 0

## ARNICARE BRUISE

arnica montana gel

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0220-9084
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ARNICA MONTANA</b> (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	1 [hp_X] in 1 g

## Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM HYDROXIDE</b> (UNII: 55X04QC32I)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>CARBOMER HOMOPOLYMER TYPE C</b> (UNII: 4Q93RCW27E)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9084-54	1 in 1 PACKAGE	02/01/2016	
1		45 g in 1 TUBE; Type 0: Not a Combination Product		
2	NDC:0220-9084-59	1 in 1 CARTON	12/27/2024	
2		75 g in 1 TUBE; Type 0: Not a Combination Product		
3	NDC:0220-9084-66	1 in 1 CARTON	12/27/2024	
3		120 g in 1 TUBE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		02/01/2016	

**Labeler** - Laboratoires Boiron (282560473)

**Registrant** - Boiron Inc. (014892269)

## Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9084)

Revised: 3/2025

Laboratoires Boiron