

**CVS HEALTH NIGHTTIME SLEEP-AID- diphenhydramine hydrochloride liquid**  
**CVS Pharmacy, Inc.**

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**CVS Health Nighttime Sleep-Aid 12 FL OZ**

***Drug Facts***

**Active ingredient (in each 30 mL dose cup or 2 tablespoons)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Uses**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin
- with other drugs that cause drowsiness such as antihistamines and nighttime cold/flu products

**Ask a doctor before use if you have**

- a breathing problem such as asthma, emphysema, or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland
- heart disease

**Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers or any other sleep- aid.**

**When using this product**

- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if sleeplessness persists continuously for more than two weeks. Insomnia may be a symptom of serious underlying medical illness.**

**If pregnant or breast-feeding, ask a health professional before use.**

**Keep out of reach of children.**

## Overdose warning:

Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away. 1-800-222-1222

## Directions

- take only one dose per day (24 hours) – see Overdose warning
- measure with dosing cup provided

adults & children 12 yrs & over	One Dose = 30 mL (2 tablespoons) at bed time if needed or as directed by a doctor
Children under 12 yrs	Do not use

## Other information

- each 30 mL dose (2 tablespoons) contains: **sodium 23 mg**
- store at room temperature
- protect from light. Does not meet USP <671>.

## Inactive ingredients

anhydrous citric acid, FD&C blue 1, FD&C red 40, flavor, glycerin, potassium citrate, purified water, sodium benzoate, sorbitol, sucralose, xanthan gum.

## PRINCIPAL DISPLAY PANEL

CVS Health™

Compare to the active ingredient in ZzzQuil™ Nighttime Sleep-Aid\*

NDC 59779-893-12

SEE NEW WARNINGS

Alcohol Free

Nighttime

Sleep-Aid

DIPHENHYDRAMINE HCL

- Non-habit forming
- Not for treating cold or flu

Berry Flavor

Naturally & artificially flavored

12 FL OZ (354 mL)

**FAILURE TO FOLLOW THESE WARNINGS COULD RESULT IN SERIOUS CONSEQUENCES.**

**TAMPER EVIDENT: DO NOT USE IF PRINTED SHRINK BAND IS MISSING OR BROKEN**

\*This product is not manufactured or distributed by Proctor & Gamble, the distributor of ZzzQuil™.

**Distributed by: CVS Pharmacy, Inc.**

One CVS Drive, Woonsocket, RI 02895

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**Drug Facts** (continued)

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Alcohol Free SEE NEW WARNINGS

Nighttime

# Sleep-Aid

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**CVS HEALTH NIGHTTIME SLEEP-AID**

diphenhydramine hydrochloride liquid

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:59779-893
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
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<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL
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### Inactive Ingredients

Ingredient Name	Strength
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>POTASSIUM CITRATE</b> (UNII: EE90ONI6FF)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>XANTHAN GUM</b> (UNII: TTV12P4NEE)	

### Product Characteristics

<b>Color</b>	purple	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	BERRY	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59779-893-12	354 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	02/11/2015	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	02/11/2015	

**Labeler** - CVS Pharmacy,Inc. (062312574)

Revised: 12/2025

CVS Pharmacy,Inc.