

**POLLEN DISTRESS- allium cepa, apis mellifica, aralia racemosa, arundo mauritanica, baptisia tinctoria, echinacea (angustifolia), euphrasia officinalis, gelsemium sempervirens, histaminum hydrochloricum, lycopodium clavatum, rhus tox, sabadilla, sanguinaria canadensis, urtica urens spray**  
**Liddell Laboratories, Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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## **Drug Facts:**

### **ACTIVE INGREDIENTS:**

(in each spray) 6.67% of Allium Cepa 6X, Apis Mellifica 3X, Aralia Racemosa 6X, Arundo Mauritanica 30C, Baptisia Tinctoria 3X, Echinacea (Angustifolia) 4X, Euphrasia Officinalis 6X, Gelsemium Sempervirens 200C, Histaminum Hydrochloricum 12X, Lycopodium Clavatum 6X, Rhus Tox 200C, Sabadilla 6X, Sanguinaria Canadensis 200C, Urtica Urens 3X, 200C.

### **USES:**

May temporarily relieve these symptoms associated with allergies and hay fever:

- runny nose
- itchy, watery eyes
- rash
- headache
- sneezing\*\*

**\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.**

### **WARNINGS:**

**Do not use** if you have ever had an allergic reaction to this product or any of its ingredients.

**Stop use and ask a doctor if** symptoms persist for more than 7 days, worsen, or if new symptoms occur.

**Keep out of reach of children.** In case of overdose, get medical help or call a Poison Control Center right away.

**If pregnant or breast feeding,** ask a doctor before using product.

### **OTHER INFORMATION:**

**Do not use if TAMPER EVIDENT** seal around neck of bottle is missing or broken.  
Store at room temperature.

**KEEP OUT OF REACH OF CHILDREN:**

**Keep out of reach of children.** In case of overdose, get medical help or call a Poison Control Center right away.

**DIRECTIONS:**

Adults and children over 12: Spray twice under the tongue three times per day. For severe symptoms, dosage may be taken up to six times the first day.

Children 12 and under: Consult a doctor prior to use.

**INDICATIONS:**

May temporarily relieve these symptoms associated with allergies and hay fever:

- runny nose
- itchy, watery eyes
- rash
- headache
- sneezing\*\*

**\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.**

**INACTIVE INGREDIENTS:**

Organic alcohol 20% v/v, Purified water.

**QUESTIONS:**

DIST. BY

LIDDELL LABORATORIES INC.

201 APPLE BLVD.

WOODBINE, IA 51579

WWW.LIDDELL.NET

1-800-460-7733

**PACKAGE LABEL DISPLAY:**

ORAL SPRAYS

# LIDDELL LABORATORIES

EST. 1994

## 01 Pln Pollen Distress

May relieve allergy + hay fever symptoms: runny nose, itchy, watery eyes, rash, headache + sneezing.

### HOMEOPATHIC

### DOCTOR FORMULATED

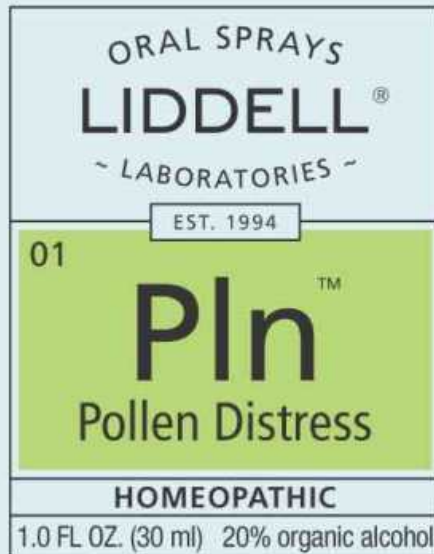
Readily absorbed. Safe.  
No Known side effects. Easy to use.

1.0 FL OZ (30 ml)

**INDICATIONS** May temporarily relieve these symptoms associated with allergies and hay fever: runny nose, itchy, watery eyes, rash, headache and sneezing.\*\*

**DIRECTIONS** Adults & children over 12: Spray twice under the tongue 3 times per day. For severe symptoms, dosage may be taken up to 6 times the first day. Children 12 and under: Consult a doctor prior to use.

**WARNINGS** See box. Do not use if TAMPER EVIDENT seal around neck of bottle is missing or broken.



**ACTIVE INGREDIENTS (in each spray)** 6.67% of Allium cepa 6X, Apis mel 3X, Aralia rac 6X, Arundo 30C, Baptisia 3X, Echinacea 4X, Ephrasia 6X, Gelsemium 200C, Histaminum hydrochloricum 12X, Lycopodium 6X, Rhus tox 200C, Sabadilla 6X, Sanguinaria 200C, Urtica ur 3X, 200C. **INACTIVE INGREDIENTS** Organic alcohol 20% v/v, Purified water.

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

DIST. BY LIDDELL LABORATORIES INC.  
WOODBINE, IA 51579  
WWW.LIDDELL.NET 1-800-460-7733

LOT: XXXXXX EXP: MM/YY

**Drug Facts**  
(continued)

**Other information**  
Store at room temperature.

**Inactive ingredients**  
Organic alcohol 20% v/v, Purified water.

**Questions or comments?**  
1-800-460-7733  
www.liddell.net

ESTABLISHED 1994  
**LIDDELL**  
LABORATORIES

Do not use if **TAMPER EVIDENT** seal around neck of bottle is missing or broken.

\*Homeopathic guide at [www.liddell.net](http://www.liddell.net)

**Pln™**  
Pollen Distress

Liddell's Pollen Distress formulation may aid in the temporary relief of immediate symptoms and may help in preventing further allergic responses.

ORAL SPRAYS  
**LIDDELL**  
LABORATORIES

EST. 1994

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**Pln™**  
Pollen Distress

May relieve allergy + hay fever symptoms: runny nose, itchy, watery eyes, rash, headache + sneezing.

**HOMEOPATHIC**

**DOCTOR FORMULATED**  
Readily absorbed. Safe. No known side effects. Easy to use.

1.0 FL. OZ. (30 ml) 20% organic alcohol

**SPRAY YOUR WAY TO HEALTH®**

Oral sprays, a Liddell® innovation, are the modern and better way to deliver medication. Here's why:


- FAST ABSORPTION
- EASY TO SWALLOW
- ACCURATE-DOSE SPRAY PUMP
- CONVENIENT
- NO KNOWN NEGATIVE SIDE EFFECTS
- NO KNOWN CONTRAINDICATIONS
- NO KNOWN DRUG INTERACTIONS

**Money Back Guarantee**  
No questions asked!  
For details, visit: [liddell.net/shipping-returns](http://liddell.net/shipping-returns)

**\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.**

DIST. BY  
LIDDELL LABORATORIES INC.  
201 APPLE BLVD.  
WOODBINE, IA 51579  
[WWW.LIDDELL.NET](http://WWW.LIDDELL.NET)  
1-800-460-7733

MADE IN THE USA



3 63113 11296 2

**Drug Facts**

**Active ingredients Purposes**  
(in each spray)  
6.67% of Allium cepa 6X, Apis mel 3X, Aralia rac 6X, Arundo 30C, Baptisia 3X, Echinacea 4X, Euphrasia 6X, Gelsemium 200C, Histaminum hydrochloricum 12X, Lycopodium 6X, Rhus tox 200C, Sabadilla 6X, Sanguinaria 200C, Urtica ur 3X, 200C.

(Symptom relief for allergies\*\*)

**Uses** May temporarily relieve these symptoms associated with allergies and hay fever:

- runny nose
- headache
- itchy, watery eyes
- sneezing\*\*
- rash

**Warnings**  
Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

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**If pregnant or breast feeding,** ask a doctor before using product.

**Directions**

|                                    |   |
|------------------------------------|---|
| <b>Adults and children over 12</b> | Spray twice under the tongue three times per day. For severe symptoms, dosage may be taken up to six times the first day. |
| <b>Children 12 and under</b>       | Consult a doctor prior to use.  |

## POLLEN DISTRESS

allium cepa, apis mellifica, aralia racemosa, arundo mauritanica, baptisia tinctoria, echinacea (angustifolia), euphrasia officinalis, gelsemium sempervirens, histaminum hydrochloricum, lycopodium clavatum, rhus tox, sabadilla, sanguinaria canadensis, urtica urens spray

### Product Information

|                                |                |                           |                |
|--------------------------------|----------------|---------------------------|----------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:50845-0270 |
| <b>Route of Administration</b> | ORAL           |                           |                |

### Active Ingredient/Active Moiety

| Ingredient Name   | Basis of Strength            | Strength          |
|---|------------------------------|-------------------|
| <b>ONION</b> (UNII: 492225Q21H) (ONION - UNII:492225Q21H)   | ONION                        | 6 [hp_X] in 1 mL  |
| <b>APIS MELLIFERA</b> (UNII: 7S82P3R43Z) (APIS MELLIFERA - UNII:7S82P3R43Z)                       | APIS MELLIFERA               | 3 [hp_X] in 1 mL  |
| <b>ARALIA RACEMOSA ROOT</b> (UNII: T90W4582DU) (ARALIA RACEMOSA ROOT - UNII:T90W4582DU)           | ARALIA RACEMOSA ROOT         | 6 [hp_X] in 1 mL  |
| <b>ARUNDO PLINIANA ROOT</b> (UNII: ZXE7LB03WC) (ARUNDO PLINIANA ROOT - UNII:ZXE7LB03WC)           | ARUNDO PLINIANA ROOT         | 30 [hp_C] in 1 mL |
| <b>BAPTISIA TINCTORIA ROOT</b> (UNII: 5EF0HW5WU) (BAPTISIA TINCTORIA ROOT - UNII:5EF0HW5WU)       | BAPTISIA TINCTORIA ROOT      | 3 [hp_X] in 1 mL  |
| <b>ECHINACEA ANGUSTIFOLIA WHOLE</b> (UNII: VB06AV5US8) (ECHINACEA ANGUSTIFOLIA - UNII:VB06AV5US8) | ECHINACEA ANGUSTIFOLIA WHOLE | 4 [hp_X] in 1 mL  |
| <b>EUPHRASIA STRICTA</b> (UNII: C9642I91WL) (EUPHRASIA STRICTA - UNII:C9642I91WL)                 | EUPHRASIA STRICTA            | 6 [hp_X]          |

|   |                               |                    |
|---|-------------------------------|--------------------|
| UNII:C9642I91WL)  | EUPHRASIA STRICTA             | in 1 mL            |
| <b>GELSEMIUM SEMPERVIRENS ROOT</b> (UNII: 639KR60Q1Q) (GELSEMIUM SEMPERVIRENS ROOT - UNII:639KR60Q1Q)     | GELSEMIUM SEMPERVIRENS ROOT   | 200 [hp_C] in 1 mL |
| <b>HISTAMINE DIHYDROCHLORIDE</b> (UNII: 3POA0Q644U) (HISTAMINE - UNII:820484N8I3)                         | HISTAMINE DIHYDROCHLORIDE     | 12 [hp_X] in 1 mL  |
| <b>LYCOPODIUM CLAVATUM SPORE</b> (UNII: C88X29Y479) (LYCOPODIUM CLAVATUM SPORE - UNII:C88X29Y479)         | LYCOPODIUM CLAVATUM SPORE     | 6 [hp_X] in 1 mL   |
| <b>TOXICODENDRON PUBESCENS LEAF</b> (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)   | TOXICODENDRON PUBESCENS LEAF  | 200 [hp_C] in 1 mL |
| <b>SCHOENOCAULON OFFICINALE SEED</b> (UNII: 6NAF1689IO) (SCHOENOCAULON OFFICINALE SEED - UNII:6NAF1689IO) | SCHOENOCAULON OFFICINALE SEED | 6 [hp_X] in 1 mL   |
| <b>SANGUINARIA CANADENSIS ROOT</b> (UNII: N9288CD508) (SANGUINARIA CANADENSIS ROOT - UNII:N9288CD508)     | SANGUINARIA CANADENSIS ROOT   | 200 [hp_C] in 1 mL |
| <b>URTICA URENS WHOLE</b> (UNII: IHN2NQ5OF9) (URTICA URENS - UNII:IHN2NQ5OF9)                             | URTICA URENS WHOLE            | 3 [hp_X] in 1 mL   |

### Inactive Ingredients

| Ingredient Name                   | Strength |
|-----------------------------------|----------|
| <b>WATER</b> (UNII: 059QF0KO0R)   |          |
| <b>ALCOHOL</b> (UNII: 3K9958V90M) |          |

### Packaging

| # | Item Code        | Package Description   | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:50845-0270-2 | 1 in 1 CARTON   | 12/07/2020           |                    |
| 1 | NDC:50845-0270-1 | 30 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product |                      |                    |

### Marketing Information

| Marketing Category     | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|------------------------|--|----------------------|--------------------|
| unapproved homeopathic |  | 12/07/2020           |                    |

**Labeler** - Liddell Laboratories, Inc. (832264241)

**Registrant** - Apotheca Company (844330915)

### Establishment

| Name             | Address | ID/FEI    | Business Operations  |
|------------------|---------|-----------|--|
| Apotheca Company |         | 844330915 | manufacture(50845-0270) , api manufacture(50845-0270) , label(50845-0270) , pack(50845-0270) |