

ALAHIST D- pheniramine maleate, phenylephrine hcl tablet
Poly Pharmaceuticals, Inc.

Alahist D

ACTIVE INGREDIENT

Active Ingredient (in each tablet) Purpose

Pheniramine Maleate 17mg	Antihistamine
Phenylephrine HCl 10mg	Nasal Decongestant

USES

Temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:

- □ runny nose
- □ sneezing
- □ itching of the nose or throat
- □ itchy, watery eyes
- □ nasal congestion □
 - reduces swelling of nasal passages

WARNINGS

Do not exceed recommended dosage.

Do not use this product

□ if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- □ a breathing problem such as emphysema or chronic bronchitis
- □ glaucoma
- □ trouble urinating due to enlargement of the prostate gland
- □ heart disease
- □ high blood pressure
- □ thyroid disease □
- diabetes

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.

When using this product

- ☐ excitability may occur, especially in children
- ☐ may cause drowsiness
- ☐ avoid alcoholic drinks
- ☐ alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- ☐ use caution when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

- ☐ nervousness, dizziness, or sleeplessness occur
- ☐ symptoms do not improve within 7 days or are accompanied by fever

If pregnant or breast-feeding, ask a health professional before use.

DIRECTIONS

Directions

Adults and children 12 years of age and over	1 tablet every 4 hours, not to exceed 6 tablets in 24 hours
Children 6 to under 12 years of age	1/2 tablet every 4 hours, not to exceed 3 tablets in 24 hours
Children under 6 consult a doctor	24 hours

INACTIVE INGREDIENTS

Inactive ingredients

Magnesium Stearate, Microcrystalline Cellulose, Natural Yellow, Sodium Starch Glycolate

QUESTIONS

Questions? Comments?
 Call 1-800-882-1041
 Manufactured for:
 Poly Pharmaceuticals
 Huntsville, AL 35763 Rev. 04/17

OTHER INFORMATION

Other information

Store at 15°-30°C (59°-86°F). Supplied in a tight, light-resistant container with a child-resistant cap. Alahist D Tablets are yellow, debossed "A" bisect "D" on one side and plain on the other.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away.

Antihistamine
 Nasal Decongestant

Package Label



<p>Off Here for Drug Facts</p> <p>NDC 50991-776-01</p> <p>ALAHIST[®] D Tablets</p> <p>Antihistamine • Nasal Decongestant</p> <p>Each tablet contains: Pheniramine Maleate 17.5 mg Phenylephrine Hydrochloride ... 10 mg</p> <p>100 Tablets</p>	<p>Drug Facts</p> <p>Active ingredients (in each tablet)</p> <p>Pheniramine Maleate 17.5 mg Antihistamine Phenylephrine Hydrochloride 10 mg Nasal Decongestant</p> <p>Purpose</p> <p>Temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:</p> <ul style="list-style-type: none"> runny nose sneezing itching of the nose or throat 	<p>Drug Facts (continued)</p> <p>● itchy, watery eyes ● nasal congestion ● reduces swelling of nasal passages</p> <p>Warnings</p> <p>Do not exceed recommended dosage.</p> <p>Do not use this product</p> <ul style="list-style-type: none"> if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's 	<p>Drug Facts (continued)</p> <p>disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.</p> <p>Ask a doctor before use if you have</p> <ul style="list-style-type: none"> a breathing problem such as emphysema or chronic bronchitis glaucoma trouble urinating due to enlargement of the prostate gland heart disease high blood pressure thyroid disease diabetes 	<p>Drug Facts (continued)</p> <p>Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.</p> <p>When using this product</p> <ul style="list-style-type: none"> excitability may occur, especially in children may cause drowsiness avoid alcoholic drinks alcohol, sedatives, and tranquilizers may increase the drowsiness effect use caution when driving a motor vehicle or operating machinery
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<p>Drug Facts (continued)</p> <p>Stop use and ask a doctor if</p> <ul style="list-style-type: none"> nervousness, dizziness, or sleeplessness occur symptoms do not improve within 7 days or are accompanied by fever <p>If pregnant or breast-feeding, ask a health professional before use.</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.</p>	<p>Drug Facts (continued)</p> <p>Directions</p> <p>Adults and children 12 years of age and over: 1 tablet every 4 hours not to exceed 6 tablets in 24 hours or as directed by a doctor</p> <p>Children 6 to under 12 years of age: 1/2 tablet every 4 hours not to exceed 3 tablets in 24 hours or as directed by a doctor</p> <p>Children under 6 years of age: Consult a doctor</p>	<p>Drug Facts (continued)</p> <p>Other information</p> <p>Store at 15°-30°C (59°-86°F). Supplied in a tight, light-resistant container with a child-resistant cap. Alahist D Tablets are yellow tablets debossed A D on one side and plain on the other side.</p> <p>Inactive ingredients</p> <p>Magnesium stearate, microcrystalline cellulose, natural yellow, sodium starch glycolate</p>	<p>Drug Facts (continued)</p> <p>Questions? Comments?</p> <p>Call 1-800-862-1041</p> <p>Manufactured for: Poly Pharmaceuticals Huntsville, AL 35893</p> <p>Rev. 01/20</p>	

ALAHIST D

pheniramine maleate, phenylephrine hcl tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:50991-776
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PHENIRAMINE MALEATE (UNII: NYW905655B) (PHENIRAMINE - UNII:134FM9Z Z 6M)	PHENIRAMINE MALEATE	17.5 mg
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg

Inactive Ingredients

Ingredient Name	Strength
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MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
FERRIC OXIDE YELLOW (UNII: EX438O2MRT)	
SODIUM STARCH GLYCOLATE TYPE A CORN (UNII: AG9B65PV6B)	

Product Characteristics

Color	yellow	Score	2 pieces
Shape	OVAL	Size	11mm
Flavor		Imprint Code	A;D
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50991-776-01	100 in 1 BOTTLE; Type 0: Not a Combination Product	04/01/2020	
2	NDC:50991-776-02	12 in 1 BLISTER PACK; Type 0: Not a Combination Product	04/01/2020	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	04/01/2020	

Labeler - Poly Pharmaceuticals, Inc. (198449894)

Revised: 12/2025

Poly Pharmaceuticals, Inc.