

SLEEP CALM- hyoscyamus niger, nutmeg, passiflora incarnata top, datura stramonium tablet

Laboratoires Boiron

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

SleepCalm

Active Ingredients** (in each tablet)

Hyoscyamus niger 3C HPUS (0.63 mg) (contains less than 10^{-9} mg alkaloids)

Nux moschata 4C HPUS (0.63 mg)

Passiflora incarnata 3X HPUS (0.63 mg)

Stramonium 6X HPUS (0.63 mg) (contains less than 10^{-8} mg alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Hyoscyamus niger 3C HPUS (0.63 mg) ... Relieves restless sleep associated with nervousness

Nux moschata 4C HPUS (0.63 mg) ... Relieves restless sleep

Passiflora incarnata 3X HPUS (0.63 mg) ... Relieves sleeplessness associated with worries and exhaustion

Stramonium 6X HPUS (0.63 mg) ... Relieves sleeplessness with intermittent awakening

Uses*

temporarily relieves: occasional sleeplessness, restless sleep, intermittent awakening

helps reduce difficulty falling asleep due to: nervousness, worries

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Adults and children 12 years of age and older: Dissolve 2 tablets in the mouth at bedtime.

Children under 12 of age: Ask a doctor.

do not use if glued carton end flaps are open or if the blister seal is broken

store below 86 °F (30 °C)

Contains 20 meltaway tablets

Contains 60 meltaway tablets

Contains 100 meltaway tablets

Contains 120 meltaway tablets

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Calms Restless Mind*

No Known Drug Interactions

Non-habit forming

No artificial sweeteners or flavors

Gluten-free

Melatonin-Free

Sleep Relief*

croscarmellose sodium, lactose, magnesium stearate

BoironUSA.com

Info@boiron.com

1-800-BOIRON-1 (1-800-264-7661)

Made in France

Distributed by Boiron, Inc.

Newtown Square, PA 19073

Drug Facts

Active ingredients* (in each tablet)	Purpose*
Hyoscyamus niger 3C HPUS (0.63 mg) (contains less than 10 ⁻⁴ mg atropine alkaloids)	Relieves restless sleep associated with nervousness
Nuxvomica 4C HPUS (0.63 mg)	Relieves restless sleep
Passiflora incarnata 3X HPUS (0.63 mg)	Relieves sleeplessness associated with worries and exhaustion
Stramonium 6X HPUS (0.63 mg) (contains less than 10 ⁻⁴ mg atropine alkaloids)	Relieves sleeplessness with intermittent awakening

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses*

- temporarily relieves:
 - occasional sleeplessness
 - restless sleep
 - intermittent awakening
- helps reduce difficulty falling asleep due to:
 - nervousness
 - worries

Warnings

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

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Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: Dissolve 2 tablets in the mouth at bedtime.
- Children under 12 years of age: Ask a doctor.

Other information

- do not use if sealed carton end flaps are open or if the blister seal is broken
- store below 86°F (30°C)

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C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts (continued)

Inactive Ingredients
croscarmellose sodium, lactose, magnesium stearate

Questions or comments?
BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7661)

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X004JN7E3B
New: SleepCalm Tablets 100 Count
UPC: 308989310922

NDC 0220-9310-92

MELATONIN-FREE SLEEP RELIEF*
Fall Asleep, Stay Asleep

Help Your Body the Natural Way

SleepCalm®
MELTAWAY TABLETS
HOMEOPATHIC MEDICINE

- Calms Restless Mind*
- No Known Drug Interactions

BOIRON®
World Leader in Homeopathic Medicines

100
MELTAWAY TABLETS
Unflavored

NDC 0220-9310-29



MELATONIN-FREE SLEEP RELIEF*

Fall Asleep, Stay Asleep



SleepCalm®

MELTAWAY TABLETS

HOMEOPATHIC MEDICINE

- Calms Restless Mind*
- No Known Drug Interactions



BOIRON®

World Leader in Homeopathic Medicines

120
MELTAWAY TABLETS
Unflavored

Drug Facts

Active ingredients* (in each tablet)

Hyoscyamus niger 3C HPUS (0.63 mg).....	Relieves restless sleep associated with nervousness
(contains less than 10 ⁻⁹ mg atropine alkaloids)	
Nux moschata 4C HPUS (0.63 mg).....	Relieves restless sleep
Passiflora incarnata 3X HPUS (0.63 mg).....	Relieves sleeplessness associated with worries and exhaustion

Purpose*

Stramonium 6X HPUS (0.63 mg).....	Relieves sleeplessness with intermittent awakening
(contains less than 10 ⁻⁹ mg atropine alkaloids)	

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Uses*

- temporarily relieves:
 - occasional sleeplessness
 - restless sleep
 - intermittent awakening
- helps reduce difficulty falling asleep due to:
 - nervousness
 - worries

Warnings

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Directions

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- Children under 12 years of age: Ask a doctor.

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Drug Facts (continued)

Inactive ingredients

croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

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3 06969 31029
3

SLEEP RELIEF

SleepCalm®

Adults and children 12 years of age and older: Dissolve 2 tablets in the mouth at bedtime. Children under 12 years of age: Ask a doctor.

BOIRON®

Drug Facts

Active ingredients* (in each tablet)

Hyoscyamus niger 3C HPUS (0.63 mg).....	Relieves restless sleep associated with nervousness
(contains less than 10 ⁻⁹ mg atropine alkaloids)	
Nux moschata 4C HPUS (0.63 mg).....	Relieves restless sleep
Passiflora incarnata 3X HPUS (0.63 mg).....	Relieves sleeplessness associated with worries and exhaustion

Purpose*

Stramonium 6X HPUS (0.63 mg).....	Relieves sleeplessness with intermittent awakening
(contains less than 10 ⁻⁹ mg atropine alkaloids)	

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Uses*

- temporarily relieves:
 - occasional sleeplessness
 - restless sleep
 - intermittent awakening
- helps reduce difficulty falling asleep due to:
 - nervousness
 - worries

Warnings

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: Dissolve 2 tablets in the mouth at bedtime.
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Other information

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Drug Facts (continued)

Inactive ingredients

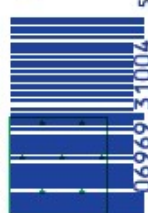
croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

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3 06969 31004
3

NDC 0220-9310-04



MELATONIN-FREE SLEEP RELIEF*

Fall Asleep, Stay Asleep



SleepCalm®

MELTAWAY TABLETS

HOMEOPATHIC MEDICINE

- Calms Restless Mind*
- No Known Drug Interactions



BOIRON®

World Leader in Homeopathic Medicines

60
MELTAWAY TABLETS
Unflavored

SLEEP RELIEF

SleepCalm®

Adults and children 12 years of age and older: Dissolve 2 tablets in the mouth at bedtime. Children under 12 years of age: Ask a doctor.

BOIRON®

Drug Facts

Active ingredients* (in each tablet)	Purpose*
Hyoscyamus niger 3C HPUS (0.6 mg) (contains less than 10 ⁻⁴ mg alkaloids)	Relieves restless sleep associated with nervousness
Nux moschata 4C HPUS (0.6 mg)	Relieves restless sleep
Passiflora incarnata 3X HPUS (0.6 mg)	Relieves sleeplessness associated with worries and exhaustion
Stramonium 6X HPUS (0.6 mg) (contains less than 10 ⁻⁴ mg alkaloids)	Relieves sleeplessness with intermittent awakening

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses*

- temporarily relieves:
 - occasional sleeplessness
 - restless sleep
 - intermittent awakening
- helps reduce difficulty falling asleep due to:
 - nervousness
 - worries

Warnings
 Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: Allow 2 tablets to dissolve under the tongue at bedtime.
- Children under 12 years of age: Ask a doctor.

Other information

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Drug Facts
(continued)

Inactive ingredients

croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

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Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7861)

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19073

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SAMPLE NOT FOR SALE

NDC 0220-9310-91

MELATONIN-FREE

SLEEP RELIEF*

Fall Asleep, Stay Asleep
Calms Restless Sleep*



SleepCalm®
MELTAWAY TABLETS

HOMEOPATHIC MEDICINE

- Plant-Based Actives
- No Daytime Grogginess



BOIRON®

World Leader in
Homeopathic Medicines

20
MELTAWAY
TABLETS
Unflavored

Drug Facts

Active ingredients* (in each tablet)

Hyoscyamus niger 3C HPUS (0.63 mg).....Relieves rest~~less~~ sleep associated with nervousness (contains less than 10⁻⁴ mg atropine alkaloids)
Nux moschata 4C HPUS (0.63 mg).....Relieves rest~~less~~ sleep
Passiflora incarnata 3X HPUS (0.63 mg).....Relieves sleeplessness associated with worries and exhaustion

Stramonium 6X HPUS (0.63 mg).....Relieves sleeplessness with intermittent awakening (contains less than 10⁻⁴ mg atropine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Uses*

- temporarily relieves:
 - occasional sleeplessness
 - restless sleep
 - intermittent awakening
- helps reduce difficulty falling asleep due to:
 - nervousness
 - worries

Warnings

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

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Directions

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Drug Facts (continued)

Inactive ingredients
croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

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(1-800-264-7661)

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SAMPLE
NOT FOR SALE

NDC 0220-9310-91

MELATONIN-FREE SLEEP RELIEF*

Fall Asleep, Stay Asleep

Help
Your Body
the Natural
Way

SleepCalm[®]

MELTAWAY TABLETS

HOMEOPATHIC MEDICINE

- Calms Restless Mind*
- No Known Drug Interactions

BOIRON[®]
World Leader in
Homeopathic Medicines

20
MELTAWAY
TABLETS
Unflavored

Drug Facts

Active ingredients* (in each tablet)

Hyoscyamus niger 3C HPUS (0.6 mg).....Relieves rest~~less~~ sleep associated with nervousness (contains less than 10⁻⁴ mg atropine alkaloids)
Nux moschata 4C HPUS (0.6 mg).....Relieves rest~~less~~ sleep
Passiflora incarnata 3X HPUS (0.6 mg).....Relieves sleeplessness associated with worries and exhaustion

Stramonium 6X HPUS (0.6 mg).....Relieves sleeplessness with intermittent awakening (contains less than 10⁻⁴ mg atropine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Uses*

- temporarily relieves:
 - occasional sleeplessness
 - restless sleep
 - intermittent awakening
- helps reduce difficulty falling asleep due to:
 - nervousness
 - worries

Warnings

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

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Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: Allow 2 tablets to dissolve under the tongue at bedtime.
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Drug Facts (continued)

Inactive ingredients
croscarmellose sodium, lactose, magnesium stearate

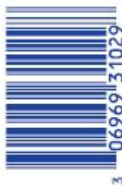
Questions or comments?

BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7661)

No Known Drug Interactions
No Artificial Colors, Flavors, or Sweeteners

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Newtown Square, PA 19073

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NDC 0220-9310-29

MELATONIN-FREE SLEEP RELIEF*

Fall Asleep, Stay Asleep Calms Restless Sleep*

Help
Your Body
the Natural
Way

SleepCalm[™]

MELTAWAY TABLETS

HOMEOPATHIC MEDICINE

- Plant-Based Actives
- No Daytime Crogginess

BOIRON[®]
World Leader in
Homeopathic Medicines

120
MELTAWAY
TABLETS
Unflavored

BOIRON[®]

A Better Way

At Boiron, we believe there's a better way to feel better. Since 1952, the Boiron family has been dedicated to providing the purest medicines using sustainable practices. As world leader in homeopathic medicines, quality has always been our passion and your well-being is our goal.

The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

Drug Facts

Active Ingredients* (in each tablet)

Hyoscyamus niger 3C HPUS (0.6 mg).....Relieves restless sleep associated with nervousness (contains less than 10⁻⁶ mg alkaloids)

Nux vomica 4C HPUS (0.6 mg).....Relieves restless sleep

Passiflora incarnata 3X HPUS (0.6 mg).....Relieves sleeplessness associated with worries and exhaustion

Stramonium 6X HPUS (0.6 mg).....Relieves sleeplessness with intermittent awakening (contains less than 10⁻⁶ mg alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Temporarily relieves:

- occasional sleeplessness
- restless sleep
- intermittent awakening

■ helps reduce difficulty falling asleep due to:

- nervousness
- worries

Warnings

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: Allow 2 tablets to dissolve under the tongue at bedtime.
- Children under 12 years of age: Ask a doctor.

Other information

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- store below 86°F (30°C)

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Drug Facts (continued)

Inactive Ingredients

croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7661)

No Known Drug Interactions

No Artificial Colors, Flavors, or Sweeteners

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Newtown Square, PA 19073

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NDC 0220-9310-04

MELATONIN-FREE

SLEEP RELIEF*

Fall Asleep, Stay Asleep
Calms Restless Sleep*

Help Your Body
the Natural Way

SleepCalm™

MELTAWAY TABLETS

HOMEOPATHIC MEDICINE

- Plant-Based Actives
- No Daytime Crogginess

60 MELTAWAY TABLETS
Unflavored

BOIRON®

World Leader in Homeopathic Medicines

BOIRON®

A Better Way

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Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

SLEEP CALM

hyoscyamus niger, nutmeg, passiflora incarnata top, datura stramonium tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9310
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
HYOSCYAMUS NIGER (UNII: 4WRK2153H3) (HYOSCYAMUS NIGER - UNII:4WRK2153H3)	HYOSCYAMUS NIGER	3 [hp_C]
PASSIFLORA INCARNATA TOP (UNII: CLF5YFS110) (PASSIFLORA INCARNATA TOP - UNII:CLF5YFS110)	PASSIFLORA INCARNATA TOP	3 [hp_X]
DATURA STRAMONIUM (UNII: G6W4F0V8Z3) (DATURA STRAMONIUM - UNII:G6W4F0V8Z3)	DATURA STRAMONIUM	6 [hp_X]
NUTMEG (UNII: AEE24M3MQ9) (NUTMEG - UNII:AEE24M3MQ9)	NUTMEG	4 [hp_C]

Inactive Ingredients

Ingredient Name	Strength
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
LACTOSE, UNSPECIFIED FORM (UNII: J2B2A4N98G)	
MAGNESIUM STEARATE (UNII: 70097M6130)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	9mm
Flavor		Imprint Code	

Contains**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9310-04	1 in 1 PACKAGE	04/01/2020	
1		60 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:0220-9310-29	1 in 1 PACKAGE	12/11/2020	
2		120 in 1 BLISTER PACK; Type 0: Not a Combination Product		
3	NDC:0220-9310-91	1 in 1 PACKAGE	07/12/2021	
3		20 in 1 BLISTER PACK; Type 0: Not a Combination Product		
4	NDC:0220-9310-92	5 in 1 PACKAGE	03/21/2025	
4		20 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		04/01/2020	

Labeler - Laboratoires Boiron (282560473)**Registrant** - Boiron Inc. (014892269)**Establishment**

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9310)

Revised: 3/2025

Laboratoires Boiron