# NICOTINE POLACRILEX- nicotine polacrilex gum, chewing LifeMD

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Nicotine Polacrilex Gum Mint 2 mg and 4 mg - Walgreens

### **Drug Facts**

#### Active ingredient (in each chewing piece)

Nicotine polacrilex 2 mg (nicotine)

### **Purpose**

Stop smoking aid

#### Use

 reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

#### Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

### Ask a doctor before use if you have

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

### Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

## Stop use and ask a doctor if

- mouth, teeth, or jaw problems occur
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

### Keep out of reach of children and pets.

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

#### Directions - 2 mg

- if you are under 18 years of age, ask a doctor before use
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- if you smoke your first cigarette within 30 minutes of waking up, use 4 mg nicotine gum
- if you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 piece every	1 piece every	1 piece every
1 to 2 hours	2 to 4 hours	4 to 8 hours

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider

### Other information - 2 mg

- each piece contains: calcium 115 mg, sodium 8 mg
- store at 20 25°C (68 77°F)
- protect from light

#### Inactive ingredients - 2 mg

acacia, acesulfame potassium, carnauba wax, flavors, gum base, hydroxypropyl cellulose,magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide, xylitol.

#### Questions or comments?

Call (800) 852-1575 Monday - Friday 9am-6pm EST

#### Principal display panel - 2 mg

†Compare to the active ingredient in Nicorette® Gum

Stop Smoking Aid

Nicotine Gum

Nicotine polacrilex gum USP, 2 mg (nicotine)

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE

MORE THAN 30 MINUTES AFTER WAKING UP.

If you smoke your first cigarette  $\underline{\text{WITHIN}}$  30 MINUTES of waking up, use Nicotine Polacrilex Gum USP, 4 mg

### TO INCREASE YOUR SUCCESS IN QUITTING:

- 1. You must be motivated to quit.
- 2. **Use Enough -** Chew **at least 9 pieces** of Nicotine Polacrilex Gum per day during the first six weeks.
- 3. **Use Long Enough -** Use Nicotine Polacrilex Gum for the full 12 weeks.
- 4. **Use with a support program** as directed in the enclosed User's Guide.

# BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEALS ARE OPEN OR TORN.

- not for sale to those under 18 year of age
- proof of age required
- not for sale in vending machines or from any source where proof of age cannot be verified

†This product is not manufactured or distributed by GlaxoSmithKline Consumer Healthcare, L.P., distributor of Nicorette®Gum.

Distributed by:

LifeMD

236 5th Ave, Suite 400

New York, NY 10001

## Package label

#### Drug Facts

Active ingredient (in each chewing piece) Purpose Nicotine polacrilex....2 mg (nicotine)... Stop smoking aid

 reduces withdrawal symptoms, including nicotine craving, associated with quiting smoking

#### Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

#### Ask a doctor before use if you have

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood
- stomach ulcer or diabetes
- history of soizures

#### Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted

#### Stop use and ask a doctor if

- mouth, teeth, or jaw problems occur
- irregular heartbest or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhoa, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

Keep out of reach of children and pets. Places of nicotine gum may have enough nicotine to make children and pets sick. Whap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

#### Directions

- If you are under 18 years of age, ask a doctor before use
   before using this product, read the enclosed User's Guide for complete directors and other important information
- begin using the gum on your quit day
- If you smoke your first cigarette within 30 minutes of waking up, use 4 mg nicotine gum

In case of emergency, call 911. To make an appointment with a board-certified doctor online, visit www.lifemd.com or call (800) 852-1575.

#### Drug Facts (continued)

If you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicoline gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 piece every 1	1 piece every 2	1 piece every
to 2 hours	to 4 hours	4 to 8 hours

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum.
- When the tingle is gone, begin chewing again, until the tingle returns.

  repeat this process until most of the tingle is gone (about 30 minutes)
- do not set or drink for 15 minutes before chewing the nicotine gum, or white chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- If you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider

#### Other information

- each piece contains: calcium 115 mg, sodium 8 mg
   store at 20-25°C (68-77°F)
- protect from light.

Inactive ingredients acada, acesularne potassium, camauba wax, flavors, gum base, hydroxypropyl cellulose, magnesium coide, sodium bicarbonate, sodium carbonate, taic, litanium diceide, xylitol

Questions or comments? Call (800) 852-1575 Monday - Friday Sam-Spm EST

This product is not manufactured or distributed by GlaxoSmithKine Consumer Healthcare, L.P., distributor of Nicorette® Gum.

Distributed by: LiteMD 236 5th Ave, Suite 400 New York, NY 10001



BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEALS ARE OPEN OR TORN

- m not for sale to those under 18 years of ago
- proof of age required machines or from any source there proof of age cannot be

through foil.



with loose edge. starting at corner Peel off backing



tear off single unit. to remove the gum,



4. Use With a Support Program as directed in the enclosed User's Guide.

3. Use Long Enough - Use Micotine Polacrilex Gum for the full 12 weeks.

2. Use Enough - Chew at least 9 pieces of Nicotine Polacrillex Gum per day during the first six weeks. J. You must be motivated to quit.

TO INCREASE YOUR SUCCESS IN QUITTING:



100 Pieces, 2 mg EACH





LIFEMD Nicotine Polacrilex Coated Mint Flavor

### **NICOTINE POLACRILEX**

nicotine polacrilex gum, chewing

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Product Type HUMAN OTC DRUG Item Code (Source) NDC:82649-927

Route of Administration ORAL

#### **Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength

NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R) NICOTINE 2 mg

#### **Inactive Ingredients**

Ingredient Name	Strength
ACACIA (LINII, ECEACONICO)	

**ACACIA** (UNII: 5C5403N260)

ACESULFAME POTASSIUM (UNII: 230V73Q5G9)	
CARNAUBA WAX (UNII: R12CBM0EIZ)	
HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 9XZ8H6N6OH)	
MAGNESIUM OXIDE (UNII: 3A3U0GI71G)	
SODIUM BICARBONATE (UNII: 8MDF5V39QO)	
SODIUM CARBONATE (UNII: 45P3261C7T)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
XYLITOL (UNII: VCQ006KQ1E)	

Product Characteristics				
Color	white	Score	no score	
Shape	SQUARE	Size	14mm	
Flavor	MINT	Imprint Code		
Contains				

P	Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date	
1	NDC:82649-927- 10	100 in 1 CARTON	08/15/2022		
1		1 in 1 BLISTER PACK; Type 0: Not a Combination Product			

Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
ANDA	ANDA078699	08/15/2022		

## **Labeler -** LifeMD (015464409)

Revised: 8/2022 LifeMD