

**ALKA SELTZER PLUS MAXIMUM STRENGTH COUGH CHEST CONGESTION  
POWERFAST FIZZ- dextromethorphan hydrobromide, guaifenesin tablet,  
effervescent  
Bayer Healthcare LLC.**

-----  
**Alka-Seltzer Plus Severe Cold & Cough PowerFast Fizz Effervescent Tablets**

***Drug Facts***

***Active ingredients (in each tablet) Purposes***

Dextromethorphan hydrobromide 10 mg.....Cough suppressant

Guaifenesin 200 mg.....Expectorant

**Uses**

***Uses***

- temporarily relieves:
- cough due to minor throat and bronchial irritation as may occur with a cold
- the intensity of coughing
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive

***Warnings***

Do not use

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its Ingredients
- in children under 12 years of age

**Ask a doctor before use if you have**

- cough that occurs with excessive phlegm (mucus)
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a sodium-restricted diet

**Stop use and ask a doctor if** cough lasts more than 7 days, comes back, or is accompanied by a fever, rash, or persistent headache. These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away

**Directions**

## Directions

- do not take more than the recommended dose
- adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water every 4 hours. Do not exceed 12 tablets in 24 hours or as directed by a doctor.
- children under 12 years: do not use

## Other information

- each tablet contains: potassium 80 mg; sodium 237 mg
- store at room temperature. Avoid excessive heat.

anhydrous citric acid, flavors, magnesium stearate, mannitol, potassium bicarbonate, sodium bicarbonate, sucralose

## Questions or comments

**Questions or comments?** 1-800-986-0369 (Mon - Fri 9AM - 5PM EST)

## Carton 24 count



Alka Seltzer Plus Maximum Strength Cough & Chest Congestion  
POWERFAST FIZZ™

Dextromethorphan HBr / Cough Suppressant

Guaifenesin/Expectorant

24 EFFERVESCENT TABLETS

## ALKA SELTZER PLUS MAXIMUM STRENGTH COUGH CHEST CONGESTION POWERFAST FIZZ

dextromethorphan hydrobromide, guaifenesin tablet, effervescent

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0280-0089
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RT19KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg
<b>GUAIFENESIN</b> (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	200 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>CALCIUM SILICATE</b> (UNII: S4255P4G5M)	
<b>DIMETHICONE</b> (UNII: 92RU3N3Y1O)	
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>POVIDONE</b> (UNII: FZ989GH94E)	
<b>POTASSIUM BICARBONATE</b> (UNII: HM5Z15LEBN)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>SODIUM BICARBONATE</b> (UNII: 8MDF5V39QO)	
<b>MANNITOL</b> (UNII: 3OWL53L36A)	

### Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	25mm
<b>Flavor</b>	CITRUS	<b>Imprint Code</b>	ASP;CandC
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0280-0089-01	20 in 1 CARTON	04/05/2022	
1		2 in 1 POUCH; Type 0: Not a Combination Product		

2	NDC:0280-0089-02	12 in 1 CARTON	03/08/2023	
2		2 in 1 POUCH; Type 0: Not a Combination Product		
<b>Marketing Information</b>				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012		04/05/2022	

**Labeler** - Bayer Healthcare LLC. (112117283)

Revised: 12/2025

Bayer Healthcare LLC.