

UP AND UP NIGHTTIME SLEEP AID- diphenhydramine hcl capsule, liquid filled

Target Corporation

Target Corporation Nighttime Sleep Aid Drug Facts

Active ingredient (in each softgel)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to an enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

avoid alcoholic beverages

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- take only one dose per day (24 hours)

adults & children 12 yrs & over	2 softgels at bedtime if needed or as directed by a doctor
children under 12 yrs	do not use

Other information

- store at 20-25°C (68-77°F)
- avoid excessive heat above 40°C (104°F)
- protect from light

Inactive ingredients

edible ink, FD&C blue #1, FD&C red #40, gelatin, glycerin, polyethylene glycol, purified water, sorbitol sorbitan solution

Questions?

Call 1-888-547-7400

Package/Label Principal Display Panel

Compare to active ingredient in Vicks® ZzzQuil®

nighttime sleep aid

diphenhydramine HCl 25 mg

non habit-forming

not for treating cold or flu

see warnings

up & up™

48 SOFTGELS

ACTUAL SIZE

48 SOFTGELS

Compare to active ingredient
in Vicks® ZzzQuil®*

NDC 11673-216-67

nighttime sleep aid

diphenhydramine HCl 25 mg

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48 SOFTGELS



ACTUAL SIZE

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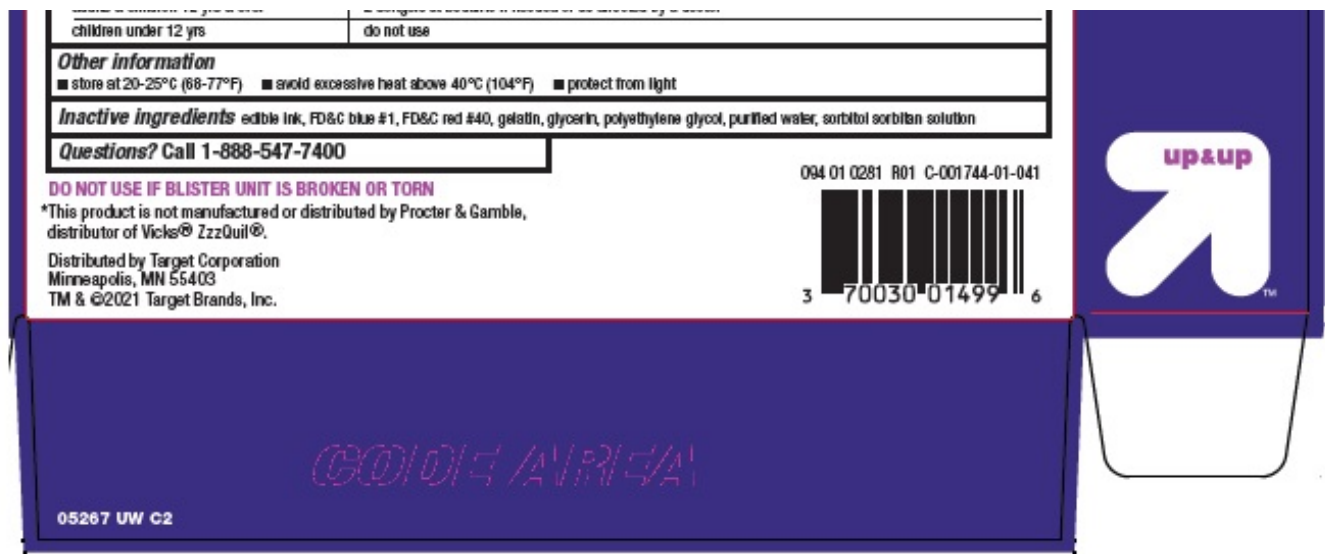
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UP AND UP NIGHTTIME SLEEP AID

diphenhydramine hcl capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:11673-216
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII: 8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0KO0R)	
SORBITOL (UNII: 506T60A25R)	
SORBITAN (UNII: 6O92ICV9RU)	

Product Characteristics

Color	PURPLE	Score	no score
Shape	OVAL	Size	15mm
Flavor		Imprint Code	052
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:11673-216-62	12 in 1 CARTON	11/09/2021	07/31/2025
1		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:11673-216-67	24 in 1 CARTON	11/09/2021	07/31/2025
2		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	11/09/2021	07/31/2025

Labeler - Target Corporation (006961700)

Revised: 11/2024

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