

TYLENOL PM EXTRA STRENGTH- acetaminophen tablet, film coated
R J General Corporation

TYLENOL[®] PM EXTRA STRENGTH

Drug Facts

<i>Active ingredients (in each caplet)</i>	<i>Purpose</i>
Acetaminophen 500 mg	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

Uses

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning

This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: acetaminophen may cause severe skin reactions.

Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

If pregnant or breast-feeding,ask a health professional before use.

Keep out of reach of children.

Overdose warning

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222) Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed (see overdose warning)**

adults and children 12 years and over	<ul style="list-style-type: none">▪ take 2 caplets at bedtime▪ do not take more than 2 caplets of this product in 24 hours
children under 12 years	do not use

Other information

- store between 20-25°C (68-77°F)
- **do not use if pouch is torn or damaged**

Inactive ingredients

carnauba wax, crospovidone, FD&C blue no. 1 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, povidone,

pregelatinized starch, sodium starch glycolate, stearic acid, titanium dioxide

Questions or comments?

call **1-877-895-3665**(toll-free) or **215-273-8755**(collect)

Distributed by:

JOHNSON & JOHNSON CONSUMER INC.
McNeil Consumer Healthcare Division
Fort Washington, PA 19034 USA

Repackaged and distributed by:

RJ General
2024 Northwest Drive
Cincinnati OH 45231

PRINCIPAL DISPLAY PANEL - 50 Pouch Box

Extra Strength

TYLENOL®

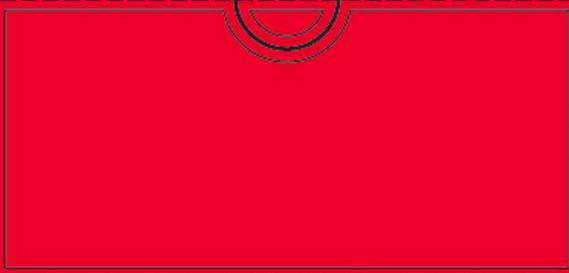
PM

Acetaminophen, Diphenhydramine HCl
Pain Reliever, Nighttime Sleep Aid
Non-habit forming

50 Pouches of 2 Caplets each



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PM
Acetaminophen, Diphenhydramine HCl
Pain Reliever, Nighttime Sleep Aid Non-habit forming



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Contains No Aspirin

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
CARNAUBA WAX (UNII: R12CBM0EIZ)	
CROSPVIDONE (120 .MU.M) (UNII: 68401960MK)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
ALUMINUM OXIDE (UNII: LMI26O6933)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ05DW1A)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)	
SODIUM STARCH GLYCOLATE TYPE A POTATO (UNII: 5856J3G2A2)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
STEARIC ACID (UNII: 4ELV7Z65AP)	

Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	19mm
Flavor		Imprint Code	TY;PM
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70264-028-01	50 in 1 BOX	05/01/2021	
1		2 in 1 POUCH; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	05/01/2021	

Labeler - R J General Corporation (122542830)

Establishment			
Name	Address	ID/FEI	Business Operations
R J General Corporation		122542830	repack(70264-028)

Establishment			
Name	Address	ID/FEI	Business Operations
Johnson & Johnson Consumer Inc., McNeil Consumer Healthcare Division		878046358	manufacture(70264-028)

Revised: 11/2025

R J General Corporation