

**MAGNESIUM CITRATE- magnesium citrate solution**  
**Publix Super Markets, Inc.**

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**Publix 164.000/164AA rev 2-164AB**  
**Cherry Magnesium Citrate**

**Active ingredient (in each fl oz)**

Magnesium citrate 1.745 g

**Purpose**

Saline Laxative

**Uses**

- for relief of occasional constipation (irregularity).
- Generally produces bowel movement in 1/2 to 6 hours

**Warnings**

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**

- taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if**

You have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

## **STORAGE**

Store at temperatures between 46° and 86°F (8° and 30°C)

## **Directions**

- shake well before using
- drink a full glass (8 ounces) of liquid each dose
- may be taken as a single dose or in a divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz maximum 3 fl oz in 24 hours

children under 2 years of age- ask a doctor

## **other information**

- each fl oz contains: magnesium 290 mg
- each fl oz contains: sodium 1 mg

## **Inactive ingredients**

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

## **ADVERSE REACTION**

Non-USP: Non-Carbonated, Non-Pasteurized;

Contains Preservatives

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PUBLIX GUARANTEE:

COMPLETE SATISFACTION OR YOUR MONEY BACK

## **principal display panel**

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NDC 56062-264-38

magnesium

citrate

SALINE LAXATIVE  
 ORAL SOLUTION  
 CHERRY FLAVOR  
 10 FL OZ (296 mL)

DO NOT USE IF TAMPER EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

**Drug Facts**  
**Active ingredient (in each fl oz) Purpose**  
 Magnesium citrate 1,745 g..... Saline laxative

**Uses** ■ for relief of occasional constipation (irregularity).  
 ■ Generally produces bowel movement in ½ to 6 hours

**Warnings**  
**Ask a doctor before use if you have**  
 ■ kidney disease ■ a magnesium restricted diet  
 ■ abdominal pain, nausea, or vomiting  
 ■ noticed a sudden change in bowel habits that persists over a period of 2 weeks  
 ■ already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**  
 ■ taking any other drug.  
 ■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.**

**If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help** ▶

**Drug Facts (continued)**  
 or contact a Poison Control Center right away.  
 Store at temperatures between 46° and 86°F (8° and 30°C)

**Directions** ■ shake well before using ■ drink a full glass (8 ounces) of liquid with each dose ■ may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over	6.5 to 10 fl oz maximum 10 fl oz in 24 hours
children 6 to under 12 years of age	3 to 7 fl oz maximum 7 fl oz in 24 hours
children 2 to under 6 years of age	2 to 3 fl oz maximum 3 fl oz in 24 hours
children under 2 years of age	ask a doctor

**Other information**  
 ■ each fl oz contains: magnesium 290 mg  
 ■ each fl oz contains: sodium 1 mg

**Inactive ingredients** benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

**Non-USP: Non-Carbonated, Non-Pasteurized; Contains Preservatives**

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## MAGNESIUM CITRATE

magnesium citrate solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:56062-264
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM CITRATE</b> (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

### Inactive Ingredients

Ingredient Name	Strength
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<b>BENZOIC ACID</b> (UNII: 8SKN0B0MIM)	
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>EDETATE DISODIUM ANHYDROUS</b> (UNII: 8NLQ36F6MM)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>WATER</b> (UNII: 059QF0KO0R)	

<b>Packaging</b>				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:56062-264-38	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	08/17/2021	

<b>Marketing Information</b>			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	08/17/2021	

**Labeler** - Publix Super Markets, Inc. (006922009)

**Registrant** - Nice-Pak Products, LLC (119091520)

<b>Establishment</b>			
Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(56062-264)

Revised: 2/2026

Publix Super Markets, Inc.