

## **SE-NATAL 19 CHEWABLE- vitamins and minerals tablet, chewable** **Seton Pharmaceuticals**

*Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.*

-----

### **Se-Natal 19 Chewable Tablets**

A Prescription Prenatal Vitamin with other Vitamins and Minerals for Nutritional Supplementation

**R<sub>x</sub> Only**

### **DESCRIPTION**

Se-Natal 19 Chewable tablets are round, debossed "TL015." These tablets provide oil-soluble vitamins, water-soluble vitamins and minerals. Each tablet contains:

<b>Supplement Facts</b>		
<b>Servings per Bottle:</b>	100	<b>%DV For Pregnant and Lactating Women</b>
<b>Serving Size</b>	1 chewable tablet	
<b>Each Tablet contains:</b>		
Vitamin A (as beta carotene)	1000 IU	23%
Vitamin C (calcium ascorbate)	100 mg	83%
Vitamin D (as cholecalciferol)	10 mcg	67%
Vitamin E (as dl-alpha tocopherol acetate)	30 IU	142%
Thiamine (Vitamin B <sub>1</sub> )	3 mg	214%
Riboflavin (Vitamin B <sub>2</sub> )	3 mg	188%
Niacin (as niacinamide)	15 mg	83%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	20 mg	1000%
Folate (folic acid)	1000 mcg	167%
Vitamin B <sub>12</sub> (as cyanocobalamin)	12 mcg	429%
Pantothenic Acid (as calcium pantothenate)	7 mg	100%
Calcium (as calcium carbonate)	200 mg	15%
Iron (as ferrous fumarate)	29 mg	107%
Zinc (as zinc oxide)	20 mg	154%

### **CLINICAL PHARMACOLOGY**

Oral iron is absorbed most efficiently when administered between meals. Iron is critical for normal hemoglobin synthesis to maintain oxygen transport, energy production and

proper function of cells. Adequate amounts of iron are necessary for effective erythropoiesis. Iron also serves as a cofactor of several essential enzymes, including cytochromes, which are involved in electron transport. Folic acid is required for nucleoprotein synthesis and the maintenance of normal erythropoiesis. Folic acid is the precursor of tetrahydrofolic acid, which is involved as a cofactor for transformylation reactions in the biosynthesis of purines and thymidylates of nucleic acids. Deficiency of folic acid may account for the defective deoxyribonucleic acid (DNA) synthesis that leads to megaloblast formation and megaloblastic macrocytic anemias. Vitamin B<sub>12</sub> is essential to growth cell reproduction, hematopoiesis, nucleic acid, and myelin synthesis. Deficiency may result in megaloblastic anemia or pernicious anemia.

## **OTHER INGREDIENTS**

Acacia, Fumed Silica, Magnesium Stearate, Natural Orange Flavour, Orange Juice Powder, Stearic Acid, Stevia, Sucrose.

## **INDICATIONS AND USAGE**

Se-Natal 19 Chewable Tablets are indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and non-lactating mothers. Se-Natal 19 Chewable Tablets are also useful in improving the nutritional status of women prior to conception.

## **CONTRAINDICATIONS**

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

## **WARNINGS**

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B<sub>12</sub> is deficient.

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

## **PRECAUTIONS**

### **GENERAL**

Take 2 hours after meals. Do not exceed recommended dose. Discontinue use if symptoms of intolerance appear.

### **Folic Acid**

Folic acid in doses above 0.1 mg daily may obscure pernicious anemia. In that hematologic remission can occur while neurological manifestations remain progressive.

### **Pediatric Use**

Safety and effectiveness in pediatric patients have not been established.

### **Geriatric Use**

Dosing for elderly patients should be cautious. Due to the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy, dosing should start at the lower end of the dosing range.

## **ADVERSE REACTIONS**

Adverse reactions with iron therapy may include GI irritation, constipation, diarrhea, nausea, vomiting, and dark stools. Adverse reactions with iron therapy are usually transient. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

## **DRUG INTERACTIONS**

Prescriber should be aware of a number of iron/drug interactions, including antacids, tetracyclines, or fluoroquinolones.

## **OVERDOSAGE**

### **Symptoms:**

Abdominal pain, metabolic acidosis, anuria, CNS damage, coma, convulsions, death, dehydration, diffuse vascular congestion, hepatic cirrhosis, hypotension, hypothermia, lethargy, nausea, vomiting, diarrhea, tarry stools, melena, hematemesis, tachycardia, hyperglycemia, drowsiness, pallor, cyanosis, lassitude, seizures, and shock.

## **DOSAGE AND ADMINISTRATION**

One tablet daily, or as directed by a physician.

## **NOTICE**

Contact with moisture can discolor or erode the tablet.

## **HOW SUPPLIED**

Se-Natal 19 Chewable Tablets for oral administration are supplied as multi-color-speckled, round tablets debossed "TL015," packaged in bottles of 100 tablets.

**Product Code: 13925-117-01**

## **STORAGE**

Store at 20°-25°C (68°-77°F), excursions permitted to 15°-30°C (59°-86°F)[See USP controlled room temperature].

## **PHARMACIST**

Dispense in a tight, light-resistant container as defined in the USP/INF with child-resistant closure.

**Call your doctor about side effects. You may report side effects to FDA at 1-800-FDA-1088.**

**Reserved for Professional  
Recommendation.**

**KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.**

**R<sub>x</sub> Only**

### **Manufactured For:**

Seton Pharmaceuticals

Manasquan, NJ 08736

1-800-510-3401

MADE IN CANADA

Code 640138

Rev. 03/24

**SETON PHARMACEUTICALS**

**PACKAGE LABEL.PRINCIPAL DISPLAY PANEL**

**NDC 13925-117-01**

**Se-Natal 19 Chewable** Tablets

***A Prescription Prenatal Vitamin with other Vitamins and Minerals for  
Nutritional Supplementation***

**R<sub>x</sub> Only**

**100 Tablets**

SETON

PHARMACEUTICALS

Store at 20° - 25°C (68° - 77°F), excursions permitted to 15° - 30°C (59° - 86°F) (See USP controlled room temperature). KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Call your doctor about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Indications and Usage: Se-Natal 19 chewable tablets are indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and non-lactating mothers. Se-Natal 19 chewable tablets are also useful in improving the nutritional status of women prior to conception.

Manufactured for:  
Seton Pharmaceuticals, Wall, NJ 07719  
1-800-510-1401

MADE IN CANADA 620420 Rev. 01/24

3 13925 11701 3

13925-117-01

## Se-Natal 19 Chewable Tablets

*A Prescription Prenatal Vitamin with other Vitamins and Minerals for Nutritional Supplementation*

**100 Tablets**

Rx Only



**DESCRIPTION:** Se-Natal 19 Chewable Tablets are round, debossed "T1015." These tablets provide a balance of vitamins, water-soluble vitamins and minerals. Each tablet contains:

Supplement Facts		
Servings per Bottle: 100	% DV for Pregnant and Lactating Women	
Serving Size: 1 chewable tablet	Each Chewable Tablet contains:	
Vitamin A (as beta carotene)	1000 IU	23%
Vitamin C (ascorbic acid)	100 mg	83%
Vitamin D (as cholecalciferol)	10 mcg	67%
Vitamin E (as d-alpha-tocopherol acetate)	30 IU	142%
Thiamine (Vitamin B1)	3 mg	214%
Riboflavin (Vitamin B2)	3 mg	188%
Niacin (as niacinamide)	15 mg	83%
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%
Folate (Folic acid)	1000 mcg	167%
Vitamin B12 (as cyanocobalamin)	12 mcg	429%
Pantothenic Acid (as calcium pantothenate)	7 mg	100%
Calcium (as calcium carbonate)	200 mg	15%
Iron (as ferrous fumarate)	29 mg	100%
Zinc (as zinc oxide)	20 mg	154%

**Other Ingredients:** Acacia, Fumed Silica, Magnesium Stearate, Natural Orange Flavour, Orange Juice Powder, Stearic Acid, Stevia, Sucrose.

**DOSAGE AND ADMINISTRATION:** One tablet daily or as directed by a physician.

## SE-NATAL 19 CHEWABLE

vitamins and minerals tablet, chewable

### Product Information

<b>Product Type</b>	HUMAN PRESCRIPTION DRUG	<b>Item Code (Source)</b>	NDC:13925-117
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>FOLIC ACID</b> (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg
<b>.BETA.-CAROTENE</b> (UNII: 01YAE03M7J) (.BETA.-CAROTENE - UNII:01YAE03M7J)	.BETA.-CAROTENE	1000 [iU]
<b>CALCIUM ASCORBATE</b> (UNII: 183E4W213W) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	100 mg
<b>CHOLECALCIFEROL</b> (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	400 [iU]
<b>.ALPHA.-TOCOPHEROL ACETATE, DL-</b> (UNII: WR1WPI7EW8) (.ALPHA.-TOCOPHEROL, DL- - UNII:7QWA1RIO01)	.ALPHA.-TOCOPHEROL, DL-	30 [iU]
<b>THIAMINE MONONITRATE</b> (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	3 mg
<b>RIBOFLAVIN</b> (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	3 mg
<b>NIACINAMIDE</b> (UNII: 25X5118RD4) (NIACINAMIDE - UNII:25X5118RD4)	NIACINAMIDE	15 mg
<b>PYRIDOXINE HYDROCHLORIDE</b> (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	PYRIDOXINE	20 mg
<b>CYANOCOBALAMIN</b> (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	12 ug
<b>CALCIUM PANTOTHENATE</b> (UNII: 568ET80C3D) (PANTOTHENIC ACID - UNII:19F5HK2737)	PANTOTHENIC ACID	7 mg
<b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CATION	200 mg
<b>FERROUS FUMARATE</b> (UNII: R5L488RY0Q) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	29 mg
<b>ZINC OXIDE</b> (UNII: SOI2LOH54Z) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	20 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>ACACIA</b> (UNII: 5C5403N26O)	

<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>ORANGE JUICE</b> (UNII: 5A9KE2L9L3)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>STEVIA REBAUDIUNA LEAF</b> (UNII: 6TC6NN0876)	
<b>SUCROSE</b> (UNII: C151H8M554)	

### Product Characteristics

<b>Color</b>	BROWN	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	12mm
<b>Flavor</b>	ORANGE	<b>Imprint Code</b>	TL015
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:13925-117-01	100 in 1 BOTTLE; Type 0: Not a Combination Product	07/01/2009	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		07/01/2009	

**Labeler** - Seton Pharmaceuticals (828898002)

Revised: 3/2025

Seton Pharmaceuticals