

EPSOM SALT- magnesium sulfate granule, for solution
CVS Pharmacy, Inc.

CVS 602.002/602AA
Epsom Salt

Tamper Evident Statement

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

Active ingredient

Magnesium sulfate USP (Heptahydrate) 100%

Purpose

Saline laxative

Uses

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

Other information

- magnesium content 495 mg per teaspoon (5 grams)

Inactive Ingredient

None

ADVERSE REACTION

Epsom Salt is a trusted remedy that is useful every season of the year.

Beat winter blues

Simply dissolve two cups of epsom salt in a warm bath to:

- Reduce stiffness and soreness
- Warm and comfort your muscle aches

A mineral spring spa

Springtime is your fresh start to working out, often times leading to overexertion. Just dissolve two cups of epsom salt in warm bath water, settle in, and experience the relief and relaxation.

First aid summer salts

Dissolve two cups of epsom salt in two cups of hot water to make a compress.

Apply as a wet dressing with towel to:

- Provide soothing relief from over exertion from sports
- Warm and comfort your muscle aches

Relax into autumn

By dissolving two cups of epsom salt in a warm bath, you'll be able to:

- Soak away tiredness and soreness
- Help soothe away stress

For external use as a soaking aid for minor sprains and bruises.

Directions: Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or toweling for 30 minutes up to three times a day. For a less intensive soak, use 1 or 2 cupfuls in a bath. Use warm water for best results.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

Distributed by: CVS Pharmacy, Inc.

One CVS Drive, Woonsocket, RI 02895

© 2016 CVS/pharmacy

CVS.com ® 1-800-SHOP CVS

Made in the U.S.A. with U.S. and foreign components

CVS ® Quality

Money Back Guarantee

principal display panel

RESEALABLE POUCH

TEAR ALONG DOTTED LINE. PRESS ZIPPER TO RESEAL.

TAMPER EVIDENT PACKAGING: Caution: this package has been sealed for your protection.

Do not use if package is open, torn or mutilated.

Value Size 8 lb

NDC 69842-602-80

CVS Health™

Epsom Salt

Magnesium Sulfate USP

Saline Laxative

- For external use as a soaking solution
- For minor sprains and bruises

NET WT 8 LBS (3.62 kg)

RESEALABLE POUCH TEAR ALONG DOTTED LINE. PRESS ZIPPER TO RESEAL.

TAMPER EVIDENT PACKAGING: Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated.

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

Drug Facts

Active ingredient Purpose
Mg heptahydrate USP Saline laxative

Uses
• For relief of occasional constipation (irregularity)
• If the product generally produces bowel movement in 10 to 16 hours

Warnings
Ask a doctor before use if you have:
• kidney disease
• a very low-salt diet
• abdominal pain, nausea, or vomiting
• if you had a sudden change in bowel habits that lasts over a period of 2 weeks
• if you are taking any other drug. Tell your doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

Directions
• For external use as a soaking solution
• For minor sprains and bruises

Other information
• Magnesium sulfate heptahydrate USP granules

Distributed by: CVS Pharmacy, Inc.
One CVS Drive, Woonsocket, RI 02896
© 2018 CVS Pharmacy
CVS.com™ 1-800-GHOP-CVS
Made in the U.S.A. with U.S. and foreign components.
V-16340

CVS Quality
Member Since 2002

8601320



107786994

VALUE SIZE 8 lb

CVS Health.

Epsom Salt

MAGNESIUM SULFATE USP

Saline laxative

• For external use as a soaking solution
• For minor sprains and bruises



NET WT 8 LBS (3.62 kg)

Epsom Salt is a trusted remedy that is useful every season of the year.

Best winter blues
Simply dissolve two cups of epsom salt in a warm bath to:
• Reduce stiffness and soreness
• Warm and comfort your muscle aches

A mineral spring spa
Springtime is your fresh start to working out, often times leading to overexertion. Just dissolve two cups of epsom salt in warm bath water, settle in, and experience the relief and relaxation.

First aid summer soaks
Dissolve two cups of epsom salt in two cups of warm water to make a compress. Apply as a wet dressing with towel to:
• Provide soothing relief from over-exertion from sports
• Warm and comfort your muscle aches

Relax into autumn
By dissolving two cups of epsom salt in a warm bath, you'll be able to:
• Soak away tiredness and soreness
• Help soothe away stress

For external use as a soaking aid for minor sprains and bruises.

Directions: Dissolve 2 cups of this product per gallon of water. Apply with bandages or towels for 30 minutes up to three times a day. For a less intensive soak, use 1 or 2 cups in a bath. Use warm water for best results.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician.

Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

EPSOM SALT

magnesium sulfate granule, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69842-602
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69842-602-80	3620 g in 1 POUCH; Type 0: Not a Combination Product	07/15/1998	
2	NDC:69842-602-04	2720 g in 1 POUCH; Type 0: Not a Combination Product	07/15/1998	11/24/2024
3	NDC:69842-602-07	1810 g in 1 POUCH; Type 0: Not a Combination Product	07/15/1998	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	07/15/1998	

Labeler - CVS Pharmacy, Inc. (062312574)

Registrant - Nice-Pak Products, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(69842-602)

Revised: 2/2026

CVS Pharmacy, Inc.