

CITROMA- magnesium citrate liquid
Kroger Co.

Kroger 164.000/164AA R2-AB
Cherry Magnesium Citrate

Active Ingredient (in each fl oz)

Magnesium citrate 1.745 g

Purpose

Saline laxative

Uses

- for relief of occasional constipation (irregularity).
- Generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

- taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Storage

Store at temperatures between 46° and 86°F (8° and 30° C)

Directions

- shake well before using
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

other information

- each fl oz contains: **magnesium 290 mg**
- each fl oz contains: **sodium 1 mg**

Inactive ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions or comments?

Call 1-800-632-6900

Claims

Non-USP: Non-Carbonated, Non-Pasteurized; Contains Preservatives

ADVERSE REACTIONS SECTION

PROUDLY DISTRIBUTED BY THE KROGER CO.

CINCINNATI, OHIO 45202

Our Pharmacist Recommended

QUALITY GUARANTEEd www.kroger.com/guarantee

800-632-6900

10 FL OZ (296 mL)

1.745 g
in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
WATER (UNII: 059QF0KO0R)	

Product Characteristics

Color		Score	
Shape		Size	
Flavor	CHERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-164-38	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	02/18/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	02/18/2018	

Labeler - Kroger Co. (006999528)

Registrant - Consumer Product Partners, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Consumer Product Partners, LLC		119091514	manufacture(30142-164)

Revised: 11/2025

Kroger Co.