

**COUGH RELIEF ACONITUM NAPELLUS, BRYONIA ALBA ROOT, CALCIUM SULFIDE, SPONGIA OFFICINALIS SKELETON, ROASTED , TIN, PELARGONIUM SIDOIDES ROOT- cough relief syrup
Schwabe North America, Inc.**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Cough Relief

Active Ingredients

Pelargonium sidoides 1X

Aconitum napellus 3X

Bryonia 3X

Hepar sulphuris calcareum 6C

Stannum metallicum 6C

Spongia tosta 3X

Inactive Ingredients

Citric Acid

English Ivy Leaf Extract

Ethyl Alcohol

Glycerin

Lactose Monohydrate

Maltodextrin

Potassium Sorbate

Purified Water

Sorbitol

Purpose

Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: chest congestion, cough, hoarseness, sore throat, nasal congestion.

Temporarily relieves cough due to minor bronchial and throat irritations as may occur with a cold.

Indications & Usage

Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: chest congestion, cough, hoarseness, sore throat, nasal congestion.

Temporarily relieves cough due to minor bronchial and throat irritations as may occur with a cold.

Doage & Administration

Directions

For best results, use at first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.

Shake well before each use.

Use only with enclosed dosage cup.

Adults and Children 13 years of age and older: Take 1 ½ teaspoons (tsp) (7.5 mL) three times daily.

Children 6 to 12 years of age: Take 1 teaspoon (5 mL) three times daily.

Children under 6 years of age: Consult a doctor.

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Ask Doctor

Ask a doctor before use if you have a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis or emphysema, a cough that is accompanied by excessive phlegm (mucus), been taking any medications, an allergy to plants of the Genaniaceae family.

Stop Use

Stop use and ask a doctor if new symptoms occur, symptoms get worse or last more than 7 days, fever worsens or lasts more than 3 days, cough lasts more than 7 days or occurs with rash or persistent headache.

These could be a sign of a serious condition.

Overdose

In case of overdose, seek medical help or contact a Poison Control Center right away.

Pregnancy or Breast Feeding

If pregnant or breast-feeding, ask a healthcare professional before use.

Keep out of reach of children

Keep out of reach of children.

Drug Facts (continued)

Directions ■ for best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease ■ shake well before each use ■ use only with enclosed dosage cup

age	dose
adults & children 13 years of age and older	take 1½ teaspoons (tsp) (7.5 mL) three times daily
children 6-12 years of age	take 1 teaspoon (5 mL) three times daily
children under 6 years of age	consult a doctor

Other information ■ each 1½ teaspoons contain: potassium 10 mg ■ store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight.

Inactive ingredients citric acid, English ivy (leaf) extract, ethyl alcohol, glycerin, lactose monohydrate, maltodextrin, potassium sorbate, purified water, sorbitol

Questions? 1-800-962-8873 / naturesway.com

†† These indications are based solely on traditional homeopathic use. They have not been evaluated by the Food & Drug Administration.

◆ LH15864.A02 BLQ8771A

TAMPER EVIDENT. Safety sealed with outer shrink band and inner seal. Do not use if either seal is broken or missing.

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Green Bay, WI 54311 USA
Bottled and tested in the USA

NDC 53499-6864-4
HOMEOPATHIC

Nature's way

Umcka[®]

Cough Relief

SYRUP

ENGLISH IVY BASE



1X PELARGONIUM SIDOIDES
CLINICALLY PROVEN INGREDIENT

NON-DROWSY
0.05% ALCOHOL

AGES 6+
4 FL OZ (120 mL)

Drug Facts

Active ingredients (in 1½ teaspoons [tsp] = 7.5 mL)

Pelargonium sidoides 1X Shortens duration and reduces severity of upper respiratory symptoms

Aconitum napellus 3X Cough suppressant and pain reliever††

Bryonia 3X, Hepar sulphuris calcareum 6C, Cough suppressant and expectorant††

Stannum metallicum 6C and expectorant††

Spongia tosta 3X Cough suppressant††

Uses ■ shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:

- chest congestion ■ cough ■ hoarseness
- sore throat ■ nasal congestion

■ temporarily relieves cough due to minor bronchial and throat irritations as may occur with a cold††

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Ask a doctor before use if you have ■ a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema ■ a cough that is accompanied by excessive phlegm (mucus) ■ been taking any medications ■ an allergy to plants of the Geraniaceae family

Stop use and ask a doctor if ■ new symptoms occur, symptoms get worse or last more than 7 days ■ fever worsens or lasts more than 3 days ■ cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center right away.

Digital Print Label 2.375"x5.25" SM

CYAN	MAGENTA	YELLOW	BLACK	Satn Varnish
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Revised HS Design
Proof: Pdf proof. Prelim MU proof files sent 7/16/25.
GPS Direct Prepress. Digital CMYK print files are press ready.



COUGH RELIEF ACONITUM NAPELLUS, BRYONIA ALBA ROOT, CALCIUM SULFIDE, SPONGIA OFFICINALIS SKELETON, ROASTED , TIN, PELARGONIUM SIDOIDES ROOT
cough relief syrup

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53499-6864
Route of Administration	ORAL		

Active Ingredient/Active Moiety				
Ingredient Name			Basis of Strength	Strength
PELARGONIUM SIDOIDES ROOT (UNII: H6J53HEX8E) (PELARGONIUM SIDOIDES ROOT - UNII:H6J53HEX8E)			PELARGONIUM SIDOIDES ROOT	1 [hp_X] in 120 mL
ACONITUM NAPELLUS (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)			ACONITUM NAPELLUS	3 [hp_X] in 120 mL
BRYONIA ALBA ROOT (UNII: T7J046YI2B) (BRYONIA ALBA ROOT - UNII:T7J046YI2B)			BRYONIA ALBA ROOT	3 [hp_X] in 120 mL
CALCIUM SULFIDE (UNII: 1MBW07J51Q) (CALCIUM SULFIDE - UNII:1MBW07J51Q)			CALCIUM SULFIDE	6 [hp_C] in 120 mL
TIN (UNII: 387GMG9FH5) (TIN - UNII:387GMG9FH5)			TIN	6 [hp_C] in 120 mL
SPONGIA OFFICINALIS SKELETON, ROASTED (UNII: 1PIP394IID) (SPONGIA OFFICINALIS SKELETON, ROASTED - UNII:1PIP394IID)			SPONGIA OFFICINALIS SKELETON, ROASTED	3 [hp_X] in 120 mL
Inactive Ingredients				
Ingredient Name				Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)				
HEDERA HELIX LEAF (UNII: ZP9XFG71A7)				
ALCOHOL (UNII: 3K9958V90M)				
GLYCERIN (UNII: PDC6A3C0OX)				
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)				
MALTODEXTRIN (UNII: 7CVR7L4A2D)				
WATER (UNII: 059QF0KO0R)				
SORBITOL (UNII: 506T60A25R)				
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-6864-4	1 in 1 BOX	01/19/2024	
1		120 mL in 1 BOTTLE; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
unapproved homeopathic			01/19/2024	

Labeler - Schwabe North America, Inc. (831153908)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe North America		831153908	manufacture(53499-6864)

