

MILK OF MAGNESIA- magnesium hydroxide suspension

H E B

heb mom org

Active ingredient (in each 15 mL)

Magnesium hydroxide 1200 mg

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts over than 14 days

Ask a doctor or pharmacist before use if you are taking a prescription drug.

This product may interact with certain prescription drugs.

Stop use and ask a doctor if

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- shake well before use
 - do not exceed the maximum recommended daily dose in a 24 hour period
 - dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor
 - follow each dosage with a full glass (8 oz) of liquid
-

age	dose
adults and children 12 years and over	30 mL to 60 mL
children 6 to 11 years	15 mL to 30 mL
children under 6 years	ask a doctor

Other information

- each 15 mL contains: **magnesium 500 mg**
- avoid freezing
- store at room temperature tightly closed

Inactive ingredients

purified water, sodium hypochlorite

Questions or comments?

1-800-540-3765

package Label



Drug Facts **TAMPER EVIDENT: DO NOT USE IF IMPRINTED NECKBAND IS MISSING OR BROKEN.**

Active ingredient (in each 15 mL)	Purpose
Magnesium hydroxide 1200 mg	Saline laxative

Use

- relieves occasional constipation (irregularity)
- generally produces bowel movement in ½ to 6 hours

Warnings

Ask a doctor before use if you have

- a magnesium-restricted diet
- a sudden change in bowel habits that lasts over 14 days
- kidney disease
- stomach pain, nausea or vomiting

Ask a doctor or pharmacist before use if you are taking a prescription drug. This product may interact with certain prescription drugs.

Stop use and ask a doctor if

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- you need to use a laxative for more than 1 week

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982-19112-0
REV G00820
16269 - 2010

MADE WITH PRIDE & CARE FOR H-E-B®
SAN ANTONIO, TX 78204



*This product is not manufactured or distributed by Bayer Healthcare LLC, the owner of the registered trademark Phillips' Milk of Magnesia.

MILK OF MAGNESIA

magnesium hydroxide suspension

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-901
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM HYDROXIDE (UNII: NBZ3QY004S) (MAGNESIUM CATION - UNII:T6V3LHY838, HYDROXIDE ION - UNII:9159UV381P)	MAGNESIUM HYDROXIDE	1200 mg in 15 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
SODIUM HYPOCHLORITE (UNII: DY38VHM5OD)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-901-12	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/01/2020	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	08/01/2020	

Labeler - H E B (007924756)**Registrant** - GCP Laboratories (965480861)**Establishment**

Name	Address	ID/FEI	Business Operations
GCP Laboratories		965480861	manufacture(37808-901)

Revised: 11/2023

H E B