ACETAMINOPHEN DIPHENHYDRAMINE HCL- acetaminophen diphenhydramine hcl tablet
BETTER LIVING BRANDS LLC.

Extra Strength
Pain Releif PM

Acetaminophen USP, 500mg
Diphenhydramine HCL USP, 25mg

Pain Reliever/Nighttime Sleep-Aid
RAPID RELEASE

Active ingredient

Acetaminophen, USP 500 mg

Diphenhydramine HCl, USP 25 mg

Purpose

Pain reliever

Nighttime sleep-aid

Uses

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Liver warning

This product contains acetaminophen. Severe liver damage may occur if you take:
■ more than 4,000 mg of acetaminophen in 24 hours
■ with other drugs containing acetaminophen
■ 3 or more alcoholic drinks every day while using this product

Allergy alert

acetaminophen may cause severe skin reaction. Symptoms may include:
■ skin reddening
■ blisters
■ rash
If a skin reaction occurs, stop use and seek medical help right away

Do not use

■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
■ with any other product containing diphenhydramine, even one used on skin
■ in children under 12 years of age
■ if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

■ liver disease
■ a breathing problem such as emphysema or chronic bronchitis
■ trouble urinating due to an enlarged prostate gland
■ glaucoma

Ask a doctor or pharmacist before use if you are

■ taking the blood thinning drug warfarin
■ taking sedatives or tranquilizers

When using this product

■ drowsiness will occur
■ avoid alcoholic drinks
■ do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

■ sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
■ pain gets worse or lasts more than 10 days
■ fever gets worse or lasts more than 3 days
■ redness or swelling is present
■ new symptoms occur
These could be signs of a serious condition.

If pregnant or breast-feeding

Ask a health professional before use.

Keep out of the reach of children

Overdose warning

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222) Quick medical attention is critical for adults as well as for children even if

you do not notice any signs or symptoms.

do not take more than directed (see overdose warning)

adults and children 12 years and over
■ take 2 gelcaps at bedtime
■ do not take more than 2 gelcaps of this product in 24 hours
children under 12 years
do not use

Other information

■ store between 20°-25°C (68°-77°F). See USP Controlled Room Temperature.
■ see end panel for lot number and expiration date

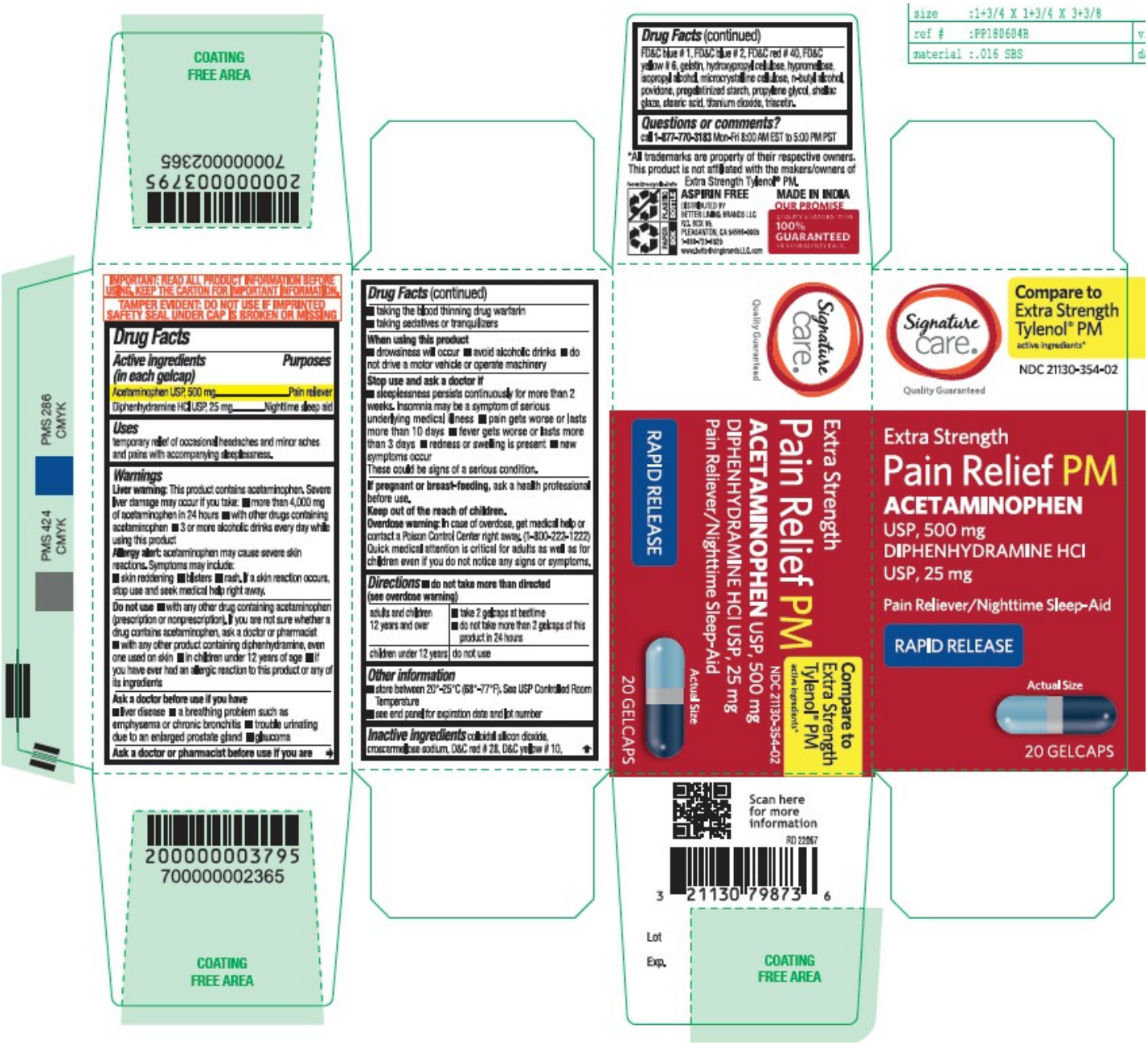
Inactive Ingrdients

colloidal silicon dioxide, croscarmellose sodium, D&C red#28, D&C yellow#10, FD&C blue#1, FD&C blue #2, FD&C red #40, FD&C yellow #6, gelatin, hydroxypropyl cellulose, hypromellose, isopropyl alcohol, microcrystalline cellulose, n-butyl alcohol, povidone, pregelatinized starch, propylene glycol, shellac glaze, stearic acid, titanium dioxide, triacetin

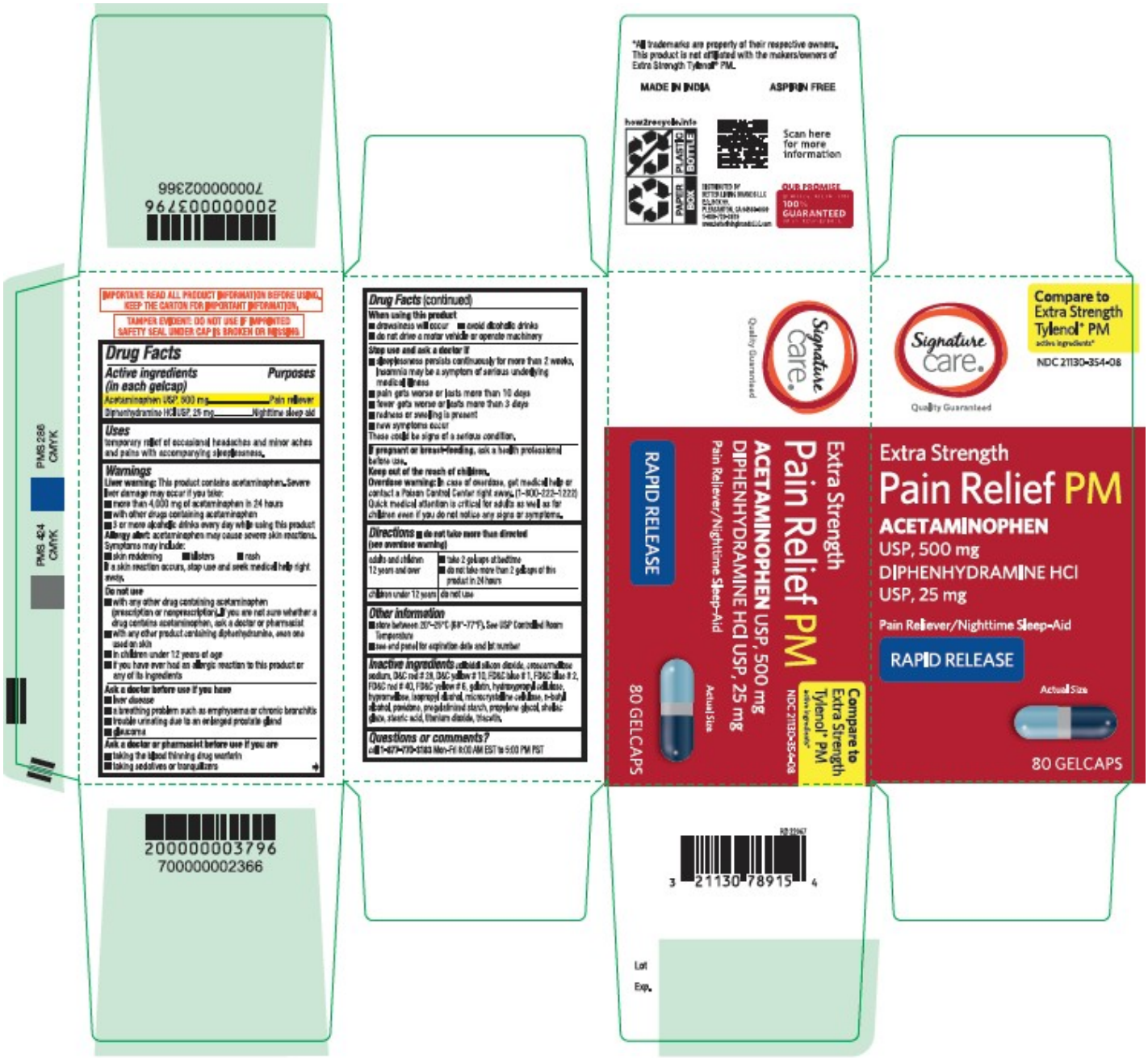
Questions or Comments?

call **1-877-770-3183**
Mon-Fri 8:00 AM EST to 5:00 PM PST.

Principal Display Panel



Principal Display Panel



ACETAMINOPHEN DIPHENHYDRAMINE HCL

acetaminophen diphenhydramine hcl tablet

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:21130-354
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	**Basis of Strength**	**Strength**
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
D&C RED NO. 28 (UNII: 767IP0Y5NH)	
BUTYL ALCOHOL (UNII: 8PJ61P6TS3)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
TRIACETIN (UNII: XHX3C3X673)	
GELATIN (UNII: 2G86QN327L)	
HYPROMELLOSE 2208 (100 MPA.S) (UNII: B1QE5P712K)	
STARCH, CORN (UNII: O8232NY3SJ)	
SHELLAC (UNII: 46N107B71O)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)	
ISOPROPYL ALCOHOL (UNII: ND2M416302)	
POVIDONE K30 (UNII: U725QWY32X)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 9XZ8H6N6OH)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	

Product Characteristics

Color	gray ((Encapsulated gray color tablets with dark blue opaque and light blue opaque hard gelatin shells))	**Score**	no score
Shape	OVAL	**Size**	20mm
Flavor		**Imprint Code**	G3
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-354-02	20 in 1 BOTTLE; Type 0: Not a Combination Product	12/12/2022	
2	NDC:21130-354-08	80 in 1 BOTTLE; Type 0: Not a Combination Product	12/12/2022	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	12/12/2022	

Labeler - BETTER LIVING BRANDS LLC. (009137209)

Revised: 12/2025 BETTER LIVING BRANDS LLC.