

**ACETAMINOPHEN DIPHENHYDRAMINE HCL- acetaminophen diphenhydramine  
hcl tablet  
BETTER LIVING BRANDS LLC.**

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**Extra Strength  
Pain Relief PM**

**Acetaminophen USP, 500mg  
Diphenhydramine HCL USP, 25mg**

**Pain Reliever/Nighttime Sleep-Aid  
RAPID RELEASE**

**Active ingredient**

Acetaminophen, USP 500 mg

Diphenhydramine HCl, USP 25 mg

**Purpose**

Pain reliever

Nighttime sleep-aid

**Uses**

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Liver warning**

This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert**

acetaminophen may cause severe skin reaction. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

### **Ask a doctor before use if you have**

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

### **Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

### **When using this product**

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

### **Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
  - pain gets worse or lasts more than 10 days
  - fever gets worse or lasts more than 3 days
  - redness or swelling is present
  - new symptoms occur
- These could be signs of a serious condition.

### **If pregnant or breast-feeding**

Ask a health professional before use.

### **Keep out of the reach of children**

### **Overdose warning**

In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222) Quick medical attention is critical for adults as well as for children even if

you do not notice any signs or symptoms.

**do not take more than directed (see overdose warning)**

adults and children 12 years and over

■ take 2 gelcaps at bedtime

■ do not take more than 2 gelcaps of this product in 24 hours

children under 12 years

do not use

**Other information**

■ store between 20°-25°C (68°-77°F). See USP Controlled Room Temperature.

■ see end panel for lot number and expiration date

**Inactive Ingredients**

colloidal silicon dioxide, croscarmellose sodium, D&C red#28, D&C yellow#10, FD&C blue#1, FD&C blue #2, FD&C red #40, FD&C yellow #6, gelatin, hydroxypropyl cellulose, hypromellose, isopropyl alcohol, microcrystalline cellulose, n-butyl alcohol, povidone, pregelatinized starch, propylene glycol, shellac glaze, stearic acid, titanium dioxide, triacetin

**Questions or Comments?**

call **1-877-770-3183**

Mon-Fri 8:00 AM EST to 5:00 PM PST.

**Principal Display Panel**

size	:1+3/4 X 1+3/4 X 3+3/8	v
ref #	:PP180604B	d
material	:.016 SBS	

COATING FREE AREA

200000003795  
700000002365

**Drug Facts (continued)**  
FD&C blue # 1, FD&C blue # 2, FD&C red # 40, FD&C yellow # 6, gelatin, hydroxypropyl cellulose, hypromellose, isopropyl alcohol, microcrystalline cellulose, n-butyl alcohol, polydioxane, pregelatinized starch, propylene glycol, shellac glaze, stearic acid, titanium dioxide, triacetin.

**Questions or comments?**  
call 1-877-770-3183 Mon-Fri 8:00 AM EST to 5:00 PM PST

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MADE IN INDIA  
OUR PROMISE  
100% GUARANTEED  
TYLENOL BRAND

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PETER LUNG BRANDS LLC  
P.O. BOX 95  
PLEASANTON, CA 94698-0095  
949-774-9829  
www.tylenol.com

**IMPORTANT: READ ALL PRODUCT INFORMATION BEFORE USING. KEEP THIS CARTON FOR IMPORTANT INFORMATION ON TAMPER EVIDENT. DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

**Drug Facts**

Active ingredients (in each gelcap)	Purposes
Acetaminophen USP 500 mg	Pain reliever
Diphenhydramine HCl USP 25 mg	Nighttime sleep aid

**Uses**  
temporary relief of occasional headaches and minor aches and pains with accompanying drowsiness.

**Warnings**  
**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take: more than 4,000 mg of acetaminophen in 24 hours with other drugs containing acetaminophen 3 or more alcoholic drinks every day while using this product.

**Allergy alert:** acetaminophen may cause severe skin reactions. Symptoms may include: skin redness, hives, rash. If a skin reaction occurs, stop use and seek medical help right away.

**Do not use** with any other drug containing acetaminophen (prescription or nonprescription), if you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist with any other product containing diphenhydramine, even one used on skin in children under 12 years of age if you have ever had an allergic reaction to this product or any of its ingredients.

**Ask a doctor before use if you have** liver disease, a breathing problem such as emphysema or chronic bronchitis, trouble urinating due to an enlarged prostate gland, glaucoma.

**Ask a doctor or pharmacist before use if you are**

**Drug Facts (continued)**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**  
drowsiness will occur avoid alcoholic drinks do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**  
drowsiness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness pain gets worse or lasts more than 10 days fever gets worse or lasts more than 3 days redness or swelling is present new symptoms occur

**If pregnant or breast-feeding, ask a health professional before use.**  
Keep out of the reach of children.  
**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms. These could be signs of a serious condition.

**Directions** do not take more than directed (see overdose warning)  
adults and children take 2 gelcaps at bedtime  
12 years and over do not take more than 2 gelcaps of this product in 24 hours  
children under 12 years do not use

**Other information**  
store between 20°-25°C (68°-77°F). See USP Controlled Room Temperature  
see end panel for expiration date and lot number

**Inactive ingredients** croscarmellose sodium, D&C red # 28, D&C yellow # 10.



Compare to Extra Strength Tylenol PM active ingredients\*

NDC 21130-354-02

Quality Guaranteed

PMS 286 CMYK  
PMS 424 CMYK

**Extra Strength Pain Relief PM**  
ACETAMINOPHEN USP, 500 mg  
DIPHENHYDRAMINE HCl USP, 25 mg  
Pain Reliever/Nighttime Sleep-Aid

**RAPID RELEASE**

Actual Size  
20 GELCAPS

Compare to Extra Strength Tylenol PM active ingredients\*

NDC 21130-354-02

ASPIRIN FREE

MADE IN INDIA

OUR PROMISE

100% GUARANTEED

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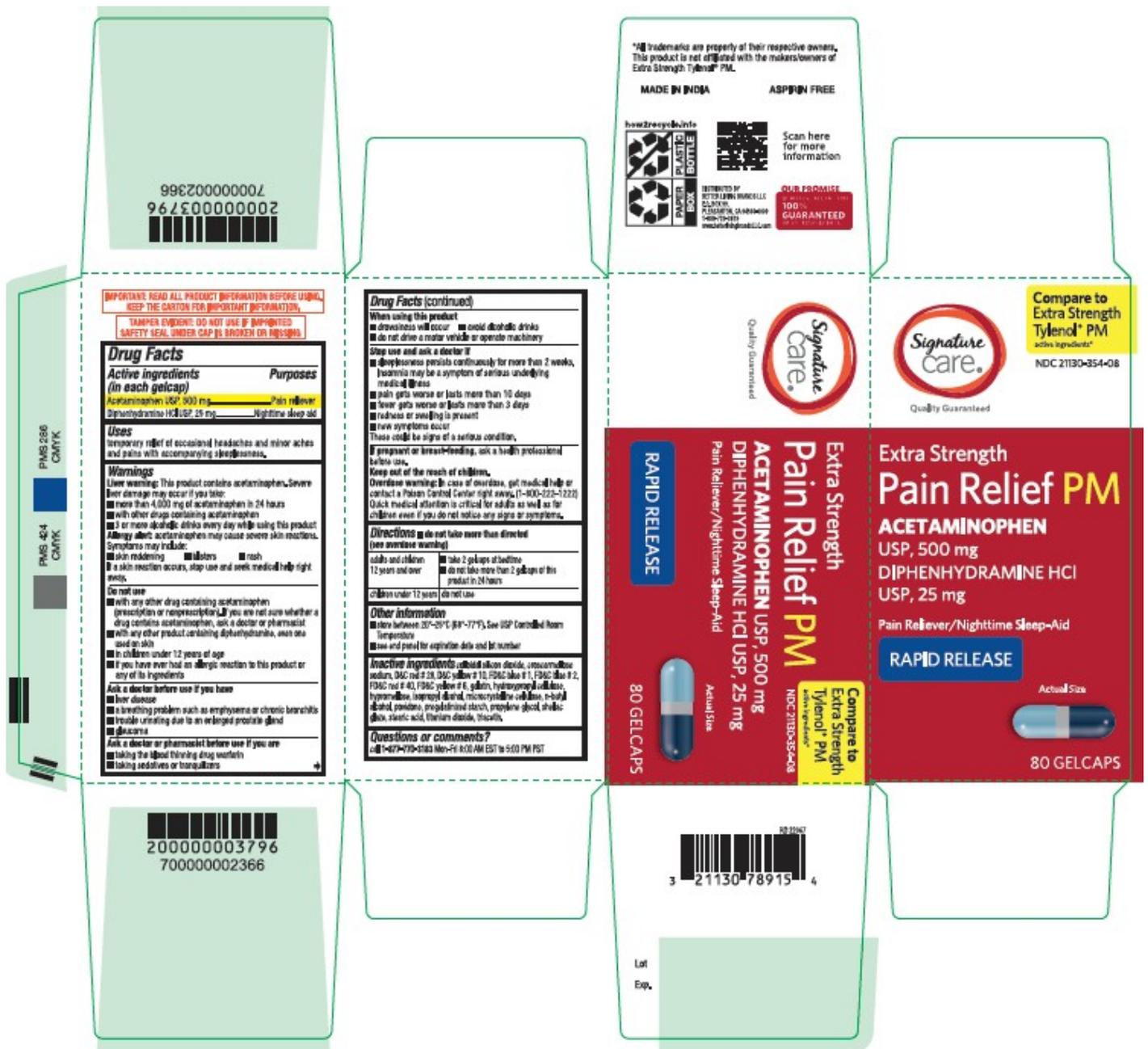
Scan here for more information  
RD 22067

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Lot Exp.

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Principal Display Panel



# ACETAMINOPHEN DIPHENHYDRAMINE HCL

acetaminophen diphenhydramine hcl tablet

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:21130-354
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	
<b>D&amp;C RED NO. 28</b> (UNII: 767IP0Y5NH)	
<b>BUTYL ALCOHOL</b> (UNII: 8PJ61P6TS3)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>TRIACETIN</b> (UNII: XHX3C3X673)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>HYPROMELLOSE 2208 (100 MPA.S)</b> (UNII: B1QE5P712K)	
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>SHELLAC</b> (UNII: 46N107B71O)	
<b>FD&amp;C YELLOW NO. 6</b> (UNII: H77VEI93A8)	
<b>D&amp;C YELLOW NO. 10</b> (UNII: 35SW5USQ3G)	
<b>ISOPROPYL ALCOHOL</b> (UNII: ND2M416302)	
<b>POVIDONE K30</b> (UNII: U725QWY32X)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>HYDROXYPROPYL CELLULOSE, UNSPECIFIED</b> (UNII: 9XZ8H6N6OH)	
<b>FD&amp;C BLUE NO. 2</b> (UNII: L06K8R7DQK)	
<b>CROSCARMELLOSE SODIUM</b> (UNII: M28OL1HH48)	

## Product Characteristics

<b>Color</b>	gray ((Encapsulated gray color tablets with dark blue opaque and light blue opaque hard gelatin shells))	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	20mm
<b>Flavor</b>		<b>Imprint Code</b>	G3
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-354-02	20 in 1 BOTTLE; Type 0: Not a Combination Product	12/12/2022	
2	NDC:21130-354-08	80 in 1 BOTTLE; Type 0: Not a Combination Product	12/12/2022	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	12/12/2022	

Revised: 12/2025

BETTER LIVING BRANDS LLC.