

**ALAHIST PE- dexbrompheniramine maleate, phenylephrine hydrochloride tablet**  
**Poly Pharmaceuticals, Inc.**

-----  
**Alahist PE**

**Active Ingredients**

(in each tablet)

Dexbrompheniramine Maleate 2 mg

Phenylephrine Hydrochloride 7.5 mg

**Purpose**

Dexbrompheniramine Maleate- -Antihistamine

Phenylephrine Hydrochloride-- Nasal Decongestant

**Uses**

Temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:

- runny nose
- sneezing
- itching of the nose or throat
- itchy, water eyes
- nasal congestion
- reduces swelling of nasal passages

**Warnings**

**Do not use this product**

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to enlargement of the prostate gland
- heart disease
- high blood pressure
- thyroid disease
- diabetes

**Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.**

**When Using This product**

- excitability may occur, especially in children
- may cause drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- use caution when driving a motor vehicle or operating machinery

**Stop use and Ask Doctor if**

- nervousness, dizziness, or sleeplessness occur
- symptoms do not improve within 7 days or are accompanied by fever

**If Pregnant or Breastfeeding**

ask a health professional before use.

**Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

---

Adults and children 12 years of age and over:	1 tablet every 4 hours, not to exceed 6 tablets in 24 hours, or as directed by a doctor.
Children 6 to under 12 years of age	1/2 tablet every 4 hours, not to exceed 3 tablets in 24 hours, or as directed by a doctor.
Children under 6 years of age:	Consult a doctor.

---

**Other Information**

Store at 15°-30°C (59°-86°F). Supplied in a tight, light-resistant container with a child-resistant cap. Alahist PE Tablets are dark purple, caplet-shaped, scored tablets, debossed "Poly" bisect "782" on one side and plain on the other.

**Inactive ingredients**

Croscarmellose sodium, D&C Red # 27 aluminum lake, FD&C Blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, pregelatinized starch, silicon dioxide

**Questions? Comments?**

Call 1-800-882-1041

# Alahist PE Label

Manufactured for  
Poly Pharmaceuticals  
Huntsville, AL 35763



<p>Ask a doctor before use if you have</p> <ul style="list-style-type: none"> <li>a breathing problem such as emphysema or chronic bronchitis</li> <li>glaucoma</li> <li>trouble urinating due to enlargement of the prostate gland</li> <li>heart disease</li> <li>high blood pressure</li> <li>thyroid disease</li> <li>diabetes</li> </ul> <p>Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.</p>	<p><b>Drug Facts</b></p> <p><b>Active ingredients (in each tablet)</b></p> <table border="0"> <tr> <td>Dexbrompheniramine Maleate 2 mg</td> <td>Antihistamine</td> </tr> <tr> <td>Phenylephrine Hydrochloride 7.5 mg</td> <td>Nasal Decongestant</td> </tr> </table> <p><b>Uses</b></p> <p>Temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:</p> <ul style="list-style-type: none"> <li>runny nose</li> <li>sneezing</li> <li>itching of the nose or throat</li> <li>itchy, watery eyes</li> <li>nasal congestion</li> <li>reduces swelling of nasal passages</li> </ul>	Dexbrompheniramine Maleate 2 mg	Antihistamine	Phenylephrine Hydrochloride 7.5 mg	Nasal Decongestant	<p><b>Drug Facts (continued)</b></p> <p><b>Warnings</b></p> <p>Do not exceed recommended dosage.</p> <p><b>Do not use this product</b></p> <ul style="list-style-type: none"> <li>if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.</li> </ul>	<p><b>Drug Facts (continued)</b></p> <p><b>When using this product</b></p> <ul style="list-style-type: none"> <li>excitability may occur, especially in children</li> <li>may cause drowsiness</li> <li>avoid alcoholic drinks</li> <li>alcohol, sedatives, and tranquilizers may increase the drowsiness effect</li> <li>use caution when driving a motor vehicle or operating machinery</li> </ul>
Dexbrompheniramine Maleate 2 mg	Antihistamine						
Phenylephrine Hydrochloride 7.5 mg	Nasal Decongestant						
11.8438"							
<p><b>Drug Facts (continued)</b></p> <p><b>Stop use and ask a doctor if</b></p> <ul style="list-style-type: none"> <li>nervousness, dizziness, or sleeplessness occur</li> <li>symptoms do not improve within 7 days or are accompanied by fever</li> </ul> <p><b>If pregnant or breast-feeding, ask a health professional before use.</b></p> <p><b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away.</p>	<p><b>Drug Facts (continued)</b></p> <p><b>Directions</b></p> <p>Adults and children 12 years of age and over:</p> <p>1 tablet every 4 hours, not to exceed 6 tablets in 24 hours, or as directed by a doctor.</p> <p>Children 6 to under 12 years of age:</p> <p>1/2 tablet every 4 hours, not to exceed 3 tablets in 24 hours, or as directed by a doctor.</p> <p>Children under 6 years of age:</p> <p>Consult a doctor.</p>	<p><b>Drug Facts (continued)</b></p> <p><b>Other information</b></p> <p>Store at 15°-30°C (59°-86°F). Supplied in a tight, light-resistant container with a child-resistant cap. Alahist PE tablets are dark purple, caplet-shaped, scored tablets, debossed "Poly bisect 788" on one side and plain on the other.</p> <p><b>Inactive ingredients</b></p> <p>Croscarmellose sodium, D&amp;C Red # 27 aluminum lake, FD&amp;C Blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, pregelatinized starch, silicon dioxide</p>	<p><b>Drug Facts (continued)</b></p> <p><b>Questions? Comments?</b> Call 1-800-882-1041</p> <p>Manufactured for Poly Pharmaceuticals Huntsville, AL 35763 Rev. 05/2020</p>				

## ALAHIST PE

dexbrompheniramine maleate, phenylephrine hydrochloride tablet

Product Information			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50991-788
<b>Route of Administration</b>	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name		Basis of Strength	Strength
DEXBROMPHENIRAMINE MALEATE (UNII: BPA9UT29BS) (DEXBROMPHENIRAMINE - UNII: 75T64B71RP)		DEXBROMPHENIRAMINE MALEATE	2 mg
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII: 1WS297W6MV)		PHENYLEPHRINE HYDROCHLORIDE	7.5 mg
Inactive Ingredients			
Ingredient Name			Strength

<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>CROSCARMELOSE SODIUM</b> (UNII: M28OL1HH48)	
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>D&amp;C RED NO. 27</b> (UNII: 2LRS185U6K)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	

### Product Characteristics

<b>Color</b>	purple	<b>Score</b>	2 pieces
<b>Shape</b>	CAPSULE	<b>Size</b>	11mm
<b>Flavor</b>		<b>Imprint Code</b>	Poly;782
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50991-788-90	90 in 1 BOTTLE; Type 0: Not a Combination Product	08/24/2020	
2	NDC:50991-788-02	12 in 1 BLISTER PACK; Type 0: Not a Combination Product	08/24/2020	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	08/24/2020	

**Labeler** - Poly Pharmaceuticals, Inc. (198449894)

Revised: 12/2025

Poly Pharmaceuticals, Inc.