

**HAPPY HEART- bromus ramosus, flos, calc fluor, centaurium umbellatum, flos, fer phos, ilex aquifolium, flos, kali phos, mag phos, nat mur spray
Siddha Flower Essences LLC**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Drug Facts

Active Ingredient

Each dose contains equal parts of:

Bromus ramosus, flos (Wild Oat) 5X HPUS

Calc Fluor 12X HPUS

Centaurium umbellatum, flos (Centaury) 5X HPUS

Fer Phos 12X HPUS

Ilex aquifolium, flos (Holly) 5X HPUS

Kali Phos 6X HPUS

Mag Phos 12X HPUS

Nat Mur 6X HPUS

Purpose

Each dose contains equal parts of:

Bromus ramosus, flos (Wild Oat) 5X HPUS.....uncertainty about ambitions

Calc Fluor 12X HPUS.....indecision

Centaurium umbellatum, flos (Centaury) 5X HPUS.....weakness of will; inability to say no

Fer Phos 12X HPUS.....anxiety in the heart; soft pulse; confusion of mind

Ilex aquifolium, flos (Holly) 5X HPUS.....frequently feel offended or hurt

Kali Phos 6X HPUS.....exhaustion after moderate mental effort

Mag Phos 12X HPUS.....nervous palpitation, persistent depression of spirits

Nat Mur 6X HPUS.....heart feels constricted; fluttering pulse; melancholy; absence of mind

The letters HPUS indicate that these ingredients are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses

- temporarily relieves symptoms of
- anxiety in heart
- indecision
- melancholy
- uncertainty about ambitions
- soft pulse
- weak will

indications are based on homeopathic materia medica, not clinical tests.

Warnings

Stop use and ask a doctor if symptoms persist or worsen

If pregnant or breast-feeding ask a health professional before use

Keep out of reach of children

Directions

- best if used in the morning and just before bed
- use 5 days per week until symptoms are relieved

adults and children 12 years and over	4-5 sprays in mouth twice per day
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children 2 years to under 12 years	2-3 sprays in mouth twice per day
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children under 2 years	consult a doctor
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Other Information

- do not use if plastic seal around cap is broken or missing.
- store in a cool, dry place.

Inactive Ingredients

Bleeding Heart*, Milkmaids*, Natural Flavor, Phlox*, Pink Powder Puff*, Purified Water, Quinoa*, Rhubarb*, Rosa Castilian*, Rosa Macrophylla*, Rosa Primula*, Silversword*, Washington Lily*, Yellow Star Thistle*

*flower essence

Questions or Comments?

Call 800.570.0021

Between 9am-5pm PST

info@siddhaflowers.com

siddhaflowers.com

MFD by Siddha Flower Essences
Oxnard, CA 93030

Made in USA

Side Panel

flower essences and homeopathy:

- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy and gluten free
- Prepared in purified water with natural preservatives
- Blends time-tested natural medicine with modern technology
- One month supply

FOUNDATIONAL REMEDIES

may be used with targeted remedies

stress relief
daily alignment

emotional detox
deep-seated stress

TARGETED REMEDIES

sleep	male balance
healthy hair	blood sugar
female balance	lung and sinus
muscles and joints	throat and voice
youthful skin	teeth and gums
happy heart	hearing
digestion	sight

Principal Display Panel

one whose
heart is soft

happy heart

homeopathic oral spray

non GMO • no alcohol

NDC: 69779-016-01



SIDDHA
REMEDIES

ELEVATE YOUR NATURE

happy heart

Anxiety in Heart
Boundaries
Indecision



* flower essence

Drug Facts

Active Ingredient Purpose

Each dose contains equal parts of:

Bromus ramosus, flos 5X HPUS.....uncertainty
(Wild Oat) about ambitions

Calc Fluor 12X HPUS.....indecision

Centaurium umbellatum, flos 5X HPUS.....
(Centaury) weakness of will; inability to say no

Fer Phos 12X HPUS.....anxiety in the
heart; soft pulse; confusion of mind

Ilex aquifolium, flos 5X HPUS.....frequently
(Holly) feel offended or hurt

Kali Phos 6X HPUS.....exhaustion after
moderate mental effort

Mag Phos 12X HPUS.....nervous
palpitation, persistent
depression of spirits

Nat Mur 6X HPUS.....heart feels
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Uses

• temporarily relieves symptoms of

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• indecision

• melancholy

• uncertainty about ambitions

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• weakness of will

indications are based on homeopathic
materia medica, not clinical tests.

Warnings

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persist or worsen

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professional before use

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Drug Facts (continued)

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• best if used in the morning and just
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4-5 sprays
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children 2 years
to under 12
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Other Information

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cap is broken or missing.

• store in a cool, dry place.

Inactive Ingredients

Bleeding Heart*, Distilled Water,
Milkmaids*, Natural Flavor, Phlox*,
Pink Powder Puff*, Quinoa*,
Rhubarb*, Rosa Castilian*, Rosa
Macrophylla*, Rosa Primula*,
Silversword*, Washington Lily*,
Yellow Star Thistle*

Questions or Comments?

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Between 9am-5pm PST

info@siddharemedies.com

siddharemedies.com

MFD by Siddha Remedies

Oxnard, CA 93030

Made in USA

sugar, dairy & gluten free

Homeopathic Remedy

1 US fl oz (29.6mL)



Lot No.

With Love & Gratitude

flower essences & homeopathy:

- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy & gluten free
- Prepared in distilled water with natural preservatives
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FOUNDATIONAL REMEDIES

may be used with targeted remedies

stress relief

daily alignment

emotional detox

deep-seated stress

TARGETED REMEDIES

sleep

healthy hair

female balance

muscles & joints

youthful skin

happy heart

digest

male balance

blood sugar

lung & sinus

throat & voice

teeth & gums

hearing

sight

100% natural - no alcohol

siddha cell salts + flower essences

happy heart

Anxiety in Heart

Boundaries

Indecision

sugar, dairy and gluten free

Homeopathic Remedy

1 US fl oz (29.6mL)

HAPPY HEART			
bromus ramosus, flos, calc fluor, centaurium umbellatum, flos, fer phos, ilex aquifolium, flos, kali phos, mag phos, nat mur spray			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69779-016
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name		Basis of Strength	Strength
BROMUS RAMOSUS FLOWER (UNII: 0W9O574LE8) (BROMUS RAMOSUS FLOWER - UNII:0W9O574LE8)		BROMUS RAMOSUS FLOWER	5 [hp_X] in 29.6 mL
CALCIUM FLUORIDE (UNII: O3B55K4YKI) (FLUORIDE ION - UNII:Q80VPU4080)		CALCIUM FLUORIDE	12 [hp_X] in 29.6 mL
CENTAURIUM ERYTHRAEA FLOWER (UNII: B204P54Z1F) (CENTAURIUM ERYTHRAEA FLOWER - UNII:B204P54Z1F)		CENTAURIUM ERYTHRAEA FLOWER	5 [hp_X] in 29.6 mL
FERROSFERRIC PHOSPHATE (UNII: 91GQH8I5F7) (FERROSFERRIC PHOSPHATE - UNII:91GQH8I5F7)		FERROSFERRIC PHOSPHATE	12 [hp_X] in 29.6 mL
ILEX AQUIFOLIUM FLOWERING TOP (UNII: 5ENR9SAN1W) (ILEX AQUIFOLIUM FLOWERING TOP - UNII:5ENR9SAN1W)		ILEX AQUIFOLIUM FLOWERING TOP	5 [hp_X] in 29.6 mL
POTASSIUM PHOSPHATE, DIBASIC (UNII: CI71S98N1Z) (POTASSIUM CATION - UNII:295O53K152)		POTASSIUM PHOSPHATE, DIBASIC	6 [hp_X] in 29.6 mL
MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)		MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	12 [hp_X] in 29.6 mL
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4MONH37)		SODIUM CHLORIDE	6 [hp_X] in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
LAMPROCAPNOS SPECTABILIS FLOWER (UNII: X4GD45IWN4)	
WATER (UNII: 059QF0KO0R)	
CHENOPODIUM QUINOA FLOWERING TOP (UNII: 85RTT6LAYP)	
RHUBARB (UNII: G280W4MW6E)	
ROSA DAMASCENA FLOWER (UNII: JWB78P295A)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69779-016-01	1 in 1 CARTON	05/06/2015	
1		29.6 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		05/06/2015	

Labeler - Siddha Flower Essences LLC (053674034)

Registrant - Siddha Flower Essences LLC (053674034)

Establishment

Name	Address	ID/FEI	Business Operations
Siddha Flower Essences LLC		053674034	manufacture(69779-016)

Revised: 12/2025

Siddha Flower Essences LLC