

NICOTINE TRANSDERMAL SYSTEM STEP 1- nicotine patch, extended release
NICOTINE TRANSDERMAL SYSTEM STEP 2- nicotine patch, extended release
NICOTINE TRANSDERMAL SYSTEM STEP 3- nicotine patch, extended release
Rugby Laboratories

Drug Facts

Active ingredient Step 1 (in each patch)

Nicotine, 21 mg delivered over 24 hours

Active ingredient Step 2 (in each patch)

Nicotine, 14 mg delivered over 24 hours

Active ingredient Step 3 (in each patch)

Nicotine, 7 mg delivered over 24 hours

Purpose

Stop smoking aid

Use

reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Ask a doctor before use if you have

- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- stomach ulcer or diabetes.
- history of seizures.

Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

When using this product

- if you have vivid dreams or other sleep disturbances remove this patch at bedtime

Stop use and ask a doctor if

- skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

Keep out of reach of children and pets.

Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Directions

- **if you are under 18 years of age, ask a doctor before use**
- before using this product, read the enclosed self-help guide for complete directions and other information
- begin using the patch on your quit day
- if you smoke **more than 10 cigarettes per day**, use the following schedule below:

STEP 1	STEP 2	STEP 3
Use one 21 mg patch/day	Use one 14 mg patch/day	Use one 7 mg patch/day
Weeks 1-4	Weeks 5-6	Weeks 7-8

- if you smoke **10 or less cigarettes per day**, start with **Step 2** for 6 weeks, then **Step 3** for 2 weeks
- apply one new patch every 24 hours on skin that is dry, clean and hairless
- remove backing from patch and immediately press onto skin. Hold for 10 seconds.
- wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.
- the used patch should be removed and a new one applied to a different skin site at the same time each day
- if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning
- do not wear more than one patch at a time

- do not cut patch in half or into smaller pieces
- do not leave patch on for more than 24 hours because it may irritate your skin and loses strength after 24 hours
- to avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures
- It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

Other information

store at 20-25°C (68-77°F)

Inactive ingredients

Acrylate adhesive, aluminized polyester, cellulose paper, methacrylic acid copolymer

Questions or comments?

call **1-800-585-8682**

Weekdays (9am-8pm ET) or visit us at www.habitrol.com

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioural support program, such as the one described in the enclosed booklet.

For your family's protection, patches are supplied in child-resistant pouches. **Do not use if individual pouch is open or torn.**

- **Not for sale to persons under 18 years of age.**
- **Proof of age required.**
- **Not for sale in vending machines or from any source where proof of age cannot be verified.**

Principal Display Panel



Nicotine Transdermal System PATCH

21 mg delivered over 24 hours

STOP SMOKING AID

Includes: Behavior Support Program with self-help guide

STEP 1

IF YOU SMOKE **MORE** THAN 10 CIGARETTES PER DAY: START WITH STEP 1

IF YOU SMOKE 10 OR **LESS** CIGARETTES PER DAY: START WITH STEP 2

Principal Display Panel



NicotineTransdermalSystemPATCH

14 mg delivered over 24 hours

STOP SMOKING AID

Includes: Behavior Support Program with self-help guide

STEP 2

IF YOU SMOKE **MORE** THAN 10 CIGARETTES PER DAY: USE AFTER COMPLETING STEP 1

IF YOU SMOKE 10 OR **LESS** CIGARETTES PER DAY: START WITH STEP 2

Principal Display Panel



Nicotine Transdermal System PATCH

7 mg delivered over 24 hours

STOP SMOKING AID

Includes: Behavior Support Program with self-help guide

STEP 3

FOR USE AFTER COMPLETING STEP 2

NICOTINE TRANSDERMAL SYSTEM STEP 1			
nicotine patch, extended release			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0536-1108
Route of Administration	TRANSDERMAL		
Active Ingredient/Active Moiety			
Ingredient Name		Basis of Strength	Strength
NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)		NICOTINE	21 mg in 24 h
Inactive Ingredients			

Ingredient Name		Strength		
Methacrylic Acid (UNII: 1CS02G8656)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0536-1108-88	14 in 1 CARTON	04/01/2016	
1		24 h in 1 PATCH; Type 2: Prefilled Drug Delivery Device/System (syringe, patch, etc.)		
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
NDA	NDA020076	04/01/2016		

NICOTINE TRANSDERMAL SYSTEM STEP 2				
nicotine patch, extended release				
Product Information				
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0536-1107	
Route of Administration	TRANSDERMAL			
Active Ingredient/Active Moiety				
Ingredient Name		Basis of Strength	Strength	
NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)		NICOTINE	14 mg in 24 h	
Inactive Ingredients				
Ingredient Name			Strength	
Methacrylic Acid (UNII: 1CS02G8656)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0536-1107-88	14 in 1 CARTON	04/01/2016	
1		24 h in 1 PATCH; Type 2: Prefilled Drug Delivery Device/System (syringe, patch, etc.)		
Marketing Information				

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
NDA	NDA020076	04/01/2016	

NICOTINE TRANSDERMAL SYSTEM STEP 3

nicotine patch, extended release

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0536-1106
Route of Administration	TRANSDERMAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	7 mg in 24 h

Inactive Ingredients

Ingredient Name	Strength
Methacrylic Acid (UNII: 1CS02G8656)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0536-1106-88	14 in 1 CARTON	04/01/2016	
1		24 h in 1 PATCH; Type 2: Prefilled Drug Delivery Device/System (syringe, patch, etc.)		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
NDA	NDA020076	04/01/2016	

Labeler - Rugby Laboratories (079246066)

Revised: 6/2023

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