

**POWERFUL PAIN RELIEF- arnica montana cream  
BACK TO NORMAL, LLC**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

-----

ACTIVE INGREDIENTS

ARNICA MONTANA HPUS (1X)

PURPOSE

FOR HEADACHES, MUSCLES & JOINTS

USES: FIGHTS MUSCLE & JOINT PAIN, INFLAMMATION AND HEADACHES.

DIRECTIONS: APPLY CREAM TO ENTIRE AREA OF PAIN LOCATION AND SURROUNDING AREAS UNTIL ABSORBED INTO SKIN. MASSAGE INTO SKIN FOR BEST RESULT. USE AS NEEDED.

INACTIVE INGREDIENTS: WATER, ISOPROPYLE PALMITATE, GLYCERY STEARATE, PEG-100 STEARATE,

NIACINAMIDE (VITAMIN B3), CETEARYL ALCOHOL, POLYSORBATE 60, PROPYLENE GLYCOL, STEARYL

ALCOHOL, GLYCERIN, CHAMOMILLA RECUTITA (MATRICARIA) FLOWER EXTRACT, LAVANDULA ANGUSTIFOLIA

(LAVENDER) FLOWER/LEAF/STEM, ROSMARINUS OFFICINALIS (ROSEMARY) LEAF EXTRACT, THYMUS VULGARIS

(THYME) FLOWER/LEAF EXTRACT, ACHILLEA MILLEFOLIUM EXTRACT, MENTHA PIPERITA (PEPPERMINT) LEAF

EXTRACT, EUCALYPTUS GLOVULUS LEAF EXTRACT, ORIGANUM MAJORANA LEAF EXTRACT, ZINGIBER OFFICINALE

(GINGER) ROOT EXTRACT, JUNIPERUS COMMUNIS FRUIT EXTRACT, SANTALUM ALBUM (SANDALWOOD) EXTRACT,

SALVIA SCLAREA (CLARY) EXTRACT, JUNIPERUS PHOENICEA GUM EXTRACT, POTASSIUM LACTATE, PHENOXYETHANOL,

BENZOIC ACID, ETHYLHEXYLGLYCERIN, GLYCERETH-2 COCOATE, HYDROXYPROPYL METHYLCELLULOSE, ACRYLATES/

C10-30 ALKYL ACRYLATE CROSSPOLYMER, FRAGRANCE, GLUCONOLACTONE, SODIUM BENZOATE, ALOE BARBADENSIS

LEAF JUICE

WARNING: FOR EXTERNAL USE ONLY. AVOID CONTACT WITH EYES, DAMAGED SKIN OR WOUNDS.

KEEP OUT OF REACH OF CHILDREN.

**Directions for Best Results:**

- Download our "Stretching Guide" from [www.BackToNormalLife.com](http://www.BackToNormalLife.com)
- Apply and massage Arnica Cream into the pain location and surrounding areas
- Stretch as recommended by our "Stretching Guide"



**BackToNormal**  
**Arnica Cream**

**Powerful Pain Relief**  
for Headaches, Muscles & Joints

Net Wt. 2oz (57g)

**Usage Cautions:**

For External use only. Avoid contact with eyes, damaged skin, or wounds.

Building Happier lives Through Pain Relief  
1-866-295-3899 | [BackToNormalLife.com](http://BackToNormalLife.com)  
MADE IN USA  
Dist. by Back To Normal, LLC • Las Vegas, NV 89145

**Ingredients:**  
WATER, ARNICA MONTANA (ARNICA) FLOWER EXTRACT, ISOPROPYL PALMITATE, GLYCERYL STEARATE, PEG-100 STEARATE, MYCINAMIDE (VITAMIN B3), CETEARYL ALCOHOL, POLYSORBATE 80, PROPYLENE GLYCOL, STEARYL ALCOHOL, GLYCERIN, CHAMOMILLA RECUTITA (MATHIASBARR) FLOWER EXTRACT, LAWANJOLA ANGUSTIFOLIA (LAVENDER) FLOWER/LEAF/STEM, ROMARINUS OFFICINALIS (ROSEMARY) LEAF EXTRACT, THYANUS VULGARIS (THYME) FLOWER/LEAF EXTRACT, ACHILLEA MILEFOLIUM EXTRACT, MENTHA PIPERITA (PEPPERMINT) LEAF EXTRACT, EUCALYPTUS GLOBULUS LEAF EXTRACT, ORIGANUM MAJORANA LEAF EXTRACT, ZINGIBER OFFICINALE (GINGER) ROOT EXTRACT, JUNIPERUS COMMUNIS FRUIT EXTRACT, SANTALUM ALBUM (SANDALWOOD) EXTRACT, SALVIA SCLAREA (CLARIF) EXTRACT, JUNIPERUS PHOENICEA (GUM) EXTRACT, POTASSIUM LACTATE, PHENOXYETHANOL, BENZOIC ACIDE ETHYLHEXYL GLYCERIN, GLYCERETH-2 COCOATE, HYDROXYPROPYL METHYL CELLULOSE, ACRYLATES/C10-30 ALKYL ACRYLATE, CROSSPOLYMER, FRAGRANCE, GLUCONOLACTONE, SODIUM BENZOATE, ALOE BARBADENSIS LEAF JUICE

**Directions:**  
Apply cream to entire area of pain location and surrounding areas until absorbed into skin. Massage into skin for best result. Use as needed.

**Usage Cautions:**  
For external use only. Avoid contact with eyes, damaged skin, or wounds.

**Proprietary blend of 15 BOTANICAL EXTRACTS**

**BackToNormal Arnica Cream**

**Arnica Cream**  
Natural Pain Relief

You're in pain. We understand. For centuries, Europeans have relied on Arnica Montana as a natural pain reliever and anti-inflammatory. We start with this time-tested remedy as our foundation and add our proprietary blend of essential extracts, bringing you a product that fights muscle & joint pain, inflammation, and headaches.

**Powerful Pain Relief**  
for Headaches  
Muscles & Joints

Net Wt. 2oz (57g)

**POWERFUL PAIN RELIEF**

arnica montana cream

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:70992-101
<b>Route of Administration</b>	TOPICAL		

**Active Ingredient/Active Moiety**

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	1 [hp_X] in 100 g

**Inactive Ingredients**

<b>Ingredient Name</b>	<b>Strength</b>
WATER (UNII: 059QF0KO0R)	
ISOPROPYL PALMITATE (UNII: 8CRQ2TH63M)	
GLYCERYL STEARATE SE (UNII: FCZ5MH785I)	
PEG-100 STEARATE (UNII: YD01N1999R)	
NIACINAMIDE (UNII: 25X51I8RD4)	
CETOSTEARYL ALCOHOL (UNII: 2DMT128M1S)	
POLYSORBATE 60 (UNII: CAL22UVI4M)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
STEARYL ALCOHOL (UNII: 2KR89I4HIY)	
GLYCERIN (UNII: PDC6A3C0OX)	
CHAMOMILE (UNII: FGL3685T2X)	
LAVANDULA ANGUSTIFOLIA FLOWER (UNII: 19AH1RAF4M)	
ROSEMARY (UNII: IJ67X351P9)	
THYMUS VULGARIS LEAF (UNII: GRX3499643)	
ACHILLEA MILLEFOLIUM (UNII: 2FXJ6SW4PK)	
MENTHA PIPERITA LEAF (UNII: A389O33LX6)	
EUCALYPTUS GLOBULUS LEAF (UNII: S546YLW6E6)	
ORIGANUM MAJORANA (UNII: R40XM3HU5X)	
GINGER (UNII: C5529G5J PQ)	
JUNIPER BERRY (UNII: O84B5194RL)	
SANDALWOOD (UNII: 3641YW25N2)	
CLARY SAGE (UNII: U3HSK5JC0Q)	
JUNIPERUS PHOENICEA RESIN (UNII: BZS0ODH12N)	
POTASSIUM LACTATE (UNII: 87V1KMK4QV)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	
BENZOIC ACID (UNII: 8SKN0B0MIM)	
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)	
GLYCERETH-2 COCOATE (UNII: JWM00VS7HC)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
CARBOMER COPOLYMER TYPE A (UNII: 71DD5V995L)	
GLUCONOLACTONE (UNII: WQ29KQ9POT)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
ALOE VERA LEAF (UNII: ZY81Z83H0X)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70992-101-52	1 in 1 BOX	09/21/2016	
1	NDC:70992-101-12	57 g in 1 JAR; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/21/2016	

**Labeler** - BACK TO NORMAL, LLC (056034702)**Establishment**

Name	Address	ID/FEI	Business Operations
HealthSpecialty		794053863	manufacture(70992-101)

Revised: 1/2020

BACK TO NORMAL, LLC