

**BETTER LIVING- phenylephrine hydrochloride spray**  
**BETTER LIVING BRANDS LLC**

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**Signature Care™ Nasal Spray Drug Facts**

**Active ingredient**

Phenylephrine hydrochloride 1%

**Purpose**

Nasal decongestant

**Uses**

for the temporary relief of nasal congestion due to:

- common cold
- hay fever
- upper respiratory allergies

**Warnings**

**Ask a doctor before use if you have**

- heart disease
- high blood pressure
- thyroid disease
- diabetes
- trouble urinating due to an enlarged prostate gland

**When using this product**

- **do not exceed recommended dosage**
- do not use for more than 3 days.
- use only as directed.
- frequent or prolonged use may cause nasal congestion to recur or worsen
- temporary discomfort such as burning, stinging, sneezing or an increase in nasal discharge may occur
- the use of this container by more than one person may spread infection

**Stop use and ask a doctor if**

symptoms persist.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

### **Directions**

- **adults and children 12 years of age & over: 2 or 3**sprays in each nostril not more often than every 4 hours
- **children under 12 years of age:**ask a doctor
- Use instructions: with head in a normal, upright position, put atomizer tip into nostril. Squeeze bottle with firm, quick pressure while inhaling. Wipe nozzle clean after each use.

### **Other information**

- store at room Temperature

### **Inactive ingredients**

benzalkonium chloride, benzyl alcohol, citric acid, purified water, sodium chloride, sodium citrate

### **Questions or comments?**

**1-866-467-2748**

### **Principal Display Panel**

Compare to the active ingredient in 4-Way Fast Acting Nasal Spray \*

NDC 21130-728-30

Signature Care <sup>™</sup>

### **Quality Guaranteed**

### **Nasal Spray**

Nasal Decongestant

Phenylephrine Hydrochloride

Fast acting relief of:

- Nasal congestion
- Sinus congestion
- Sinus pressure
- Swollen nasal membranes

1 FL OZ (30mL)

**DO NOT USE IF PRINTED SEAL OVER CAP IS TORN OR MISSING**

**Distributed By**

**IMPORTANT: Keep this carton for future reference on full labeling.**

\*This product is not manufactured or distributed by GSK Consumer Healthcare, the distributor of 4-Way<sup>®</sup> Fast acting Nasal Spray.



<b>BETTER LIVING</b>			
phenylephrine hydrochloride spray			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:21130-728
<b>Route of Administration</b>	NASAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	1 g in 100 mL

**Inactive Ingredients**

Ingredient Name	Strength
<b>BENZALKONIUM CHLORIDE</b> (UNII: F5UM2KM3W7)	
<b>BENZYL ALCOHOL</b> (UNII: LKG8494WBH)	
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>WATER</b> (UNII: 059QF0K00R)	
<b>SODIUM CHLORIDE</b> (UNII: 451W47IQ8X)	
<b>SODIUM CITRATE, UNSPECIFIED FORM</b> (UNII: 1Q73Q2JULR)	

**Product Characteristics**

<b>Color</b>	yellow ((Clear to slightly yellow))	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>		<b>Imprint Code</b>	
<b>Contains</b>			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-728-30	1 in 1 CARTON	04/17/2019	
1		30 mL in 1 BOTTLE; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	04/17/2019	

**Labeler** - BETTER LIVING BRANDS LLC (009137209)