

MILK OF MAGNESIA- magnesium hydroxide suspension

Fact Products

greens mom org

Active ingredient (in each 15 mL)

Magnesium hydroxide 1200 mg

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts over 14 days

Ask a doctor or pharmacist before use if you are taking a prescription drug.

This product may interact with certain prescription drugs.

Stop use and ask a doctor if

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- shake well before use
- do not exceed the maximum recommended daily dose in a 24 hour period
- dose may be taken once a day preferably at bedtime, in divided doses, or as directed

by a doctor

- drink a full glass (8 oz) of liquid with each dose

age	dose
adults and children 12 years and over	30 mL to 60 mL
children 6 to 11 years	15 mL to 30 mL
children under 6 years	ask a doctor

Other information

- **each 15 mL contains:** magnesium 500 mg
- avoid freezing
- store at room temperature tightly closed

Inactive ingredients

purified water, sodium hypochlorite

Questions or comments?

1-800-540-3765

package label

Original Flavor
NDC 80447-649-12



Milk of Magnesia

saline laxative
Magnesium Hydroxide

- Stimulant Free
- Cramp Free
- Sugar Free

12 fl oz (355 mL)

284-19112-0
REV0820



Drug Facts TAMPER EVIDENT: Do not use if imprinted neckband is missing or broken.

Active ingredient (in each 15 mL) Magnesium hydroxide 1200 mg	Purpose Saline laxative
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Use

- relieves occasional constipation (irregularity)
- generally produces bowel movement in ½ to 6 hours

Warnings

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984-19112-1 REV GC0525

Greens Brand Milk of Magnesia
Produced exclusively for
Fact Products, Inc.
Salt Lake City, UT, USA
www.factproducts.com
NAFDAC REG. No.:A4-100508

MILK OF MAGNESIA

magnesium hydroxide suspension

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:80447-649
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM HYDROXIDE (UNII: NBZ3QY004S) (MAGNESIUM CATION - UNII:T6V3LHY838, HYDROXIDE ION - UNII:9159UV381P)	MAGNESIUM HYDROXIDE	1200 mg in 15 mL

Inactive Ingredients				
Ingredient Name				Strength
WATER (UNII: 059QF0KO0R)				
SODIUM HYPOCHLORITE (UNII: DY38VHM5OD)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:80447-649-12	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	09/01/2020	
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug		M007	09/01/2020	

Labeler - Fact Products (052239835)

Registrant - GCP Laboratories (965480861)

Establishment

Name	Address	ID/FEI	Business Operations
GCP Laboratories		965480861	manufacture(80447-649)

Revised: 11/2025

Fact Products