

SLEEP AID- diphenhydramine hydrochloride capsule, liquid filled
SPIRIT PHARMACEUTICALS LLC

SLEEP AID

Drug Facts

Active ingredient
(in each softgel)

Diphenhydramine HCL 50 mg

Purpose

Nighttime sleep-aid

Uses

- for relief of occasional sleeplessness

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product

avoid alcoholic drinks

Stop use and ask a doctor if

sleeplessness persist continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.
1(800)222-1222

Directions

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

Inactive ingredients

FD&C Blue#1, gelatin, glycerin, polyethylene glycol-400, propylene glycol, sorbitol, titanium dioxide, water

Questions or comments?

1-888-333-9792

PRINCIPAL DISPLAY PANEL

PULL ME

Sleep sound and save 1 lb of plastic.



Feel good about feeling better.

We're Cabinet, the world's first refillable medicine system. We're on a mission to eliminate single-use plastic — one medicine cabinet at a time.

With this purchase you are saving a plastic bottle from the landfill, and by refilling you can save up to 1 lb of plastic yearly. All while getting a good night's rest. (And doesn't hurt that it looks pretty great in your cabinet too.)



REFILL ME, I'M GLASS!



¹ Less than the limit of detection and consistent with gluten-free diet labeling per FDA.

CABINET: Sleep Aid

COMPARE TO THE ACTIVE INGREDIENT IN:
Unisom® SleepGels®*

Diphenhydramine HCl 50 mg

RELIEVES:
SLEEPLESSNESS
Non-Habit Forming



1 REFILLABLE GLASS BOTTLE
72 SOFTGELS

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*This product is not manufactured or distributed by Chatten, Inc., owners of the registered trademark Unisom®

Keeping your medicine cabinet plastic-free is easy (with a really big impact).

Once this bottle is empty, simply refill with a Cabinet plastic-free, compostable refill pouch (again & again).



NDC: 68210-4179-3



Lot/Expiration ▼

ACC-1-10031

Distributed by Cabinet Health P.B.C.
Question/Comments? 1-888-333-9792

www.cabinethealth.com
@cabinet.health

SLEEP AID

diphenhydramine hydrochloride capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68210-4227
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

Inactive Ingredients

Ingredient Name	Strength
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SORBITOL (UNII: 506T60A25R)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
WATER (UNII: 059QF0KO0R)	

Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	13mm
Flavor		Imprint Code	206
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68210-4227-7	72 in 1 JAR; Type 0: Not a Combination Product	11/15/2022	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	11/15/2022	

Labeler - SPIRIT PHARMACEUTICALS LLC (179621011)