NIGHTTIME SLEEP AID- diphenhydramine hydrochloride capsule, liquid filled
SPIRIT PHARMACEUTICALS LLC

VALUMEDS NIGHTTIME SLEEP-AID

Drug Facts

Active ingredient
(in each softgel)

Diphenhydramine HCL 50 mg

Purpose

Nighttime sleep-aid

Uses

- for relief of occasional sleeplessness

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product

avoid alcoholic drinks

Stop use and ask a doctor if

sleeplessness persist continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. 1(800)222-1222

Directions

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

Inactive ingredients

FD&C Blue#1, gelatin, glycerin, polyethylene glycol-400, propylene glycol, sorbitol, titanium dioxide, water

Questions or comments?

1-888-333-9792

PRINCIPAL DISPLAY PANEL

VALUMEDS™

Compare to the active ingredient

in UNISOM®*

NIGHTTIME

SLEEP-AID

DIPHENHYDRAMINE HCl 50 mg

NIGHTTIME SLEEP-AID

Fall Asleep Fast
Sleep Soundly
Wake Refreshed
Safe/Non-Habit Forming

Drug Facts (continued)

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*This product is not manufactured or distributed by CHATTEM, INC., owners of the registered trademark Unisom®

ValuMeds™

Compare to the active ingredient in UNISOM®*

NIGHTTIME

SLEEP-AID

DIPHENHYDRAMINE HCl 50 mg

NIGHTTIME SLEEP-AID

- Fall Asleep Fast
- Sleep Soundly
- Wake Refreshed

Safe | Non-Habit Forming

96 SOFTGELS

LIQUID FILLED • ONE SOFTGEL PER DOSE

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

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(continued under label)

Distributed By: Spirit Pharmaceuticals, LLC
Ronkonkoma, NY 11779 ORIG 06/17

ITEM#60537-6

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PEEL HERE

Lot No.:

Exp. Date:

NIGHTTIME SLEEP AID

diphenhydramine hydrochloride capsule, liquid filled

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:68210-2020
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SORBITOL (UNII: 506T60A25R)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
WATER (UNII: 059QF0KO0R)	

Product Characteristics

Color	blue	**Score**	no score
Shape	OVAL	**Size**	13mm
Flavor		**Imprint Code**	206
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68210-2020-0	96 in 1 BOTTLE; Type 0: Not a Combination Product	04/16/2018	
2	NDC:68210-2020-1	2 in 1 CARTON	03/12/2020	
2		8 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	04/16/2018	

Labeler - SPIRIT PHARMACEUTICALS LLC (179621011)

Revised: 12/2023 SPIRIT PHARMACEUTICALS LLC