NICOTINE COATED ICE MINT- nicotine polacrilex gum, chewing Sam's West, Inc.

Nicotine Gum Ice Mint

Active Ingredient (in each chewing piece)

Nicotine Polacrilex....2 mg (nicotine)

Nicotine Polacrilex.....4 mg (nicotine)

Purpose

Stop smoking aid

Use

• Reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

Warnings

Pregnancy/Breastfeeding

If you are pregnant or breast feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Ask a doctor before use if you have

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

Stop use and ask a doctor if

- mouth, teeth, or jaw problems occur
- irregular heartbeat or palpitations occur

- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

Keep out of reach of children and pets.

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions (2 mg)

- if you are under 18 years of age, ask a doctor before use
- before using this product, read the enclosed User's Guide for complete instructions and other important information
- begin using the gum on your quit day
- if you smoke your first cigarette within 30 minutes of waking up, use 4 mg nicotine gum
- if you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 piece every	1 piece every	1 piece every
1 to 2 hours	2 to 4 hours	4 to 8 hours

- nicotine gum is a medicine and must be used in a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea, or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

Directions (4 mg)

- if you are under 18 years of age, ask a doctor before use
- before using this product, read the enclosed User's Guide for complete instructions and other important information
- begin using the gum on your quit day
- if you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum
- if you smoke your first cigarette within 30 minutes of waking up, use 4 mg

nicotine gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
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1 piece every	1 piece every	1 piece every
1 to 2 hours	2 to 4 hours	4 to 8 hours

- nicotine gum is a medicine and must be used in a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea, or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

Other information

- (2 mg) each piece contains: calcium 115 mg, sodium 8 mg
- (4 mg) each piece contains: calcium 120 mg, sodium 8 mg
- store at 20^o 25^oC (68^o-77^oF)
- protect from light

Inactive ingredients (2 mg)

acacia, acesulfame potassium, carnauba wax, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide, and xylitol.

Inactive ingredients (4 mg)

acacia, acesulfame potassium, carnauba wax, D&C yellow #10 aluminum lake, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide and xylitol.

Questions

Questions or comments? Call 1-877-440-7867

Additional information found on packaging

TO INCREASE YOUR SUCCESS IN QUITTING:

- 1. You must be motivated to quit.
- 2. Use Enough Chew at least 9 pieces of Nicotine Polacrilex Gum per day during the first six weeks.
- 3. Use Long Enough Use Nicotine Polacrilex Gum for the full 12 weeks.
- 4. Use with a support program as directed in the enclosed User's Guide.

To remove the gum, tear off single unit.

Peel off backing starting at corner with loose edge.

Push gum through foil.

Blister packaged for your protection.

Do not use if individual seals are open or torn.

- Not for sale to those under 18 years of age.
- Proof of age required.
- Not for sale in vending machines or from any source where proof of age cannot be verified.

Distributed by:

Sam's West, Inc.

Bentonville, AR 72716

DP22756 DP22757

Principal Display Panel

Compare to Nicorette[®] Gum White Ice Mint[®] active ingredient*

NDC 68196-013-01

Member's Mark™

2 mg

COATED Ice Mint Flavor

Sugar Free

Nicotine Gum

Nicotine Polacrilex Gum USP, (nicotine)

Stop Smoking Aid

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE MORE THAN 30 MINUTES AFTER WAKING UP

If you smoke your first cigarette WITHIN 30 MINUTES of waking up, use Nicotine Polacrilex Gum USP, 4 mg

actual size COATED Ice Mint Flavor

231

Pieces

*Nicorette $^{\mbox{\tiny B}}$ White Ice Mint $^{\mbox{\tiny B}}$ are registered trademarks of GlaxoSmithKline Consumer Healthcare, L.P.

This product is not affiliated with GlaxoSmithKline Consumer Healthcare, L.P.

DP22756



Nicotine Polacrilex Gum USP 2 mg Ice Mint Flavor

Principal Display Panel

Compare to Nicorette[®] Gum White Ice Mint[®] active ingredient*

NDC 68196-014-01

Member's Mark™

4 mg

COATED Ice Mint Flavor

Sugar Free

Nicotine Gum

Nicotine Polacrilex Gum USP, (nicotine)

Stop Smoking Aid

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITHIN 30 MINUTES OF WAKING UP

If you smoke your first cigarette MORE THAN 30 MINUTES after waking up, use Nicotine Polacrilex Gum USP, 2 mg

actual size COATED Ice Mint Flavor

231 Pieces

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Principal Display Panel



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Apply These Stickers



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NICOTINE COATED ICE MINT

nicotine polacrilex gum, chewing

P	roduct Infor	mation					
Pr	oduct Type		HUMAN OTC DRUG	ltem Code	(Source)	NE	DC:68196-013
Rc	oute of Admin	istration	ORAL				
Ac	tive Ingred	ient/Active	Moiety				
		Ingred	ient Name		Basis of Stre	engt	th Strength
110	COTINE (UNII: 61	M3C89ZY6R) (NI	COTINE - UNII:6M3C89ZY6F	R)	NICOTINE		2 mg
In	active Ingre	edients					
			Ingredient Name				Strength
	ACIA (UNII: 5C54		2201/7205001				
	ESULFAME PO						
				7565475)			
	GNESIUM OXID		90000 WAMW) (UNII: UKE	JGEA/F)			
	LACRILIN (UNII:	-	517 107				
	DIUM CARBON						
	LC (UNII: 75EV7I		2010/1)				
ТА	LC (UNII: 7SEV7J FANIUM DIOXID	4R1U)					
TA TII	TANIUM DIOXID	4R1U) E (UNII: 15FIX9V					
TA TII	-	4R1U) E (UNII: 15FIX9V					
TA TIT	TANIUM DIOXID	4R1U) E (UNII: 15FIX9V					
TA TII XY	TANIUM DIOXID	4R1U) E (UNII: 15FIX9V Q006KQ1E)					
TA TIT XY Pr	LITOL (UNII: VCC	4R1U) E (UNII: 15FIX9V Q006KQ1E)		Score			no score
TA TIT XY Pr Co	ranium dioxid LITOL (UNII: VCC roduct Char	4R1U) E (UNII: 15FIX9V Q006KQ1E) acteristics	'2JP)	Score Size			no score 14mm
TA TIT XY Pr Co Sh	ranium dioxid LITOL (UNII: VCC roduct Char	4R1U) E (UNII: 15FIX9V Q006KQ1E) acteristics white	'2JP)		Code		
TA TIT XY Pr Co Sh Fla	ranium dioxid LITOL (UNII: VCC roduct Char Nor ape	4R1U) E (UNII: 15FIX9V Q006KQ1E) Acteristics white SQUARE (I	'2JP)	Size	Code		
TA TIT XY Pr Co Sh Fla	ranium dioxid LITOL (UNII: VCC roduct Char elor ape avor	4R1U) E (UNII: 15FIX9V Q006KQ1E) Acteristics white SQUARE (I	'2JP)	Size	Code		
TA TIT XY Pr Co Sh Fla Co	ranium dioxid LITOL (UNII: VCC roduct Char plor ape avor ontains	4R1U) E (UNII: 15FIX9V Q006KQ1E) Acteristics white SQUARE (I	'2JP)	Size	Code		
TA TIT XY Pr Co Sh Fla Co	ranium dioxid LITOL (UNII: VCC roduct Char elor ape avor	4R1U) E (UNII: 15FIX9V Q006KQ1E) Acteristics white SQUARE (I	'2JP)	Size Imprint (14mm
TA TIT XY Pr Co Sh Fla Co	ranium dioxid LITOL (UNII: VCC roduct Char plor ape avor ontains	4R1U) E (UNII: 15FIX9V Q006KQ1E) acteristics white SQUARE (H MINT	'2JP)	Size Imprint (Code arketing Start Date	N	
TA TIT XY Pr Co Sh Fla Co Pa #	roduct Char ofor ape avor ontains	4R1U) E (UNII: 15FIX9V Q006KQ1E) acteristics white SQUARE (H MINT	2JP) Diconvex)	Size Imprint (arketing Start	N	14mm Narketing End
TA TIT XY Pr Co Sh Fla Co Pa #	roduct Chara olor ape avor ontains ackaging item Code NDC:68196-	4R1U) E (UNII: 15FIX9V Q006KQ1E) acteristics White SQUARE (I MINT Pa 231 in 1 CARTO	2JP) Diconvex)	Size Imprint (Ma 10/1	arketing Start Date		14mm Narketing End
TA TIT XY Pr Co Sh Fla Co Pa #	roduct Chara olor ape avor ontains ackaging item Code NDC:68196-	4R1U) E (UNII: 15FIX9V Q006KQ1E) acteristics white SQUARE (I MINT Pa 231 in 1 CARTO 33 in 1 BLISTE	(2JP) Diconvex) ckage Description	Size Imprint (Ma 10/1	arketing Start Date		14mm Narketing End
TA TIT XY Pr Co Sh Fla Co Pa 1	roduct Chara olor ape avor ontains ackaging item Code NDC:68196-	4R1U) E (UNII: 15FIX9V Q006KQ1E) acteristics white SQUARE (I MINT 231 in 1 CARTC 33 in 1 BLISTED Product	(2JP) Diconvex) ckage Description DN R PACK; Type 0: Not a Com	Size Imprint (Ma 10/1	arketing Start Date		14mm Narketing End
TA TIT XY Pr Co Sh Fla Co Pa # 1	ranium dioxid LITOL (UNII: VCC roduct Chara lor ape avor ontains ackaging Item Code NDC:68196- 013-01	4R1U) E (UNII: 15FIX9V Q006KQ1E) acteristics White SQUARE (H MINT Pa 231 in 1 CARTO 33 in 1 BLISTER Product	(2JP) Diconvex) ckage Description DN R PACK; Type 0: Not a Com	Size Imprint (10/1 bination	arketing Start Date		14mm Narketing End

NICOTINE COATED ICE MINT

Product Info	rmation					
Product Type		HUMAN OTC DRUG	Item Code	e (Source)	NDC:	68196-014
Route of Admin	istration	ORAL				
Active Ingred	ient/Active	Moiety				
	Ingred	ient Name		Basis of Str	ength	Strength
NICOTINE (UNII: 6	M3C89ZY6R) (NI	COTINE - UNII:6M3C89ZY6R)	NICOTINE		4 mg
Inactive Ingre	edients					
		Ingredient Name				Strength
ACACIA (UNII: 5C5		2201/7205 221				
ACESULFAME PO						
D&C YELLOW NO						
MAGNESIUM OXII		90000 WAMW) (UNII: UKE7	/SGEA/F)			
POLACRILIN (UNII:		31713)				
SODIUM CARBON						
TALC (UNII: 7SEV7		2010/17				
		2IP)				
XYLITOL (UNII: VC		_,.,				
Product Char	acteristics					
			Score		no	score
Color	yellow SQUARE (k	piconvex)	Score Size			score mm
Color Shape	yellow	piconvex)	Size	Code		
Color Shape Flavor	yellow SQUARE (k	piconvex)		Code		
Color Shape Flavor	yellow SQUARE (k	viconvex)	Size	Code		
Color Shape Flavor Contains	yellow SQUARE (k	biconvex)	Size	Code		
Color Shape Flavor Contains Packaging	yellow SQUARE (k	oiconvex) ckage Description	Size Imprint	Code larketing Start Date	14	
Color Shape Flavor Contains Packaging # Item Code	yellow SQUARE (k	ckage Description	Size Imprint	larketing Start	14	mm rketing End
Color Shape Flavor Contains Packaging # Item Code 1 NDC:68196- 014-01	yellow SQUARE (k MINT Pa 231 in 1 CARTO	ckage Description	Size Imprint N 10/	larketing Start Date	14	mm rketing End
Color Shape Flavor Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS E	yellow SQUARE (k MINT 231 in 1 CARTO 33 in 1 BLISTER Product	ckage Description N R PACK; Type 0: Not a Coml	Size Imprint N 10/	larketing Start Date	14	mm rketing End
Color Shape Flavor Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS Contains EXAMPS EXAMP	yellow SQUARE (k MINT Pa 231 in 1 CARTO 33 in 1 BLISTER Product	ckage Description N R PACK; Type 0: Not a Coml	Size Imprint 10/ pination	larketing Start Date	Ma	mm rketing End
 NDC:68196- 014-01 Marketing 	yellow SQUARE (k MINT Pa 231 in 1 CARTO 33 in 1 BLISTER Product	ckage Description ON R PACK; Type 0: Not a Comb	Size Imprint 10/ pination	larketing Start Date 16/2017	Ma	mm rketing End Date

Labeler - Sam's West, Inc. (051957769)

Revised: 7/2021

Sam's West, Inc.