

**EPSOM SALT- magnesium sulfate granule  
TOP CARE (Topco Associates LLC)**

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**Drug Facts**

**Active ingredient**

Magnesium sulfate USP 100%

**Purpose**

Saline laxative

**Uses**

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

**Warnings**

**Ask a doctor before use if you have**

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

**Ask a doctor or pharmacist before use if you are**

presently taking a prescription drug.

**When using this product**

- **do not use more than directed**

**Stop use and ask a doctor if**

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons in a full glass (8oz) of water

**Not recommended for children under 6 years of age.**

**Other information**

- **each teaspoon contains:** magnesium 495 mg

**Inactive ingredient**

none

**Principal Display Panel****Epsom Salt**

MAGNESIUM SULFATE U.S.P.

- Saline Laxative for Relief of Occasional Constipation
- Soaking Aid for Minor Sprain and Bruises

NET WT OZ (LB)

**TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.**

DISTRIBUTED BY TOPCO ASSOCIATES LLC

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www.topcarebrand.com

**Package Label**

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.



NDC 36800-259-10

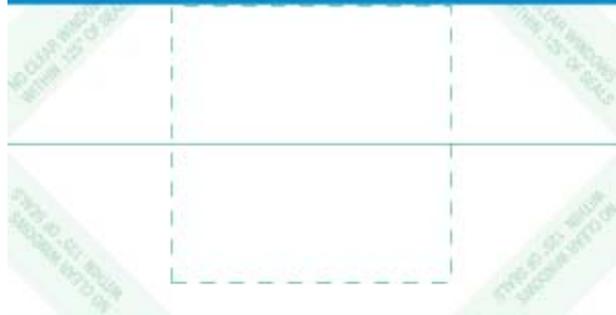
# Epsom Salt

MAGNESIUM SULFATE U.S.P.

- Saline Laxative for Relief of Occasional Constipation
- Soaking Aid for Minor Sprains and Bruises



NET WT 16 OZ (1 LB) 454 g



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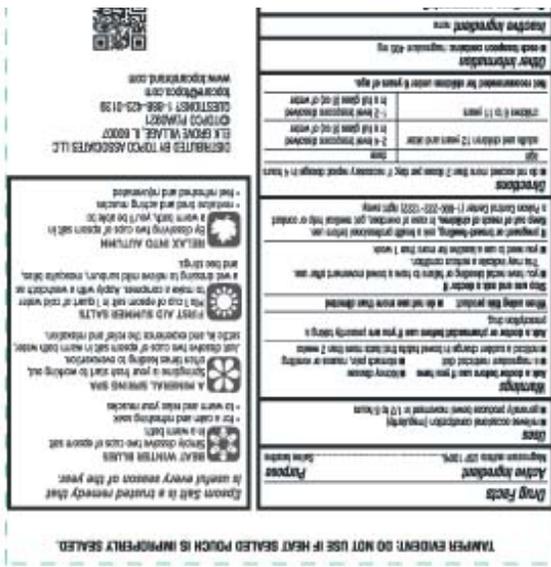
ALU-2315 3680000

Scan here for more information or call 1-888-423-6130

TopCare health logo

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**For external use only:**  
 For soaking in a tub, add 1/2 cup (125 mL) to the water.  
 For a soaking aid:  
 First, dampen the area with water, then apply the salt.  
 Soak for 15 minutes, then remove the salt.  
 For a warm compress:  
 Dissolve 1 cup of epsom salt in 1 quart of water. Soak a towel, apply to the affected area for 15-20 minutes to help reduce swelling.  
 Avoid use if you have a known hypersensitivity to epsom salt.  
**Warnings:**  
 When pregnant, this is not considered a saline laxative. In cases of nausea or vomiting, discontinue use and consult a doctor. Do not use if pregnant or breastfeeding.  
**Keep out of reach of children.** For more information, call 1-888-423-6130.  
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### TOPCARE HEALTH Epsom Salt

## EPSOM SALT

magnesium sulfate granule

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:36800-395
<b>Route of Administration</b>	ORAL, TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM SULFATE, UNSPECIFIED</b> (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE, UNSPECIFIED	1 g in 1 g

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:36800-395-01	454 g in 1 CARTON; Type 0: Not a Combination Product	04/30/2014	
2	NDC:36800-395-04	1810 g in 1 CARTON; Type 0: Not a Combination Product	04/30/2014	
3	NDC:36800-395-10	454 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2014	
4	NDC:36800-395-40	1814 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2014	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
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OTC Monograph Drug M007

04/30/2014

**Labeler** - TOP CARE (Topco Associates LLC) (006935977)

Revised: 7/2025

TOP CARE (Topco Associates LLC)