

**NATURAL EPSOM SALT- magnesium sulfate granule  
Universal Distribution Center LLC**

-----  
**NATURAL Epsom Salt**

**DRUG FACTS**

**Active Ingredient**

Magnesium Sulfate USP 100%

**Purpose**

Internal Use.....Saline Laxative

External Use.....Soaking Solution

**INTERNAL USE**

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

**EXTERNAL USE**

- Relieves pain from minor sprains and bruises

**WARNINGS - Consult a doctor before use if you have:**

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that continues more than 2 weeks
- already used a laxative for more than 1 week

**Consult a doctor or pharmacist before using if you are taking any other prescription drugs.**

**Laxatives may affect how other drugs work.**

**When using this product, DO NOT USE more than directed.**

**Stop use and consult a doctor if:**

*As Laxative:*

- you have rectal bleeding or failure to have a bowel movement after use
- you need to use a laxative for more than 1 week

*As soaking solution:*

- you have redness, irritation, swelling, or infection occurs
- do not use hot or warm soaks individuals with diabetes without consulting a doctor

**If pregnant or breast-feeding, ask a health professional before use.**

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**UNSCENTED EPSOM SALT IS FOR INTERNAL AND EXTERNAL USE. SCENTED**

## **EPSOM SALTS ARE FOR EXTERNAL USE ONLY.**

### **DIRECTIONS**

- do not exceed more than 2 doses per day

<b>Age</b>	<b>Dose</b>
adults and children 12 years and older	2 to 4 level teaspoons(10 to 20 grams) dissolved in a full glass (8oz) of water
children 6 to under 12 years	1 to 2 level teaspoons(5 to 10 grams) dissolved in a full glass (8oz) of water

**Not recommended for children under 6 years of age.**

None

### **REGULAR UNSCENTED**

- **A soaking aid for minor sprains & bruises**
- **Use as a saline laxative**
- **Great for gardening**

### **EXTERNAL USE**

**SORE FEET RELIEF:** Add 1 cup of Epsom Salt to 1 gallon of warm water and soak for minimum 5 minutes at a time.

**BATH SOAK:** Add 2 cups of Epsom Salt under warm, running bath water. Soak for minimum 20 minutes to relieve tension and soothe sore tired muscles.

**FIRST AID COMPRESS:** Dissolve 2 cups of Epsom Salt into two cups of hot water to make a compress, apply as a wet dressing with a towel to: soothe bruises & sprains, take the sting out of insect bites, draw out splinters, alleviate pain from sports and overexertion.

**KEEP OUT OF REACH OF CHILDREN.** Where prompt relief is not obtained or where there is evidence of infection, discontinue use and consult a doctor. Hot or warm soaks should not be used by individuals with diabetes except on advice of a doctor. **AVOID CONTACT WITH EYES.**

Store in a cool, dry place out of direct sunlight. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

### **Distributed By:**

Universal Distribution Center  
96 Distribution Boulevard  
Edison, NJ 08817  
**[www.universaldc.com](http://www.universaldc.com)**

### **Packaging**

**623g PACKAGE**

**DRUG FACTS**

Active Ingredient	Purpose
Magnesium Sulfate USP 100%	Saline Laxative
Internal Use	Soaking Solution
External Use	

**INTERNAL USE**

- relieves occasional constipation (regularly)
- generally produces bowel movement in 1/2 to 6 hours

**EXTERNAL USE**

- Relieves pain from minor sprains and bruises

**WARNINGS - Consult a doctor before use if you have:**

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that continues more than 2 weeks
- already used a laxative for more than 1 week

Consult a doctor or pharmacist before using if you are taking any other prescription drugs. Laxatives may affect how other drugs work.

**When using this product, DO NOT USE more than directed.**

**Stop use and consult a doctor if:**

**As Laxative:**

- you have rectal bleeding or failure to have a bowel movement after use
- you need to use a laxative for more than 1 week

**As soaking solution:**

- you have redness, irritation, swelling, or infection occurs
- do not use hot or warm soaks individuals with diabetes without consulting a doctor

**If pregnant or breast-feeding, ask a health professional before use.**

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**UNSCENTED EPSOM SALT IS FOR INTERNAL AND EXTERNAL USE. SCENTED EPSOM SALTS ARE FOR EXTERNAL USE ONLY.**

**DIRECTIONS** • do not exceed more than 2 doses per day

Age	Dose
adults and children 12 years and older	2 to 4 level teaspoons (10 to 20 grams) dissolved in a full glass (8oz) of water
children 6 to under 12 years	1 to 2 level teaspoons (5 to 10 grams) dissolved in a full glass (8oz) of water

Not recommended for children under 6 years of age.

NATURAL  
**Epsom Salt**

**REGULAR** UNSCENTED

NATURAL  
**Epsom Salt** Magnesium Sulfate U.S.P.

- A soaking aid for minor sprains & bruises
- Use as a saline laxative
- Great for gardening



NET WT 22oz (623g)

**REGULAR** UNSCENTED

NATURAL  
**Epsom Salt** Magnesium Sulfate U.S.P.

**EXTERNAL USE**

**SORE FEET RELIEF:** Add 1 cup of Epsom Salt to 1 gallon of warm water and soak for minimum 5 minutes at a time.

**BATH SOAK:** Add 2 cups of Epsom Salt under warm, running bath water. Soak for minimum 20 minutes to relieve tension and soothe sore tired muscles.

**FIRST AID COMPRESS:** Dissolve 2 cups of Epsom Salt into two cups of hot water to make a compress, apply as a wet dressing with a towel to: soothe bruises & sprains, take the sting out of insect bites, draw out splinters, alleviate pain from sports and overexertion.

**KEEP OUT OF REACH OF CHILDREN.** Where prompt relief is not obtained or where there is evidence of infection, discontinue use and consult a doctor. Hot or warm soaks should not be used by individuals with diabetes except on advice of a doctor. **AVOID CONTACT WITH EYES.**

UNSCENTED EPSOM SALT IS FOR INTERNAL AND EXTERNAL USE. SCENTED EPSOM SALTS ARE FOR EXTERNAL USE ONLY.

Store in a cool, dry place out of direct sunlight. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

Distributed By:  
Universal Distribution Center  
96 Distribution Boulevard  
Edison, NJ 08817  
www.universaldc.com

55810  
6 76979 55810 3  
Made in P.R.C.

NATURAL  
**Epsom Salt**

**REGULAR** UNSCENTED

NATURAL  
**Epsom Salt** Magnesium Sulfate U.S.P.

- A soaking aid for minor sprains & bruises
- Use as a saline laxative
- Great for gardening



NET WT 22oz (623g)

**454g PACKAGE**

**DRUG FACTS**

Active Ingredient	Purpose
Magnesium Sulfate USP 100%	Saline Laxative
Internal Use	Soaking Solution
External Use	

**INTERNAL USE**

- relieves occasional constipation (regularly)
- generally produces bowel movement in 1/2 to 6 hours

**EXTERNAL USE**

- Relieves pain from minor sprains and bruises

**WARNINGS - Consult a doctor before use if you have:**

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that continues more than 2 weeks
- already used a laxative for more than 1 week

Consult a doctor or pharmacist before using if you are taking any other prescription drugs. Laxatives may affect how other drugs work.

**When using this product, DO NOT USE more than directed.**

**Stop use and consult a doctor if:**

**As Laxative:**

- you have rectal bleeding or failure to have a bowel movement after use
- you need to use a laxative for more than 1 week

**As soaking solution:**

- you have redness, irritation, swelling, or infection occurs
- do not use hot or warm soaks individuals with diabetes without consulting a doctor

**If pregnant or breast-feeding, ask a health professional before use.**

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**UNSCENTED EPSOM SALT IS FOR INTERNAL AND EXTERNAL USE. SCENTED EPSOM SALTS ARE FOR EXTERNAL USE ONLY.**

**DIRECTIONS** • do not exceed more than 2 doses per day

Age	Dose
adults and children 12 years and older	2 to 4 level teaspoons (10 to 20 grams) dissolved in a full glass (8oz) of water
children 6 to under 12 years	1 to 2 level teaspoons (5 to 10 grams) dissolved in a full glass (8oz) of water

Not recommended for children under 6 years of age.

**NEW**

NATURAL  
**Epsom Salt**

**REGULAR** UNSCENTED

NATURAL  
**Epsom Salt** Magnesium Sulfate U.S.P.

- A soaking aid for minor sprains & bruises
- Use as a saline laxative
- Great for gardening



NET WT 1lb. (16 OZ) 454g

**REGULAR** UNSCENTED

NATURAL  
**Epsom Salt** Magnesium Sulfate U.S.P.

**EXTERNAL USE**

**SORE FEET RELIEF:** Add 1 cup of Epsom Salt to 1 gallon of warm water and soak for minimum 5 minutes at a time.

**BATH SOAK:** Add 2 cups of Epsom Salt under warm, running bath water. Soak for minimum 20 minutes to relieve tension and soothe sore tired muscles.

**FIRST AID COMPRESS:** Dissolve 2 cups of Epsom Salt into two cups of hot water to make a compress, apply as a wet dressing with a towel to: soothe bruises & sprains, take the sting out of insect bites, draw out splinters, alleviate pain from sports and overexertion.

**KEEP OUT OF REACH OF CHILDREN.** Where prompt relief is not obtained or where there is evidence of infection, discontinue use and consult a doctor. Hot or warm soaks should not be used by individuals with diabetes except on advice of a doctor. **AVOID CONTACT WITH EYES.**

UNSCENTED EPSOM SALT IS FOR INTERNAL AND EXTERNAL USE. SCENTED EPSOM SALTS ARE FOR EXTERNAL USE ONLY.

Store in a cool, dry place out of direct sunlight. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

Distributed By:  
Universal Distribution Center  
96 Distribution Boulevard  
Edison, NJ 08817  
www.universaldc.com

ITEM#55808  
6 76979 55808 0  
Made in P.R.C.

**NEW**

NATURAL  
**Epsom Salt**

**REGULAR** UNSCENTED

NATURAL  
**Epsom Salt** Magnesium Sulfate U.S.P.

- A soaking aid for minor sprains & bruises
- Use as a saline laxative
- Great for gardening



NET WT 1lb. (16 OZ) 454g

**NATURAL EPSOM SALT**

magnesium sulfate granule

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:52000-420
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>MAGNESIUM SULFATE, UNSPECIFIED FORM</b> (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE, UNSPECIFIED FORM	100 g in 100 g

### Packaging

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:52000-420-16	454 g in 1 BOX; Type 0: Not a Combination Product	11/01/2024	
2	NDC:52000-420-22	623 g in 1 BOX; Type 0: Not a Combination Product	11/01/2024	

### Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M007	11/01/2024	

**Labeler** - Universal Distribution Center LLC (019180459)

Revised: 10/2024

Universal Distribution Center LLC