# FAMILY WELLNESS PAIN RELIEF POWDER- aspirin and caffeine powder Family Dollar Services Inc

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**Drug Facts** 

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## Active ingredient

(in each powder)
Aspirin (NSAID\*) 845 mg

\*nonsteroidal anti-inflammatory drug

#### **Purpose**

Pain reliever/fever reducer

# Active ingredient (in each powder)

Caffeine 65 mg

#### **Purpose**

Pain reliever aid

#### Uses

- temporarily relieves minor aches and pains due to:
  - headache
  - toothache
  - menstrual cramps
  - muscular aches
  - minor arthritis pain
  - colds
- temporarily reduces fever

#### Warnings

**Reye's syndrome**: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

**Allergy alert**: Aspirin may cause a severe allergic reaction which may include:

- hives
- facial swelling
- shock
- asthma (wheezing)

**Stomach bleeding warning**: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Caffeine warning:** The recommended dose of this product contains about as much caffeine as a cup ocoffee. Limit the use of caffeine-containing medications, foods, or beverages while taking this productbecause too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat.

#### Do not use

if you have ever had an allergic reaction to aspirin or any other pain reliever/fever reducer

#### Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have asthma

#### Ask a doctor or pharmacist before use if you are

taking a prescription drug for diabetes, gout, or arthritis

#### When using this product

limit the use of caffeine-containing drugs, foods, or drinks because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart beat. The recommended dose of this product contains about as much caffeine as a cup of coffee.

#### Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding:
  - feel faint
  - vomit blood
  - have bloody or black stools
  - have stomach pain that does not get better

- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- any new symptoms appear
- ringing in the ears or a loss of hearing occurs

These could be signs of a serious condition.

#### If pregnant or breast-feeding,

ask a health care professional before use. It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

#### Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

#### **Directions**

- adults and children 12 years of age and over: take 1 powder stick pack every 6 hours, while symptoms persist. Powder may be placed on tongue, then swallowed while drinking a full glass of water or may be stirred into a glass of water or other liquid before drinking.
- do not take more than 4 powders in 24 hours unless directed by a doctor.
- children under 12 years of age: ask a doctor.

#### Other information

- each powder stick pack contains: potassium 55 mg
- store below 25°C (77°F)

#### Inactive ingredients

docusate sodium, fumaric acid, lactose monohydrate, potassium chloride, sodium benzoate

#### Questions or comments?

1-800-321-7178

#### PRINCIPAL DISPLAY PANEL

Headache Powders



#### **FAMILY WELLNESS PAIN RELIEF POWDER**

aspirin and caffeine powder

#### **Product Information**

Product Type HUMAN OTC DRUG Item Code (Source) NDC:55319-892

Route of Administration ORAL

# Active Ingredient/Active Moiety Ingredient Name Basis of Strength CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E) ASPIRIN (UNII: R16CO5Y76E) (ASPIRIN - UNII:R16CO5Y76E) ASPIRIN ASPIRIN Basis of Strength CAFFEINE 65 mg ASPIRIN 845 mg

Inactive Ingredients				
Ingredient Name	Strength			
DOCUSATE SODIUM (UNII: F05Q2T2JA0)				
FUMARIC ACID (UNII: 88XHZ13131)				
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)				
POTASSIUM CHLORIDE (UNII: 660YQ98I10)				
SODIUM BENZOATE (UNII: OJ245FE5EU)				

P	Packaging					
#	Item Code	Package Description	Marketing Start Date	Marketing End Date		
1	NDC:55319-892- 50	50 in 1 CARTON	04/27/2023			
1		1 in 1 PACKET; Type 0: Not a Combination				

<b>*</b>	Product					
Marketing Information						
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date			
OTC Monograph Drug	M013	04/27/2023				

### **Labeler -** Family Dollar Services Inc (024472631)

Revised: 12/2024 Family Dollar Services Inc