

EPSOM SALT- magnesium sulfate granule, for solution
TOPCO Associates, LLC

Top Care 029.003/602AA
Epsom Salt

Active ingredient

Magnesium sulfate USP (Heptahydrate) 100%

purpose

Saline laxative

Uses

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a Doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week.

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

inactive ingredients

None

Other information

- **each teaspoon (5 grams) contains:** magnesium content 495 mg

Tamper Evident Packaging:

Caution: This package has been sealed for your protection. Do not use if package is open, torn or mutilated. Cut along dotted line and press zipper to reseal.

SOAKING SOLUTION

For external use as a soaking aid for minor sprains and bruises. Discover the relaxing spa like qualities of this product in your bath.

DIRECTIONS: For a relaxing bath/soak, generously sprinkle TopCare Epsom Salt into warm, running bath water.

CAUTION: IF PROMPT RELIEF IS NOT OBTAINED OR THERE IS EVIDENCE OF INFECTION, DISCONTINUE USE AND CONSULT YOUR PHYSICIAN. HOT OR WARM SOAKS SHOULD NOT BE USED BY INDIVIDUALS WITH DIABETES EXCEPT ON THE ADVICE OF A PHYSICIAN. KEEP OUT OF REACH OF CHILDREN.

BEAT WINTER BLUES

Simply dissolve two cups of epsom salt in a warm bath:

- for a calm and refreshing soak
- to warm and relax your muscles

A MINERAL SPRING SPA

Springtime is your fresh start to working out, often leading to overexertion. Just dissolve two cups of epsom salt in warm bath water, settle in and experience the relief and relaxation.

SOAK IN SUMMER SALTS

Summertime is filled with fun outdoor activities like hiking, playing sports, gardening in your backyard and more. Dissolve two cups of epsom salt in warm bath water to soothe away your muscle aches and pains that summer fun activities can bring.

RELAX INTO AUTUMN

By dissolving two cups of epsom salt in a warm bath, you'll be able to:

- revitalize tired and aching muscles
- feel refreshed and rejuvenated

DISTRIBUTED BY TOPCO ASSOCIATES, LLC

ELK GROVE VILLAGE, IL 60007

1-888-423-0139

topcare@topco.com

www.topcarebrand.com

Recommended by Master Gardeners.

• PLANT FOOD SUPPLEMENT

For use as a fertilizer apply at the following rates:

Lawns	Apply at a rate of 1/2 pound per one thousand square feet of lawn.
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For use as a plant food supplement apply at the following rates:

Tomatoes, Roses	One teaspoon per foot plant height every two weeks.
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Evergreens, Azaleas, Rhododendrons	Apply one tablespoon per nine sq. ft. (3' x 3') over the root zone every two to four weeks.
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Garden Plants And Shrubbery	Sprinkle 2 tablespoons around the base of each plant.
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Trees	Apply two tablespoons per nine sq. ft. (3' x 3') over root zone once every four months.
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Garden Startup	Sprinkle approximately one cup per 100 sq. ft. (10' x 10') and mix into soil prior to planting.
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Houseplants	Mix one teaspoon per gallon of water and feed to plants every one to four weeks.
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For quicker results water plants after applying this product.

GUARANTEED ANALYSIS*

Magnesium (Mg)..... 9.8%

9.8% Soluble Magnesium

Sulfur (S) 12.9%

12.9% Combined Sulfur

Derived from: Magnesium Sulfate

F-1253

Information regarding the contents and levels of metals in this product is available on the Internet at: <http://agr.wa.gov>

*GUARANTEED BY: Vi-Jon, Inc. 8515 Page Ave. St. Louis, MO 63114

principal display panel

TopCare health

Epsom Salt

MAGNESIUM SULFATE U.S.P.

$MgSO_4 \cdot 7H_2O$

- Saline Laxative for Relief of Occasional Constipation
- Soaking Aid for Minor Sprains and Bruises
- Plant Food Supplement for bigger, More Vigorous Plants

NEW WT 8 LB (3.63 kg)



Epsom Salt

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- **Saline Laxative**
for Relief of Occasional Constipation
- **Soaking Aid**
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for Bigger, More Vigorous Plants



NET WT 8 LB (3.63 kg)

EPSOM SALT

magnesium sulfate granule, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:76162-029
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:76162-029-80	3630 g in 1 POUCH; Type 0: Not a Combination Product	12/01/2021	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	12/01/2021	

Labeler - TOPCO Associates, LLC (006935977)**Registrant** - Consumer Product Partners, LLC (119091520)**Establishment**

Name	Address	ID/FEI	Business Operations
Consumer Product Partners, LLC		119091514	manufacture(76162-029)

Revised: 7/2024

TOPCO Associates, LLC