

**CHESTAL COUGH AND COLD- solanum dulcamara top, ferrum phosphoricum, goldenseal, potassium dichromate, strychnos nux-vomica seed syrup
Laboratoires Boiron**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Chestal Cough and Cold

Active ingredients (in each mL)**

Dulcamara 5C HPUS (0.13 mg)

Ferrum phosphoricum 9C HPUS (0.13 mg)

Hydrastis canadensis 9C HPUS (0.13 mg) (contains less than 10^{-19} mg hydrastine and berberine alkaloids)

Kali bichromicum 9C HPUS (0.13mg) (contains less than 10^{-19} mg chromium)

Nux vomica 9C HPUS (0.13mg) (contains less than 10^{-20} mg strychnine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Dulcamara 5C HPUS (0.13mg) ... Relieves cold and coughs worsened by exposure to damp cold

Ferrum phosphoricum 9C HPUS (0.13mg) ... Relieves colds with gradual onset, minor sore throat, and dry, fitful cough

Hydrastis canadensis 9C HPUS (0.13mg) ... Relieves colds and coughs associated with runny nose

Kali bichromicum 9C HPUS (0.13mg) ... Relieves nasal discharge

Nux vomica 9C HPUS (0.13mg) ... Relieves sneezing fits

Uses*

temporarily relieves symptoms of the common cold such as:

- nasal and chest congestion
- fitful cough
- sneezing
- occasional minor sore throat
- runny or stuffy nose

Do not use if you are allergic to any of this product's ingredients.

Ask a doctor before us if you have

- severe sore throat that is accompanied or followed by fever, headache, rash, nausea, or vomiting
- persistent or chronic cough such as occurs with smoking, asthma, chronic

bronchitis, or emphysema

- cough that occurs with too much phlegm (mucus).

Stop use and ask a doctor if

- sore throat worsens or persists for more than 2 days
- cough or nasal congestion worsens or lasts for more than 5 days in children under 12 years of age or 7 days in adults, comes back, or is accompanied by fever, rash, or a persistent headache
- new symptoms occur.

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Age Adults and children 12 years of age and older Dose At the onset of symptoms, take 10 mL ± as needed, up to 8 times per day

Age Children 6 to under 12 years of age Dose At the onset of symptoms, take 5 mL ± as needed, up to 6 times per day

Age Children 4 to under 6 years of age Dose At the onset of symptoms, take 5 mL ± as needed, up to 3 times per day

Age Children under 4 years of age Dose Not recommended

±Use only with dosing cup provided.

do not use if glued carton end flaps are open or if the seal at base of cap is broken or missing

retain this carton for full drug facts

contains 4.3 g of sugar per 5 mL

dispose of 1 year after opening

contains 0.000005% alcohol

Multi-symptom Cold & Cough Relief*

Cold & Cough Relief*

Nasal & Chest Congestion Cough, Runny Nose*

Non-Drowsy

Dye-Free

No Known Drug Interactions

6.7 fl. oz. (200 mL) cold syrup

20 Adult Doses

99.999% ALCOHOL FREE

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

alcohol, citric acid, purified water, sodium benzoate, sucrose

BoironUSA.com

Info@Boiron.com

1-800-BOIRON-1

(1-800-264-7661)

Distributed by Boiron, Inc.

Newtown Square, PA 19073

Made in France

Drug Facts

Active ingredients* (in each mL) **Purpose***

Dulcamara 9C HPUS (0.13 mg).....Relieves colds and cough worsened by exposure to damp cold

Ferrum phosphoricum 9C HPUS (0.13 mg).....Relieves colds with gradual onset, occasional minor sore throat, and dry, fitful cough

Ilydrastis canadensis 9C HPUS (0.13 mg).....Relieves colds and coughs associated with runny noses

Kali bichromicum 9C HPUS (0.13 mg).....Relieves nasal discharge (contains less than 10⁻⁶ mg chromium)

Nux vomica 9C HPUS (0.13 mg).....Relieves sneezing fits (contains less than 10⁻⁶ mg strychnine alkaloids)

The letters "HPUS" indicates that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses* temporarily relieves symptoms of the common cold such as:

- nasal and chest congestion ■ fitful cough
- sneezing ■ occasional minor sore throat
- runny or stuffy nose

Warnings

Do not use if you are allergic to any of this product's ingredients.

Ask a doctor before use if you have

- severe sore throat that is accompanied or followed by fever, headache, rash, nausea, or vomiting
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- cough that occurs with too much phlegm (mucus).

Stop use and ask a doctor if

- sore throat worsens or persists for more than 2 days
- cough or nasal congestion worsens or lasts for more than 5 days in children under 12 years of age or 7 days in adults, comes back, or is accompanied by fever, rash, or a persistent headache
- new symptoms occur.

These could be signs of a serious condition.

■ pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE. NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

*C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts (continued)

Directions

Age	Dose
Adults and children 12 years of age and older	At the onset of symptoms, take 10 mL* as needed, up to 8 times per day
Children 6 to under 12 years of age	At onset of symptoms, take 5 mL* as needed, up to 6 times per day
Children 4 to under 6 years of age	At onset of symptoms, take 5 mL* as needed, up to 3 times per day
Children under 4 years of age	Not recommended

*Use only with dosing cup provided. Do not use dosing cup with other products.

Other information

- do not use if glued carton end flaps are open or if the seal at base of cap is broken or missing
- retain this carton for full drug facts
- contains 4.3 g of sugar per 5 mL
- dispose of 1 year after opening
- contains 0.00005% alcohol

Inactive ingredients alcohol, citric acid, purified water, sodium benzoate, sucrose

Questions or comments?

BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7661)

NDC 0220-9067-28

COLD & COUGH*
Nasal & Chest Congestion
Cough • Runny Nose*

Chestal®
ORIGINAL
COLD SYRUP

HOMEOPATHIC MEDICINE

- Non-Drowsy
- Dye-Free
- No Known Drug Interactions



20 ADULT DOSES

99,999% ALCOHOL-FREE

BOIRON® 6.7 fl oz (200 mL)
COLD SYRUP

World Leader in Homeopathic Medicines



Multi-Symptom Relief

The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

Made in France
Distributed by Boiron Inc., Newtown Square, PA 19073

 please recycle

NDC 0220-9067-28

COLD & COUGH

Chestal®
ORIGINAL COLD SYRUP

HOMEOPATHIC MEDICINE

BOIRON®

1-800-264-7661 Made in France
Distributed by Boiron Inc.

Drug Facts

Active ingredients

Dulcamara 5C HPUS, Ferrum phosphoricum 9C HPUS, Hydrastis canadensis 9C HPUS, Kali bichromicum 9C HPUS, Nux vomica 9C HPUS

Uses

temporarily relieves symptoms of the common cold such as:
 ■ nasal and chest congestion
 ■ fitful cough ■ sneezing

- occasional minor sore throat
- runny or stuffy nose

Warnings

Do not use if you are allergic to any of this product's ingredients.
Ask a doctor before use if you have ■ severe sore throat that is accompanied or followed by fever, headache, rash, nausea, or vomiting
 ■ persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema ■ cough that occurs with too much phlegm (mucus). **Stop use and ask a doctor if** ■ sore throat worsens or persists for more than 2 days ■ cough or nasal congestion worsens or lasts for more than 5 days in children under 12 years of age or 7 days in adults, comes back, or is accompanied by fever, rash, or a persistent headache
If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

Adults and children 12 years of age and older	Take 10 mL as needed, up to 8 times per day
Children 6 to under 12 years of age	Take 5 mL as needed, up to 6 times per day
Children 4 to under 6 years of age	Take 5 mL as needed, up to 3 times per day
Children under 4 years of age	Not recommended

Other information

- do not use if the seal at base of cap is broken or missing
- dispose of 1 year after opening

Inactive ingredients

alcohol, citric acid, purified water, sodium benzoate, sucrose

LOT

EXP

6.7 fl oz (200 mL)

ETL-1UFT - 01/2024

Drug Facts

Active ingredients* (in each mL) **Purpose***
 Dulcamara 9C HPUS (0.13 mg) Relieves colds and coughs worsened by exposure to damp mists
 Ferrum phosphoricum 9C HPUS (0.13 mg) Relieves colds with gradual onset, minor sore throat, and dry, fitful cough
 Hydrastis canadensis 9C HPUS (0.13 mg) Relieves colds and coughs associated with runny nose and beriberi (vitamin B1 deficiency)
 Kali bichromicum 9C HPUS (0.13 mg) Relieves nasal discharge (contains less than 10⁻⁶ mg chlorzoxime)
 Nux vomica 9C HPUS (0.13 mg) Relieves sneezing fits (contains less than 10⁻⁶ mg atropine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses* temporarily relieves symptoms of the common cold such as:
 ■ nasal and chest congestion ■ fitful cough
 ■ sneezing ■ minor sore throat
 ■ runny or stuffy nose

Warnings
Ask a doctor before use if you have
 ■ severe sore throat that is accompanied or followed by fever, headache, rash, nausea, or vomiting
 ■ persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
 ■ cough that occurs with too much phlegm (mucus).
Stop use and ask a doctor if
 ■ sore throat persists for more than 2 days
 ■ cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or a persistent headache. These could be signs of a serious condition.
If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center right away.

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

*C, K, CK, and X are homeopathic dilutions; see BoironUSA.com/info for details.

Drug Facts (continued)

Directions

Age	Dose
Adults and children 12 years of age and older	Take 10 mL as needed, up to 8 times per day
Children 6 to 11 years of age	Take 5 mL as needed, up to 6 times per day
Children 5 to 5 years of age	Take 5 mL as needed, up to 3 times per day
Children under 3 years of age	Not recommended

*Use only with dosing cup provided. Do not use dosing cup with other products.

Other information
 ■ do not use if (and carton end flaps are open or if the seal at base of cap is broken or missing)
 ■ contains 4.5 g of sugar per 5 mL
 ■ dispose of 1 year after opening
 ■ contains 0.00024% alcohol

Inactive ingredients alcohol, citric acid, purified water, sodium benzoate, sucrose

Questions or comments?
 BoironUSA.com
 info@boiron.com
 1-800-264-7661

The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

Made in France

Distributed by Boiron Inc., Newtown Square, PA 19073



NDC 0220-9067-28

COLD & COUGH RELIEF*

Nasal & Chest Congestion
Cough - Runny Nose*

Chestal®
COUGH SYRUP

HOMEOPATHIC MEDICINE

- Non-Drowsy
- Dye-Free
- No Known Drug Interactions



20 ADULT DOSES

99.99% ALCOHOL-FREE

BOIRON®
6.7 fl oz (200 mL)
COUGH SYRUP

World Leader in Homeopathic Medicines

Chestal®

Chestal is your day and night solution against cold and cough symptoms. It calms those dry, fitful coughs at night so they don't prevent sleep, and relieves daytime symptoms without drowsiness.

- Non-drowsy
- No known drug interactions
- No artificial sweeteners, flavors, or dyes



Multi-Symptom Relief

NDC 0220-9067-28

COLD & COUGH RELIEF

Chestal*

HOMEOPATHIC MEDICINE

BOIRON®

1-800-264-7661 Made in France
Distributed by Boiron Inc.

Drug Facts

Active ingredients
Dulcamara 5C HPUS, Ferrum phosphoricum 9C HPUS, Hydrastis canadensis 9C HPUS, Kali bichromicum 9C HPUS, Nux vomica 9C HPUS

Uses temporarily relieves symptoms of the common cold such as:

- nasal and chest congestion
- fitful cough
- sneezing
- minor sore throat
- runny or stuffy nose

Warnings
Ask a doctor before use if you have severe sore throat that is accompanied or followed by fever, headache, rash, nausea, or vomiting

Stop use and ask a doctor if sore throat persists for more than 2 days

Other information do not use if glued carton and flaps are open or if the seal at base of cap is broken or missing

Inactive ingredients alcohol, citric acid, purified water, sodium benzoate, sucrose

Directions

Adults and children 12 years and older	Take 10 mL, up to 8 times per day
Children 6 to 11 years of age	Take 5 mL, up to 6 times per day
Children 3 to 5 years of age	Take 5 mL, up to 3 times per day
Children under 3 years of age	Not recommended

LOT
EXP
6.7 fl oz (200 mL)

Drug Facts

Active ingredients Purpose***

Dulcamara.....Relieves colds and cough worsened by exposure to damp cold

Ferrum phosphoricum.....Relieves colds with gradual onset, minor sore throat, and dry, fitful cough

Hydrastis canadensis.....Relieves colds and cough associated with runny nose

Kali bichromicum.....Relieves nasal discharge

Nux vomica.....Relieves sneezing attacks

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Uses*

- temporarily relieves symptoms of the common cold such as: nasal and chest congestion
- fitful cough
- sneezing
- minor sore throat
- runny or stuffy nose

Warnings

Ask a doctor before use if you have:

- cough that occurs with too much phlegm (mucus) or thick, greenish phlegm, or if you experience shortness of breath
- cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis or emphysema.

Stop use and ask a doctor if cough lasts for more than 7 days, comes back, or is accompanied by fever, rash or a persistent headache, or if sore throat persists for more than 2 days or occurs with a fever, headache, rash, nausea or vomiting. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use, **Keep out of reach of children.**

*These "Uses" have not been evaluated by the Food and Drug Administration.
**C, K, CK, and X are homeopathic dilutions; see www.boironusa.com/info for details.

COLD & COUGH

Chestal*

HOMEOPATHIC MEDICINE

Drug Facts (continued)

Directions

Age	Dose
Adults and children 12 years of age and older	Take 10 mL every 2 hours
Children 3 to 11 years of age	Take 5 mL every 2 hours
Children under 3 years of age	Not recommended

Other information

- do not use if glued carton and flaps are open or if the seal at base of cap is broken or missing
- contains 4.3 g of sugar per 5 mL
- contains 0.001% alcohol

Inactive ingredients
citric acid, purified water, sodium benzoate, sucrose

Questions or comments?
www.Chestal.com
www.BoironUSA.com
info@boiron.com
1-800-BOIRON-1 (1-800-264-7661)
Distributed by Boiron Inc.
6 Campus Boulevard
Newtown Square, PA 19073-3267

Made in France

NDC 0220-9067-28

COLD & COUGH*

Multi-Symptom Formula
Nasal & Chest Congestion
Cough • Runny Nose*

Chestal®

HOMEOPATHIC MEDICINE

- Non-Drowsy
- Dye-Free
- No Known Drug Interactions

6.7 fl oz size (20 adult doses)

help your body the NATURAL way

COUGH SYRUP
6.7 fl oz (200 mL)
98.500% Alcohol-Free

BOIRON®
World Leader in Homeopathic Medicines

COLD & COUGH

Chestal*

Chestal Cold & Cough is your day and night solution for cold and cough relief.

- Relieves nasal & chest congestion, cough, runny nose, sneezing & minor sore throat
- Non-drowsy
- No known drug interactions
- Dye-free
- For everyone ages 3 & up

The Boiron Promise

At Boiron, we believe there's a better way to feel good. A better way that works naturally with your body. Since 1932, the Boiron family has been committed to providing homeopathic medicines. As world leader in homeopathic medicines, our passion is your total health. Our promise is your total satisfaction. Please visit boironusa.com/promise for details.

♻️ please recycle

CHESTAL COUGH AND COLD			
solanum dulcamara top, ferrum phosphoricum, goldenseal, potassium dichromate, strychnos nuxvomica seed syrup			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9067
Route of Administration	ORAL		
Active Ingredient/Active Moiety			

Ingredient Name	Basis of Strength	Strength
SOLANUM DULCAMARA TOP (UNII: KPS1B1162N) (SOLANUM DULCAMARA TOP - UNII:KPS1B1162N)	SOLANUM DULCAMARA TOP	5 [hp_C] in 1 mL
FERRUM PHOSPHORICUM (UNII: 91GQH8I5F7) (FERROSO FERRIC PHOSPHATE - UNII:91GQH8I5F7)	FERRUM PHOSPHORICUM	9 [hp_C] in 1 mL
GOLDENSEAL (UNII: ZW3Z11D0JV) (GOLDENSEAL - UNII:ZW3Z11D0JV)	GOLDENSEAL	9 [hp_C] in 1 mL
POTASSIUM DICHROMATE (UNII: T4423S18FM) (DICHROMATE ION - UNII:9LKY4BFN2V)	POTASSIUM DICHROMATE	9 [hp_C] in 1 mL
STRYCHNOS NUX-VOMICA SEED (UNII: 269XH13919) (STRYCHNOS NUX-VOMICA SEED - UNII:269XH13919)	STRYCHNOS NUX-VOMICA SEED	9 [hp_C] in 1 mL

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
WATER (UNII: 059QF0KO0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SUCROSE (UNII: C151H8M554)	
ALCOHOL (UNII: 3K9958V90M)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9067-28	1 in 1 PACKAGE	06/01/2013	
1		200 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/01/2013	

Labeler - Laboratoires Boiron (282560473)

Registrant - Boiron Inc. (014892269)

Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9067)

Revised: 2/2024

Laboratoires Boiron