

NIGHTTIME SLEEP AID- diphenhydramine hcl solution
Kroger Company

Kroger 44-002A

Active ingredient (in each 30 mL)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic beverages.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- **do not take more than directed**
- mL = milliliter
- only use the dose cup provided
- take only one dose per day (24 hours)
- adults and children 12 years and over: take 30 mL at bedtime if needed or as directed by a doctor
- children under 12 years: do not use

Other information

- **each 30 mL contains:** sodium 17 mg
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- use by expiration date on package

Inactive ingredients

anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, glycerin, high fructose corn syrup, propylene glycol, purified water, sodium benzoate, sodium chloride, sodium citrate dihydrate, sucralose, sucrose, xanthan gum

Questions or comments?

Call 1-800-632-6900

Principal Display Panel

Kroger®
health

OUR PHARMACIST RECOMMENDED

NDC 30142-095-96

BIG
DEAL!
24
FL OZ

COMPARE TO THE ACTIVE INGREDIENT IN VICKS®
ZZZQUIL® NIGHTTIME SLEEP-AID BERRY LIQUID*

NightTime Sleep Aid

Diphenhydramine HCl
50 mg per 30 mL
NightTime Sleep Aid

AGES
12 YEARS
and OVER

NOT FOR COLDS OR
FOR PAIN
NON-HABIT
FORMING

BERRY FLAVOR

24 FL OZ (710 mL)
(2 BOTTLES, 12 FL OZ
[355 mL] EACH)

*This product is not manufactured or distributed by The Procter & Gamble Company. VICKS® and ZzzQuil® are registered trademarks of The Procter & Gamble Company. 50844 ORG022300202

**DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202**

For **More Product Information, Scan UPC**
Using Your **Kroger App** or Call 800-632-6900

Our Brands. Our Guarantee.
Love It or Your Money Back.
www.kroger.com

**TAMPER EVIDENT:
DO NOT USE IF
PRINTED NECK WRAP
IS BROKEN OR MISSING**



Kroger 44-002

NIGHTTIME SLEEP AID
diphenhydramine hcl solution

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30142-095
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
GLYCERIN (UNII: PDC6A3C0OX)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CHLORIDE (UNII: 451W47IQ8X)	
TRISODIUM CITRATE DIHYDRATE (UNII: B22547B95K)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
SUCROSE (UNII: C151H8M554)	
XANTHAN GUM (UNII: TTV12P4NEE)	

Product Characteristics

Color	purple	Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-095-96	2 in 1 PACKAGE	05/22/2024	
1	NDC:30142-095-02	355 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	05/22/2024	

Labeler - Kroger Company (006999528)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	manufacture(30142-095) , pack(30142-095)

Revised: 5/2026

Kroger Company