

**SIERRASIL PAIN RELIEF - camphor spray**  
**Sierra Mountain Minerals Inc. d/b/a Sierra Sil Health Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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Camphor (3.1%)

External analgesic

**Uses:**

Temporarily relieves minor aches and pains of muscles and joints associated with simple backache, arthritis, strains, bruises and sprains.

**FOR EXTERNAL USE ONLY**

Do not use for arthritis-like conditions in children under 2

Do not use with a heating pad

Do not apply to wounds, damaged, broken or irritated skin

When using this product, use only as directed

Do not bandage tightly

Avoid contact with eyes and mucous membranes

**Stop and ask doctor** if conditions worsens, symptoms last for more than 7 days, or symptoms clear up and come back in a few days

Pregnant women should consult their physician before use

**Keep out of reach of children**

If swallowed, get medical help or contact a Poison Control Center right away

Adults and children 2 yrs of age and older: Apply to affected area not more than 3 to 4 times daily.

Children under 2 yrs of age: Do not use, consult a doctor.

Aloe vera oil, Eucalyptus oil, Lavender oil, Lemon oil, Orange oil, Peppermint oil, Rosemary oil, and SierraSil

**Questions?**

Visit [www.sierrasil.com](http://www.sierrasil.com) or call toll free 1-877-743-7720

Shake well before use

Sierra Sil

Pain Relief

Health You Can Feel

Temporarily relieves minor aches and pains

Product of USA

Manufactured under US patent number 6,444,238 B1 by Swiss Medica Inc.

Distributed by SierraSil Health Inc., Vancouver, B.C. V6J 4Z6 Canada

## Drug Facts

**Active Ingredient:**  
Camphor (3.1%)

**Purpose:**  
External analgesic

### Use

Temporarily relieves minor aches and pains of muscles and joints associated with simple backache, arthritis, strains, bruises and sprains.

### Warnings

#### FOR EXTERNAL USE ONLY

■ Do not use for arthritis-like conditions in children under 2 ■ Do not use with a heating pad ■ Do not apply to wounds, damaged, broken or irritated skin  
■ When using this product, use only as directed ■ Do not bandage tightly • Avoid contact with eyes & mucous membranes ■ **STOP AND ASK DOCTOR** if conditions worsen, symptoms last for more than 7 days, or symptoms clear up and come back in a few days ■ Pregnant women should consult their physician before use ■ **Keep out of reach of children** ■ If swallowed, get medical help or contact a Poison Control Center right away

**SierraSil**<sup>®</sup> Health You Can Feel™

# Pain Relief

## Topical Spray



Temporarily relieves minor aches and pains

Net Wt. 1 Fl. Oz/30 mL

### Directions

Adults and children 2 yrs of age and older: Apply to affected area not more than 3 to 4 times daily.  
Children under 2 yrs of age: Do not use, consult a doctor.

### Other Information

Shake well before use.

### Inactive Ingredients

Aloe vera oil, Eucalyptus oil, Lavender oil, Lemon oil, Orange oil, Peppermint oil, Rosemary oil, and SierraSil<sup>®</sup>.

### Questions?

Visit [www.sierrasil.com](http://www.sierrasil.com) or call toll free 1-877-743-7720

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## SIERRASIL PAIN RELIEF

camphor spray

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50802-001
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CAMPHOR OIL (UNII: 75IZZ8 Y727) (CAMPHOR OIL - UNII:75IZZ8 Y727)	CAMPHOR OIL	1 mL in 30 mL

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50802-001-30	30 mL in 1 BOTTLE, SPRAY		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part348	03/01/2010	

**Labeler** - Sierra Mountain Minerals Inc. d/b/a Sierra Sil Health Inc. (829616213)

**Registrant** - Sierra Mountain Minerals Inc. d/b/a Sierra Sil Health Inc. (829616213)

## Establishment

Name	Address	ID/FEI	Business Operations
Sierra Mountain Minerals Inc. d/b/a Sierra Sil Health Inc.		829616213	relabel

Revised: 5/2010

Sierra Mountain Minerals Inc. d/b/a Sierra Sil Health Inc.