

**PREMIER VALUE FIBER THERAPY- methylcellulose tablet**  
**PHARMACY VALUE ALLIANCE, LLC**

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**Premier Value Fiber Therapy Methylcellulose 500 mg 100 Caplets**

***Active ingredient (in each caplet)***

Methylcellulose 500mg

***Purpose***

Bulk-forming fiber laxative (a non-allergenic fiber)

***Uses***

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 12 -72 hours.

***Warnings***

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

***Ask a doctor before use if you have***

- a sudden change in bowel habits that persists over a period of two weeks
- abdominal pain, nausea or vomiting

***Stop use and ask a doctor if***

- Constipation lasts more than 7 days
- you have rectal bleeding
- These could be signs of a serious condition.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

***Directions***

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid.

Taking this product without enough liquid may cause choking. See choking warning.

<b>Age</b>	<b>Dose</b>	<b>Maximum Dose</b>
adults & children 12 years of age and over	start with 2 caplets. Increase as needed up to 6 times per day.	Do not exceed 12 caplets per day
Children 6-11 years of age	Start with 1 caplet. Increase as needed up to 6 times per day	Do not exceed 6 caplets per day
children under 6 years of age	Consult a physician	Consult a physician

### ***Other information***

- **each caplet contains:** calcium 18 mg
- store at room temperature
- protect contents from humidity
- keep tightly closed

**TAMPER EVIDENT: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.**

### ***Inactive ingredients***

adipic acid, calcium carbonate, crospovidone, FD&C Yellow no. 6, magnesium stearate, microcrystalline cellulose, polysorbate 80, silica.

### **Questions or comments?**

**1-866-467-2748**

### **Principal Display Panel**

Premier Value®

NDC# **68016-122-10**

**\*COMPARE TO THE ACTIVE INGREDIENTS CITRUCEL® CAPLETS**

### **Fiber Therapy**

### **Fiber Therapy for Regularity**

Methylcellulose

- Gentle and clinically proven effective
  - Gives you additional fiber to help relieve occasional constipation
  - Fiber for irregularity that won't cause excess gas\*\*
- 100 CAPLETS

If for any reason you are not satisfied with this product, please return it to the store where purchased for a full refund.

\*When Used As Directed.

\*\*Based on Laboratory Testing.

\*This product is not manufactured or distributed by GlaxoSmithKline, owner of the registered trademark Citrucel® Caplets.



# Fiber Therapy

## METHYLCELLULOSE

- Gentle and clinically proven effective\*
- Gives you additional fiber to help relieve occasional constipation
- Fiber for irregularity that won't cause excess gas\*\*

100 FIBER CAPLETS

\*COMPARE TO THE ACTIVE INGREDIENT IN CITRUCEL® CAPLETS



**TAMPER EVIDENT: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.**

### ***Drug Facts***

**Active ingredient (in each caplet)** *Purpose*  
Methylcellulose (a non-allergenic fiber) 500mg  
..... Bulk-forming fiber laxative

### ***Uses***

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 12-72 hours

### ***Warnings***

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**Ask a doctor before use if you have** ■ a sudden change in bowel habits that persists for two weeks ■ abdominal pain, nausea or vomiting

**Stop use and ask a doctor if** ■ constipation lasts more than 7 days ■ you have rectal bleeding  
These could be signs of a serious condition.

**Keep out of reach of children.** In case of overdose get medical help or contact a Poison Control Center right away at 1-800-222-1222.

\*This product is not manufactured or distributed by GlaxoSmithKline owner of the registered trademark Citrucel® Caplets.



If for any reason you are not satisfied with this product, please return it to the store where purchased for a full refund.

**Distributed By:**  
Pharmacy Value Alliance, LLC  
407 East Lancaster Avenue,  
Wayne, PA 19087

\*When Used As Directed.  
\*\*Based On Laboratory Testing.  
Individual Results May Vary.

LOT:

122100PVL R



8 40986 01537 3

READ DIRECTIONS  
FOR EFFECTS  
AND DIRECTIONS  
PEEL BACK HERE

EXP:

ON VARNISH AREA

## Drug Facts (continued)

**Directions** Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See choking warning.

Age	Dose	Maximum Dose
adults & children 12 years of age and over	start with 2 caplets. Increase as needed up to 6 times per day.	do not exceed 12 caplets per day.
children 6-11 years of age	start with 1 caplet. Increase as needed up to 6 times per day.	do not exceed 6 caplets per day.
children under 6 years of age	consult a physician	consult a physician

**Other information** ■ each caplet contains: calcium 18 mg ■ store at room temperature ■ protect contents from humidity ■ keep tightly closed

**Inactive ingredients** adipic acid, calcium carbonate, crospovidone, FD&C Yellow No. 6, magnesium stearate, microcrystalline cellulose, polysorbate 80, silica.

**Questions or comments?** 1-866-467-2748

**STOP PEELING HERE**

methylcellulose tablet

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68016-122
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	Basis of Strength	Strength
<b>METHYLCELLULOSE (4000 MPA.S)</b> (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 MPA.S) - UNII:MRJ667KA5E)	METHYLCELLULOSE (4000 MPA.S)	500 mg

Inactive Ingredients	
Ingredient Name	Strength
<b>ADIPIC ACID</b> (UNII: 76A0JE0FKJ)	
<b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK)	
<b>CROSPVIDONE (120 .MU.M)</b> (UNII: 68401960MK)	
<b>FD&amp;C YELLOW NO. 6</b> (UNII: H77VEI93A8)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	

Product Characteristics			
<b>Color</b>	ORANGE (Light orange)	<b>Score</b>	no score
<b>Shape</b>	CAPSULE (Caplet)	<b>Size</b>	19mm
<b>Flavor</b>		<b>Imprint Code</b>	RP122
<b>Contains</b>			

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68016-122-10	100 in 1 BOTTLE; Type 0: Not a Combination Product	04/19/2019	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	04/19/2019	

**Labeler -** PHARMACY VALUE ALLIANCE, LLC (101668460)