

ARNICARE BRUISE- arnica montana cream

Boiron

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Arnicare Bruise Cream

Active ingredient**

Arnica montana 1X HPUS 7%

The letters "HPUS" indicate that the component in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Reduces minor pain, swelling, & discoloration from bruises

Uses*

reduces symptoms of bruising such as:

- minor pain
- swelling
- discoloration

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Cream.
- Children under 1 year of age: Not recommended.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- dispose of 1 year after opening

1.4 oz (40 g)

2.5 oz (70 g)

4.2 oz (120 g)

Bruise Relief*

Pain Swelling Discoloration*

‡ Homeopathic mother tincture made from Arnica montana fresh whole plant.

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, lactobacillus ferment, purified water, xanthan gum

Questions or comments?

Arnicare.com | BoironUSA.com

Info@Boiron.com

1-800-BOIRON-1 (1-800-264-7661)

MADE FROM FRESH
Arnica montana plants

Nature provides us with the best resources for ingredients. Arnicare® Bruise Cream is formulated with fresh Arnica plants hand-picked from the mountains of Europe.



The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.



VALUE SIZE NDC 0220-8065-12

BRUISE RELIEF*
Pain • Swelling
Discoloration*

Arnicare®
—BRUISE CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Moisturizing Formula
- Fades Bruises



NET WT.
4.2 oz (120 g)

BOIRON®
World Leader in
Homeopathic Medicines

Your Bruise Relief



Scientifically Formulated with Arnica



Dermatologically Tested



Moisturizing Formula



Fragrance-Free



Made with Shea Butter

Made in France
Distributed by Boiron Inc,
Newtown Square, PA 19073



Drug Facts

Active ingredient¹ Arnica montana — Purpose² reduces minor pain, swelling & discoloration from bruises
The letters "NPLUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses³ reduces symptoms of bruising such as:
■ minor pain ■ swelling ■ discoloration

Warnings
For external use only.
Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product:
■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
■ use only as directed
■ do not tightly wrap or bandage the treated area
■ do not apply heat or ice to the treated area immediately before or after use

Stop use and ask a doctor if:
■ condition persists for more than 3 days or worsens
■ symptoms clear up and occur again within a few days
Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions
■ Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Cream.
■ Children under 1 year of age: Not recommended.

Other information
■ do not use if sealed carton end flaps are open or if the tube seal is broken
■ dispose of 1 year after opening

Inactive Ingredients
arachidyl alcohol, anethole, glucoside, behenyl alcohol, Bursera graveolens gum, Shea butter, coconut oil, stevia, lactic acid, ferment, purified water, xanthan gum

Questions or comments?
Arnicare.com | BoironUSA.com
info@boiron.com
1-800-80@DN-1 (1-800-294-7161)

¹Homeopathic. Suncture made from Arnica montana fresh whole plant.
²CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE. NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.
³C, K, CK, and X are homeopathic conditions. see BoironUSA.com/info for details.

**VALUE
SIZE**

NDC 0220-9085-82

BRUISE RELIEF*

Pain • Swelling
Discoloration*

Arnicare® —BRUISE CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Moisturizing Formula
- Fades Bruises



NET WT.
4.2 oz (120 g)

BOIRON®

World Leader in
Homeopathic Medicines



Drug Facts

Active ingredient*

Arnica montana
1X HPUS 7%

Purpose*

Reduces minor pain, swelling
& discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses*

reduces symptoms of bruising such as:

- minor pain
- swelling
- discoloration

Warnings

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

Stop use and ask a doctor if

- condition persists for more than 5 days or worsens
 - symptoms clear up and occur again within a few days
- Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Cream.
- Children under 1 year of age: Not recommended.

Other information

- do not use if glass/carbon end caps are open or if the tube seal is broken
- dispose of 1 year after opening

Inactive ingredients

arachidonic acid, arachidyl glycolide, behenyl alcohol, Butyrospermum parisi (Shea) butter, coconut oil, glycerin, Isotriaenolus ferment, purified water, santalin gum

Questions or comments?

Arnicare.com | BoironUSA.com
info@boiron.com
1-800-808084 (1-800-264-7661)

Made in France
Distributed by Boiron Inc,
Newtown Square, PA 19073

*CLAIMS BASED ON TRADITIONAL
HOMEOPATHIC PRACTICE. NOT ACCEPTED
MEDICAL EVIDENCE. NOT FDA EVALUATED.
*C, K, CA, and X are homeopathic dilutions.
see BoironUSA.com/info for details.

TUP 3/07/14 - 11/24

NDC 0220-9085-63

BRUISE RELIEF*

Pain • Swelling
Discoloration*

Arnicare® —BRUISE CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Moisturizing Formula
- Fades Bruises



NET WT.
2.5 oz (70 g)

BOIRON®
World Leader in
Homeopathic Medicines

Your Bruise Relief



Scientifically
Formulated
with Arnica



Dermatologically
Tested



Moisturizing Formula



Fragrance-Free



Made with
Shea Butter

Made in France
Distributed by Boiron Inc.
Newtown Square, PA 19073



MADE FROM FRESH
**Arnica
montana
plants**

Nature provides us with
the best resources for
ingredients. Arnicare®
Bruise Cream is
formulated with
fresh Arnica plants
hand-picked from the
mountains of Europe.



The Boiron Promise

Your health deserves
the greatest respect.
That's why we're
committed to your
satisfaction. Please visit
BoironUSA.com/promise
for details.



3 06969 08563 9

Drug Facts

Active ingredient* Arnica montana 1X+PUS 7%
Purpose* Reduces minor pain, swelling & discoloration from bruises.
The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses* reduces symptoms of bruising such as:
■ minor pain ■ swelling ■ discoloration

Warnings
For external use only.
Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product
■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin.
■ use only as directed.
■ do not tightly wrap or bandage the treated area.
■ do not apply heat or ice to the treated area immediately before or after use.

Stop use and ask a doctor if
■ condition persists for more than 3 days or worsens
■ symptoms clear up and occur again within a few days.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions
■ Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Cream.
■ Children under 1 year of age: Not recommended.

Other information
■ do not use if glued cap or end flaps are open or if the tube seal is broken
■ dispose of 1 year after opening

Inactive ingredients
arachidyl alcohol, arachidyl glycolide, behenyl alcohol, Butyrospermium parkii (Shea) butter, coconut oil, glycerin, lactobacillus ferment, purified water, santal gum

Questions or comments?
Arnicare.com | BoironUSA.com | info@Boiron.com
1-800-808-0064 (1-800-264-7667)

*Homeopathic tincture made from Arnica montana fresh whole plant.
*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE. NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.
*C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

NDC 0220-9085-63

BRUISE RELIEF

Pain • Swelling
Discoloration

Arnicare® —BRUISE CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Moisturizing Formula
- Fades Bruises

NET WT.
2.5 oz (70 g)

BOIRON®
World Leader in
Homeopathic Medicines



Drug Facts

Active ingredient

Arnica montana
1X HPUS 7%

Purpose

Reduces minor pain, swelling &
discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses

reduces symptoms of bruising such as:

- minor pain
- swelling
- discoloration

Warnings

For external use only. Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product: ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
■ use only as directed ■ do not tightly wrap or bandage the treated area ■ do not apply heat or ice to the treated area immediately before or after use **Stop use and ask a doctor if**

- condition persists for more than 3 days or worsens
 - symptoms clear up and occur again within a few days
- Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Cream.
- Children under 1 year of age: Not recommended.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- dispose of 1 year after opening

Inactive ingredients

arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, lactobacillus ferment, purified water, xanthan gum

Made in France
Distributed by Boiron Inc,
Newtown Square, PA 19073
1-800-BOIRON-1 (1-800-264-7661)
Arnicare.com

TUP-1016-11/24

Drug Facts (continued)

Inactive ingredients

arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, Lactobacillus ferment, purified water, xanthan gum

Questions or comments?

Arnicare.com | BoironUSA.com
Info@Boiron.com
1-800-808RON-1 (1-800-264-7661)



The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

please recycle



3 06969 08512 7

NDC 0220-9085-60

BRUISE RELIEF[®]

Pain • Swelling
Discoloration[†]

Arnicare[®]
-BRUISE CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Moisturizing Formula
- Fades Bruises



NET WT.
1.4 oz (40 g)

BOIRON[®]
World Leader in
Homeopathic Medicines

Moisturizing Formula



Scientificall
Formulated
with Arnica



Dermatologicall
Tested



Fragrance-Free



Made with
Shea Butter

Made in France
Distributed by Boiron Inc.,
Newtown Square, PA 19073

Drug Facts

Active ingredient^{††} **Purpose[†]**

Arnica montana Relieves minor pain, swelling,
1X HPUS 7% & discoloration from bruises

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses[†] reduces symptoms of bruising such as:

- minor pain
- swelling
- discoloration

Warnings

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 1 year of age and older: Apply a thin layer of Arnica Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnica Bruise Cream.
- Children under 1 year of age: Not recommended.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- dispose of 1 year after opening

[†]Homeopathic tincture made from Arnica montana fresh whole plant.

^{††}CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE. NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

^{†††}C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

NDC 0220-9085-60

BRUISE RELIEF

Pain • Swelling
Discoloration

Arnicare[®]
-BRUISE CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Moisturizing Formula
- Fades Bruises



NET WT.
1.4 oz (40 g)

BOIRON[®]
World Leader in
Homeopathic Medicines



Drug Facts

Active ingredient

Arnica montana,
1X HPUS 7%

Purpose

Relieves minor pain, swelling,
& discoloration from bruises

Uses reduces symptoms of bruising such as:

- minor pain
- swelling
- discoloration

Warnings

For external use only. Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin

■ use only as directed ■ do not tightly wrap or bandage the treated area

■ do not apply heat or ice to the treated area immediately before or after use

Stop use and ask a doctor if ■ condition persists for more than 3 days or worsens

■ symptoms clear up and occur again within a few days

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

■ Adults and children 1 year of age and older: Apply a thin layer of Arnica Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnica Bruise Cream.

■ Children under 1 year of age: Not recommended.

Other information

■ do not use if glued carton end flaps are open or if the tube seal is broken

■ dispose of 1 year after opening

Inactive ingredients

arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, Lactobacillus ferment, purified water, xanthan gum

Made in France
Distributed by Boiron Inc., Newtown Square, PA 19073
1-800-808RON-1 (1-800-264-7661) • Arnicare.com

TUP 1806K-11/26

Drug Facts (continued)

Inactive ingredients

arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, lactobacillus ferment, purified water, xanthan gum

Questions or comments?

Arnicare.com | BoironUSA.com
Info@Boiron.com
1-800-80IRON-1 (1-800-264-7661)



The Boiron Promise

Your health deserves the greatest respect.

That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

please recycle



3 06969 08512 7

NDC 0220-9085-60

BRUISE RELIEF*

Pain • Swelling
Discoloration

Arnicare® —BRUISE CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Moisturizing Formula
- Fades Bruises



NET WT.
1.4 oz (40 g)

BOIRON®
World Leader in
Homeopathic Medicines

Moisturizing Formula

Scientifically Formulated with Arnica

Dermatologically Tested

Fragrance-Free

Made with Shea Butter

Made in France
Distributed by Boiron Inc.
Newtown Square, PA 19073

Drug Facts

Active ingredient*

Arnica montana..... Reduces minor pain, swelling, & discoloration from bruises
1X HPUS 7%

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses* reduces symptoms of bruising such as:
■ minor pain ■ swelling ■ discoloration

Warnings

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Cream.
- Children under 1 year of age: Not recommended.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- dispose of 1 year after opening

*Homeopathic tincture made from Arnica montana fresh whole plant.

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE, NOT FDA EVALUATED.

*C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

NDC 0220-9085-60

BRUISE RELIEF

Pain • Swelling
Discoloration

Arnicare® —BRUISE CREAM

HOMEOPATHIC MEDICINE

- Dermatologically Tested
- Moisturizing Formula
- Fades Bruises



NET WT.
1.4 oz (40 g)

BOIRON®
World Leader in
Homeopathic Medicines

Drug Facts

Active ingredient

Arnica montana..... Relieves minor pain, swelling, & discoloration from bruises
1X HPUS 7%

Uses reduces symptoms of bruising such as:
■ minor pain ■ swelling ■ discoloration

Warnings

For external use only. Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product ■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin ■ use only as directed ■ do not tightly wrap or bandage the treated area ■ do not apply heat or ice to the treated area immediately before or after use **Stop use and ask a doctor if** ■ condition persists for more than 3 days or worsens ■ symptoms clear up and occur again within a few days **Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 1 year of age and older: Apply a thin layer of Arnicare Bruise Cream to affected area and massage gently as soon as possible after minor bruise up to 3 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise Cream.
- Children under 1 year of age: Not recommended.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- dispose of 1 year after opening

Inactive ingredients

arachidyl alcohol, arachidyl glucoside, behenyl alcohol, Butyrospermum parkii (Shea) butter, coconut oil, glycerin, lactobacillus ferment, purified water, xanthan gum

Made in France

Distributed by Boiron Inc., Newtown Square, PA 19073
1-800-80IRON-1 (1-800-264-7661) • Arnicare.com

TUP.1866-0624

Drug Facts (continued)

Inactive ingredients

alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauryl macroglycerides, pegoxol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Questions or comments?

Arnicare.com | BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1 (1-800-264-7661)



The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

Made in France
Distributed by Boiron Inc.,
Newtown Square, PA 19073



NDC 0220-9085-60

BRUISE RELIEF*

Pain • Swelling
Discoloration*

Arnicare®

-BRUISE CREAM

HOMEOPATHIC MEDICINE



- Fades Bruises
- Fragrance-Free



NET WT.
1.4 oz (40g)

BOIRON®
World Leader in
Homeopathic Medicines



From the French Mountains to You

Boiron Arnicare Bruise is made with one pure active ingredient: Arnica montana. This wild mountain daisy has been used for centuries to relieve muscle aches and bruises. Our Arnica is sustainably harvested by hand in the mountains of France. Within 48 hours, these freshly picked plants arrive at our laboratories to become one of the most widely used homeopathic medicines around the world.

- Carefully selected
- Laboratory tested
- Unsurpassed quality since 1932

*We take care of it,
it takes care of you.*

Drug Facts

Active ingredient**

Arnica montana 1X HPUS 7%.....Reduces pain, swelling, and discoloration from bruises

Purpose*

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States

Uses*

reduces symptoms of bruising such as:

- pain
- swelling
- discoloration

Warnings

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use.

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

Apply a thin layer of Arnicare Bruise to affected area and massage gently as soon as possible after minor bruise. Repeat 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- store at 68-77°F (20-25°C)

*Homeopathic mother tincture made from Arnica montana fresh whole plant.

**CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE. NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

*C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts

Active ingredient

Arnica montana 1X HPUS 7%.....Reduces pain, swelling, and discoloration from bruises

Purpose

Uses

reduces symptoms of bruising such as:

- pain
- swelling
- discoloration

Warnings

For external use only. Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use.

Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

Apply a thin layer of Arnicare Bruise to affected area and massage gently as soon as possible after minor bruise. Repeat 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnicare Bruise.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- store at 68-77°F (20-25°C)

Inactive ingredients: alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauryl macroglycerides, pegoxol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Made in France
Distributed by Boiron Inc., Newtown Square, PA 19073
1-800-BOIRON-1 (1-800-264-7661)
Arnicare.com

NDC 0220-9085-60

BRUISE RELIEF

Pain • Swelling
Discoloration

Arnicare®

-BRUISE CREAM

HOMEOPATHIC MEDICINE



- Fades Bruises
- Fragrance-Free



NET WT.
1.4 oz (40g)

BOIRON®
World Leader in
Homeopathic Medicines

ARNICARE BRUISE

arnica montana cream

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9085
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	1 [hp_X] in 1 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
DOCOSANOL (UNII: 9G1OE216XY)	
LIMOSILACTOBACILLUS FERMENTUM (UNII: 2C1F12C6AP)	
WATER (UNII: 059QF0KO0R)	
XANTHAN GUM (UNII: TTV12P4NEE)	
COCONUT OIL (UNII: Q9L0O73W7L)	
ARACHIDYL ALCOHOL (UNII: 1QR1QRA9BU)	
BUTYROSPERMUM PARKII (SHEA) BUTTER UNSAPONIFIABLES (UNII: 0C9AC7D6XU)	
ARACHIDYL GLUCOSIDE (UNII: 6JVW35J00J)	
GLYCERIN (UNII: PDC6A3C0OX)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9085-60	1 in 1 PACKAGE	01/21/2021	
1		1 [hp_X] in 1 TUBE; Type 0: Not a Combination Product		
2	NDC:0220-9085-63	1 in 1 CARTON	01/03/2024	
2		1 [hp_X] in 1 TUBE; Type 0: Not a Combination Product		
3	NDC:0220-9085-82	1 in 1 CARTON	01/03/2024	
3		1 [hp_X] in 1 TUBE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/21/2020	

Labeler - Boiron (282560473)

Registrant - Boiron Inc. (014892269)

Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9085)

Revised: 1/2025

Boiron