## SINUS WASH- sodium bicarbonate, sodium chloride powder, for solution CVS Pharmacy

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

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Sinus Wash
Purpose
Nasal wash
Uses
Temporarily relieves symptoms associated with sinusitis, cold, flu or allergies
-Sneezing
-Nasal Stuffiness
-Runny Nose
-Post nasal drip
Removes inhaled irritants (dust, pollen)
Helps to loosen thick mucous
Moistens nasal passages
Keep out of reach of children
Warnings
Stop use and ask a doctor if washing is uncomfortable or symptoms are not releived
Directions
Adults and children 4 years and over: use 1-2 packets per 8 oz container every 2 hours as needed
Children under 4 years: consult a physician
Consult Instructions for Use inside box for proper use
When using this product:
-Use by only one person
-Wash with soap and water after each use
-Top rack of dishwasher safe
-Do not heat in microwave
Instructions for Use:
Directions: Read through entire section before using for the first time.
1. Empty the contents of one Saline Sinus Wash packet into the Saline Sinus Wash Neti Pot. First-time users should start with 1/2 packet of the dry ingredients. As you become

more accustomed to the system, work up to using 1 full packet. Additional packets may be purchased from your nearest pharmacy.

2. Fill the pot halfway or to the middle of the indentation with proper water. This makes 1/2 cup (4 oz)

solution.

3. Stir thoroughly until dry ingredients have completely dissolved.

4. Proper head position allows solution to run through the nose by gravity.

-Lean over the sink so that the right nostril is directly above the left. The forehead should remain higher than the chin. Raise the handle of the pot so that the solution enters the right nostril. In a few

moments, the solution will begin to drain out of the left nostril into the sink. Do not inhale or "snort" solution into the nose - breathe through your mouth.

5. When the pot is empty, exhale through both nostrils to clear them of excess mucous and solution. Gently blow your nose into a tissue.

6. Repeat the procedure on the other side.

7. Thoroughly rinse the pot after each use with water that has been distilled, sterilized, filtered or previously boiled and leave the pot to air dry thoroughly. The Sinus Wash Neti pot is top-rack

dishwasher safe. Active Ingredients (in each packet) Sodium Bicarbonate USP 700 mg Sodium Chloride USP 2300 mg Inactive Ingredients None



SINUS WASH									
sodium bicarbonate, sodium cl	hloride powder, for solution								
Product Information									
Product Type	HUMAN OTC DRUG	Item Code (Source	) NDC:59779-	504					
Route of Administration	NASAL								
Active Ingredient/Active Moiety									
	<b>Basis of Strength</b>	Strengt							
<b>SODIUM BICARBONATE</b> (UNII: 8MDF5V39QO) (BICARBONATE ION - UNII:HN1ZRA3Q20)			SODIUM BICARBONATE	2300 mg					
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)			SODIUM CHLORIDE	700 mg					

Ina	active Ingredier	nts						
Ingredient Name				Strength				
WA	<b>TER</b> (UNII: 059QF0F	K00R)						
Packaging								
#	Item Code	Package Description	Marketing Sta	art Date	Marketing End Date			
1 N	NDC:59779-504-30	100 in 1 CARTON	0 4/0 1/20 13					
1		1 in 1 PACKET; Type 0: Not a Combination Product						
Marketing Information								
Ma	arketing Category	Application Number or Monograph Citation	Marketing St	tart Date	Marketing End Date			
una	pproved drug other		04/01/2013					

## Labeler - CVS Pharmacy (062312574)

## Establishment

Name	Address	ID/FEI	<b>Business Operations</b>
Ascent Consumer Products Inc		078396381	manufacture (59779-504)

Revised: 1/2020

CVS Pharmacy