

**REAL RELIEF NATURAL WELLNESS COUGH AND COLD SYRUP COMBO PACK  
DAYTIME FORMULA AND NIGHTTIME FORMULA- drosera rotundifolia flowering  
top, arnica montana, bryonia alba whole, ipecacuanha (ipecac), cetraria  
islandica subsp. islandica, cochineal (coccus cacti), corallium rubrum whole,  
stannum metallicum (tin), chamomilla (german chamomille), coffea cruda  
(coffee)**

**Homeolab International (Canada) inc**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Active Ingredients**

Part 1 -Real Relief Natural Wellness™ Cough Cold Daytime Syrup

DROSER ROTUNDIFOLIA FLOWERING TOP  
ARNICA MONTANA  
BRYONIA ALBA WHOLE  
IPECACUANHA (IPECAC)  
CETRARIA ISLANDICA SUBSP. ISLANDICA  
COCHINEAL (COCCUS CACTI)  
CORALLIUM RUBRUM WHOLE  
STANNUM METALLICUM (TIN)

Part 2 - Real Relief Natural Wellness™ Cough Cold Nighttime Syrup

DROSER ROTUNDIFOLIA FLOWERING TOP  
ARNICA MONTANA  
BRYONIA ALBA WHOLE  
CETRARIA ISLANDICA SUBSP. ISLANDICA  
COCHINEAL (COCCUS CACTI)  
CORALLIUM RUBRUM WHOLE  
STANNUM METALLICUM (TIN)  
CHAMOMILLA (GERMAN CHAMOMILLE)  
COFFEA CRUDA (COFFEE)

**Purpose**

Part 1 - Real Relief Natural Wellness™ Cough Cold Daytime Syrup

DROSER ROTUNDIFOLIA FLOWERING TOP	Dry Cough	
ARNICA MONTANA	Congestion	Aches and Pain , Chest
BRYONIA ALBA WHOLE		Painful Cough
IPECACUANHA (IPECAC)		Dry Cough
CETRARIA ISLANDICA SUBSP. ISLANDICA		Cough With
COCHINEAL (COCCUS CACTI)		Cough With

Expectoration  
CORALLIUM RUBRUM WHOLE  
STANNUM METALLICUM (TIN)  
Lessen mucus

Painful cough  
Cough, Chills and

Part 2 - Real Relief Natural Wellness™ Cough Cold Nighttime Syrup

DROSERA ROTUNDIFOLIA FLOWERING TOP Dry Cough

Aches and Pain , Chest

ARNICA MONTANA

Congestion

Painful Cough

BRYONIA ALBA WHOLE

CETRARIA ISLANDICA SUBSP. ISLANDICA

Cough With

Expectoration

COCHINEAL (COCCUS CACTI)

Cough With

Expectoration

CORALLIUM RUBRUM WHOLE

Painful cough

STANNUM METALLICUM (TIN)

Cough, Chills and

Lessen mucus

CHAMOMILLA (GERMAN CHAMOMILLE)

Restlessness,

irritability and nocturnal awakening

COFFEA CRUDA (COFFEE)

Restlessness and

sleeplessness

The letters 'HPUS' indicate that the components in this product are officially monographed in the Homoeopathic Pharmacopoeia of the United States.

## **Uses**

This homeopathic medicine is made from a combination of ingredients traditionally used to help symptoms associated with cough and cold\*; dry cough, expectorant cough, chest congestion, fever, aches and pain.

\*These claims have not been reviewed by the Food and Drug Administration. They are based on traditional homeopathic practice, not medical evidence.

## **Warnings**

Stop use and ask a doctor if: • Pain & cough get worse or last more than 5 days. • Fever gets worse or lasts more than 3 days. • Redness or swelling is present. • New symptoms occur. • cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

If you are pregnant or breast feeding, ask a health professional before.

Keep out of reach of children. In case of accidental overdose, contact a medical professional or poison control center immediately.

## **Directions**

Part 1 Real Relief Natural Wellness™ Daytime Syrup

Directions:

- Do not exceed recommended dosage
- Do not take with foods
- Repeat every 4 hours and reduce with improvement or as directed by a health professional.

Age.....	Dose
Adults and Children 12 + years. ....	10 ml or 2 teaspoon (tsp)
Children 6 to 11 years of age. ....	5 ml or 1 teaspoon (tsp)
Children 2 to 5 years of age. ....	2.5 ml or ½ teaspoon (tsp)

Part 2 Real Relief Natural Wellness™ Relief Nighttime Syrup

Directions:

- Do not exceed recommended dosage
- Do not take with foods
- Repeat every 8 hours and reduce with improvement or as directed by a health professional.

Age.....	Dose
Adults and Children 12 + years. ....	10 ml or 2 teaspoon (tsp)
Children 6 to 11 years of age. ....	5 ml or 1 teaspoon (tsp)
Children 2 to 5 years of age. ....	2.5 ml or ½ teaspoon (tsp)

**Other information**

Part 1

Do not use if the seal is broken or missing. Store at room temperature.

Part 2

Store at room temperature. • Do not use if seal is broken or missing

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**Inactive ingredients**

Purified water, sorbitol, caramel, sodium benzoate, potassium sorbate, citric acid.

**Product label**

**Directions:** • Do not exceed recommended dosage. • Do not take with food • Take before bedtime. Repeat every 8 hours as needed and reduce with improvement or as directed by a health professional.

Age	Dose
Adults and Children 12+ years	10 ml or 2 teaspoons (tsp)
Children 6 to 11 years of age	5 ml or 1 teaspoon (tsp)
Children 2 to 5 years of age	2.5 ml or ½ teaspoon (tsp)

**Other Information:** • Do not use if seal is broken or missing • Store at room temperature.

**Inactive Ingredients:** purified water, sorbitol, caramel, sodium benzoate, potassium sorbate, citric acid.

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**Spanish instructions and warnings on box. Instrucciones y advertencias en español en la caja.**

Homeopathic Medicine MADE IN CANADA  
MFD for:



Montreal, QC H4R 1R7 Canada  
1-800-404-4666 / www.homeolab.com

# Real Relief

NATURAL WELLNESS™



- Great Taste
- Gluten Free
- Alcohol Free
- Sugar Free
- Dye Free

**Effective relief that helps:**

- Relieve dry cough
- Relieve congestion
- Thin and loosen mucus
- Relieve pain and reduce fever

**SAFE - no side effects, no drug interactions**  
HOMEOPATHIC MEDICINE  
MEDICINA HOMEOPÁTICA  
3.4 fl oz (100 mL)



## Drug Facts

**Active ingredients HPUS:** ..... Purpose

Drosera 1C (Sundew)	dry cough
Arnica montana 3C (Leopard's Bane)	aches and pain, chest congestion
Bryonia 3C (White Bryony)	painful cough
Cetraria islandica 1C (Iceland Moss)	cough with expectoration
Coccus cacti 3C (Cochineal)	cough with expectoration
Corallium rubrum 3C (Red Coral)	painful cough
Stannum metallicum 3C (Tin)	cough, chills and lessens mucus
Chamomilla 4C (German Chamomile)	restlessness, irritability and nocturnal awakenings
Coffea cruda 4C (coffee)	restlessness and sleeplessness

The letters HPUS indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Uses:** Uses: This homeopathic medicine is made from a combination of ingredients traditionally used to help symptoms associated with cough and cold: • dry cough • expectorant cough • chest congestion • fever • aches and pain.

**Warnings:** Stop use and ask a doctor if: • Pain & cough get worse or last more than 5 days. • Fever gets worse or lasts more than 3 days. • Redness or swelling is present. • New symptoms occur. • Cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

If you are pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, contact a medical professional or poison control center immediately.

NDC: 71971-92045

**Directions:** Do not exceed recommended dosage. • Do not take with food • Repeat every 4 hours and reduce with improvement or as directed by a health professional.

Age	Dose
Adults and Children 12+ years	10 ml or 2 teaspoons (tsp)
Children 6 to 11 years of age	5 ml or 1 teaspoon (tsp)
Children 2 to 5 years of age	2.5 ml or ½ teaspoon (tsp)

**Other Information:** • Do not use if seal is broken or missing • Store at room temperature.

**Inactive Ingredients:** purified water, sorbitol, caramel, sodium benzoate, potassium sorbate, citric acid.

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# Real Relief

NATURAL WELLNESS™



- Great Taste
- Gluten Free
- Alcohol Free
- Sugar Free
- Dye Free

**Effective relief that helps:**

- Relieve dry cough
- Relieve congestion
- Thin and loosen mucus
- Relieve pain and reduce fever

**SAFE - no side effects, no drug interactions**  
HOMEOPATHIC MEDICINE  
MEDICINA HOMEOPÁTICA  
3.4 fl oz (100 mL)



## Drug Facts

**Active ingredients HPUS:** ..... Purpose

Drosera 1C (Sundew)	dry cough
Arnica montana 3C (Leopard's Bane)	aches and pain, chest congestion
Bryonia 3C (White Bryony)	painful cough
Ipecacuanha 3C (Ipecac)	dry cough
Cetraria islandica 1C (Iceland Moss)	cough with expectoration
Coccus cacti 3C (Cochineal)	cough with expectoration
Corallium rubrum 3C (Red Coral)	painful cough
Stannum metallicum 3C (Tin)	cough, chills and lessens mucus

The letters HPUS indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Uses:** Uses: This homeopathic medicine is made from a combination of ingredients traditionally used to help symptoms associated with cough and cold: • dry cough • expectorant cough • chest congestion • fever • aches and pain.

**Warnings:** Stop use and ask a doctor if: • Pain & cough get worse or last more than 5 days. • Fever gets worse or lasts more than 3 days. • Redness or swelling is present. • New symptoms occur. • Cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

If you are pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, contact a medical professional or poison control center immediately.

NDC: 71971-9185-5

# Real Relief

NATURAL WELLNESS™

HOMEOPATHIC MEDICINE  
• Great Taste • Gluten Free • Alcohol Free • Sugar Free • Dye Free

# Real Relief

NATURAL WELLNESS™

Cough & Cold  
Daytime Syrup

Cough & Cold  
Nighttime Syrup+

**Effective relief that helps:**

- Relieve dry cough
- Relieve congestion
- Thin and loosen mucus
- Relieve pain and reduce fever

**Effective relief that helps:**

- Relieve dry cough
- Relieve congestion
- Thin and loosen mucus
- Relieve pain and reduce fever
- Promote restful sleep

SAFE - no side effects, no drug interactions

2 BOTTLES - 3.4 fl oz (100 mL) EACH; TOTAL 6.8 fl oz (200 mL)

HOMEOPATHIC MEDICINE  
• Muy buen sabor • Sin gluten • Sin alcohol • Sin azúcar • Sin colorante

# Real Relief

NATURAL WELLNESS™

Tos y resfriado  
Jarabe para el día

Tos y resfriado  
Jarabe para la noche+

**Acción rápida-Alivio efectivo que ayuda a:**

- Aliviar la tos seca
- Aliviar la congestión del pecho
- Disolver y reducir el moco
- Aliviar el dolor y reducir la fiebre

**Acción rápida-Alivio efectivo que ayuda a:**

- Aliviar la tos seca
- Aliviar la congestión del pecho
- Disolver y reducir el moco
- Aliviar el dolor y reducir la fiebre
- Promover un sueño reparador

Sin peligro alguno-sin efectos secundarios, sin interacción con otros medicamentos

2 BOTTLES - 3.4 fl oz (100 mL) CADA UNA; TOTAL 6.8 fl oz (200 mL)

## Drug Facts

**Active ingredients HPUS:** ..... Purpose

Drosera 1C (Sundew)	dry cough
Arnica montana 3C (Leopard's Bane)	aches and pain, chest congestion
Bryonia 3C (White Bryony)	painful cough
Cetraria islandica 1C (Iceland Moss)	cough with expectoration
Coccus cacti 3C (Cochineal)	cough with expectoration
Corallium rubrum 3C (Red Coral)	painful cough
Stannum metallicum 3C (Tin)	cough, chills and lessens mucus
Chamomilla 4C (German Chamomile)	restlessness, irritability and nocturnal awakenings
Coffea cruda 4C (coffee)	restlessness and sleeplessness

The letters HPUS indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Uses:** This homeopathic medicine is made from a combination of ingredients traditionally used to help symptoms associated with nighttime cough and cold: • dry cough • expectorant cough • chest congestion • fever • aches and pain.

**Warnings:** Stop use and ask a doctor if: • Pain & cough get worse or last more than 5 days. • Fever gets worse or lasts more than 3 days. • Redness or swelling is present. • New symptoms occur. • Cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

If you are pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, contact a medical professional or poison control center immediately.

**Other Information:** • Do not use if seal is broken or missing or if the bottle is damaged.

**Age:** Adults and Children 12+ years: 10 ml or 2 teaspoons (tsp)

Children 6 to 11 years of age: 5 ml or 1 teaspoon (tsp)

Children 2 to 5 years of age: 2.5 ml or ½ teaspoon (tsp)

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# REAL RELIEF NATURAL WELLNESS COUGH AND COLD SYRUP COMBO PACK DAYTIME FORMULA AND NIGHTTIME FORMULA

drosera rotundifolia flowering top, arnica montana, bryonia alba whole, ipecacuanha (ipecac), cetraria islandica subsp. islandica, cochineal (coccus cacti), corallium rubrum whole, stannum metallicum (tin), chamomilla (german chamomille), coffea cruda (coffee) kit

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:71971-6155
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## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:71971-6155-7	1 in 1 KIT; Type 0: Not a Combination Product	09/01/2022	

## Quantity of Parts

Part #	Package Quantity	Total Product Quantity
Part 1	1 BOTTLE	100 mL
Part 2	1 BOTTLE	100 mL

## Part 1 of 2

### REAL RELIEF

drosera, bryonia, ipecacuanha, cetraria islandica, coccus cacti, corallium rubrum, stannum metallicum liquid

## Product Information

<b>Item Code (Source)</b>	NDC:71971-9185
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<b>Route of Administration</b>	ORAL
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## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DROSERA ROTUNDIFOLIA FLOWERING TOP</b> (UNII: 75O014T1HG) (DROSERA ROTUNDIFOLIA FLOWERING TOP - UNII:75O014T1HG)	DROSERA ROTUNDIFOLIA FLOWERING TOP	1 [hp_C] in 100 mL
<b>ARNICA MONTANA</b> (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	3 [hp_C] in 100 mL
<b>BRYONIA ALBA WHOLE</b> (UNII: 56K0VVT47P) (BRYONIA ALBA WHOLE - UNII:56K0VVT47P)	BRYONIA ALBA WHOLE	3 [hp_C] in 100 mL
<b>IPECAC</b> (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	3 [hp_C] in 100 mL
<b>CETRARIA ISLANDICA WHOLE</b> (UNII: BJ7YPN79A1) (CETRARIA ISLANDICA WHOLE - UNII:BJ7YPN79A1)	CETRARIA ISLANDICA WHOLE	1 [hp_C] in 100 mL
<b>PROTORTONIA CACTI</b> (UNII: LZB7TFX1LT) (PROTORTONIA CACTI -	PROTORTONIA CACTI	3 [hp_C]

UNII:LZB7TFX1LT)	PROTORTONIA CACTI	in 100 mL
<b>CORALLIUM RUBRUM WHOLE</b> (UNII: 22Z32PWR7R) (CORALLIUM RUBRUM WHOLE - UNII:22Z32PWR7R)	CORALLIUM RUBRUM WHOLE	3 [hp_C] in 100 mL
<b>TIN</b> (UNII: 387GMG9FH5) (TIN - UNII:387GMG9FH5)	TIN	3 [hp_C] in 100 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>CARAMEL</b> (UNII: T9D99G2B1R)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)	
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:71971-9185-5	1 in 1 CARTON		
1		100 mL in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/01/2022	

## Part 2 of 2

### REAL RELIEF

drosera, arnica montana, bryonia, cetraria islandica, coccus cacti, corallium rubrum, stannum metallicum, camomilla, coffea crudea liquid

## Product Information

<b>Item Code (Source)</b>	NDC:71971-9204
<b>Route of Administration</b>	ORAL

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DROSERA ROTUNDIFOLIA FLOWERING TOP</b> (UNII: 750014T1HG) (DROSERA ROTUNDIFOLIA FLOWERING TOP - UNII:750014T1HG)	DROSERA ROTUNDIFOLIA FLOWERING TOP	1 [hp_C] in 100 mL

<b>ARNICA MONTANA</b> (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	3 [hp_C] in 100 mL
<b>BRYONIA ALBA WHOLE</b> (UNII: 56K0VVT47P) (BRYONIA ALBA WHOLE - UNII:56K0VVT47P)	BRYONIA ALBA WHOLE	3 [hp_C] in 100 mL
<b>CETRARIA ISLANDICA WHOLE</b> (UNII: BJ7YPN79A1) (CETRARIA ISLANDICA WHOLE - UNII:BJ7YPN79A1)	CETRARIA ISLANDICA WHOLE	1 [hp_C] in 100 mL
<b>PROTORTONIA CACTI</b> (UNII: LZB7TFX1LT) (PROTORTONIA CACTI - UNII:LZB7TFX1LT)	PROTORTONIA CACTI	3 [hp_C] in 100 mL
<b>CORALLIUM RUBRUM WHOLE</b> (UNII: 22Z32PWR7R) (CORALLIUM RUBRUM WHOLE - UNII:22Z32PWR7R)	CORALLIUM RUBRUM WHOLE	3 [hp_C] in 100 mL
<b>TIN</b> (UNII: 387GMG9FH5) (TIN - UNII:387GMG9FH5)	TIN	3 [hp_C] in 100 mL
<b>CHAMOMILE</b> (UNII: FGL3685T2X) (CHAMOMILE - UNII:FGL3685T2X)	CHAMOMILE	4 [hp_C] in 100 mL
<b>ARABICA COFFEE BEAN</b> (UNII: 3SW678MX72) (ARABICA COFFEE BEAN - UNII:3SW678MX72)	ARABICA COFFEE BEAN	4 [hp_C] in 100 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>CARAMEL</b> (UNII: T9D99G2B1R)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)	
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:71971-9204-5	1 in 1 CARTON		
1		100 mL in 1 BOTTLE; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/01/2022	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/01/2022	

Revised: 7/2025

Homeolab International (Canada) inc