## SINUCLEANSE NETI-POT- sodium bicarbonate, sodium chloride ASCENT CONSUMER PRODUCTS, INC.

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

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Purpose

Nasal Wash

Uses

Temporarily relieves symptoms associated with

sinusitis, cold, flu or allergies

-Sneezing

-Nasal Stuffiness

-Runny nose

-Post nasal drip

Removes inhaled irritants (dust, pollen)

Removes nasal and sinus drainage

Helps reduce swelling of nasal membranes

Moisturizes dry nasal passages

Keep out of reach of children

Warnings

Stop use and ask a doctor if washing is uncomfortable

or symptoms are not relieved.

Do not use unfiltered tap water. see instructions inside box for proper water sources

Do not use if nasal passages are completely blocked or if you have an ear infection or blocked ears.

Directions

Adults and children 4 years and over: Use 1-2 packets per 8 fl oz (240 mL) up to every 2 hours as needed.

Children under 4 years: Consult a physician

See enclosed instruction sheet for complete directions and proper use.

Other Information

-Inspect saline packets for integrity

-Do not use saline packets if open or torn
-Protect saline packets from excessive heat and moisture
-See saline packets or box for lot number and expiration date
Questions?
1-888-547-5492
Active ingredients
(in each packet)
Sodium Bicarbonate USP (700 mg)
Sodium Chloride USP (2300 mg)
Inactive Ingredients
None
Instructions for Use of the SinuCleanse Neti Pot

Directions: Read through entire section before using for the first time.

1. Empty the contents of one SinuCleanse Saline Wash packet into the SinuCleanse Neti Pot. First-time users should start with 1/2 packet of the SinuCleanse dry ingredients. As you become more accustomed to the system, work up to using 1 full packet. Additional packets may be purchased from your nearest pharmacy.

2. Fill the pot halfway or to the middle of the indentation with a proper water source.\* This makes 1/2 cup (4 oz.) solution.

3. Stir thoroughly until dry ingredients have completely dissolved.

4. Proper head position allows solution to flow through the nose by gravity.

- Lean over the sink with your head bent down so you are looking directly into the basin.

Holding the pot in your right hand, gently insert the spout into your right nostril so that it

forms a comfortable seal.

- Rotate your head so that the right nostril is directly above the left. The forehead should

remain higher than the chin. Raise the handle of the pot so that the solution enters the right

nostril. In a few moments, the solution will begn to drain out the left nostril into the sink.

Do not inhale or "snort" solution into the nose - breathe through your mouth.

5. When the pot i empty, exhale through both nostrils to clear them

of excess mucus and solution. Gently blow your nose into a tissue.

6. Repeat the procedure on the other side.

7. Thoroughly rinse the pot after each use with water that has

been distilled, sterilized, filtered or previously boiled and leave the

pot to air dry completely. The SinuCleanse Neti Pot is top-rack dishwasher safe.



## SINUCLEANSE NETI-POT

sodium bicarbonate, sodium chloride kit

Product Infor	mation						
Product Type	HUMAN	OTC DRUG	DRUG Item Code (Source)		NDC:42829-402		
Packaging							
Item Code Package Descript		on Marketing Date		Start	tart Marketing End Date		
NDC:42829-402- 30	1 in 1 KIT; Ty Package	pe 1: Convenience Kit	t of Co-	02/01/2015			
Quantity of P	arts						
Part #	Package (	Quantity		Total Pro	duct Qu	antity	/
Part 1 30 PACKET	Г		90000 mg	9			
Part 1 of 1							
SINUCLEAN	ISE						
	-	chloride powder,	for solutio	n			
	iace, soului	remonde powder,		711			
Product Infor	mation						
ltem Code (Sou	rce)	NDC:42829-401					
Route of Admini	nistration NASAL						
Active Ingred	ient/Active	Moiety					
Ingredient Name					Basis of Strength		Strength
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)					SODIUM CHLORID		2300 mg in 3000 mg
SODIUM BICARBONATE (UNII: 8MDF5V39QO) (SODIUM C. BICARBONATE ION - UNII:HN1Z RA3Q20)			I CATION - U	NII:LYR4M0NH37,	SODIUM		700 mg in 3000 mg
		~-~/			DICANDO		in sooo nig
nactive Ingre	dients						
Ingredient Name					Strength		
NATER (UNII: 059Q	-						J
Packaging							
# Item Code	Package Description		ion	Marketing Star Date		Marketing End Date	
	3000 mg in 1 P Co-Package	ACKET; Type 1: Conv	enience Kit o				Pate

Marketing Information							
Application Number or Monograph Citation	Marketing Start Date	Marketing End Date					
	04/01/2013						
Marketing Information							
Application Number or Monograph	Marketing Start	Marketing End					
Citation	Date	Date					
	Application Number or Monograph Citation	Application Number or Monograph       Marketing Start         Odd/01/2013       04/01/2013					

Labeler - ASCENT CONSUMER PRODUCTS, INC. (078396381)

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