# SALINE LAXATIVE- sodium phosphate enema Amerisource Bergen

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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# **Drug Facts**

# Active ingredient

(in each 118 mL delivered dose)

Dibasic sodium phosphate 7 g

Monobasic sodium phosphate 19 g

# **Purpose**

Saline laxative

#### Uses

• relieves occasional constipation

## Warnings

For rectal use only

Dosage warning: Using more than one enema in 24 hours can be harmful.

# Ask a doctor before use if you have

- a sodium-restricted diet
- abdominal pain, nausea or vomiting
- kidney disease, heart problems, or are dehydrated
- noticed a sudden change in bowel habits that lasts over 2 weeks

# Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

## When using this product

- do not use more than directed. Serious side effects may occur from excess dosage.
- do not use for more than 3 days

## Stop use and ask a doctor if

- you have rectal bleeding
- you have no bowel movement after use of a laxative

These may be signs of a serious condition.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

#### **Directions**

Do not use more unless directed by a doctor. See Warnings.

adults & children	one bottle once daily
12 years and over	
children 2 to under	1/2 bottle once daily
12 years	-
children under	do not use
2 years	

#### **CAUTION:**

Remove green protective shield before inserting. Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



# Positioning:

**Left-side position:** lie on left side with knee bent and arms at rest.



**Knee-chest position:** kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



#### Administering enema:

- with steady pressure, gently insert enema with tip pointing toward navel.
- squeeze bottle until recommended dose is expelled (it is not necessary to empty unit completely. Bottle contains more liquid than needed for effective use. A small amount of liquid will remain in bottle after squeezing).
- remove tip from rectum
- stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- maintain position until urge to evacuate is strong (usually 1 to 5 minutes)
- if no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid

comes out of the rectum after 30 minutes because dehydration could occur.

# Other Information

- each 118 mL contains: sodium 4.3 g
- store at room temperature 20-25 deg C (68-77 deg F)
- this product generally produces bowel movement in 1 to 5 minutes

# **Inactive ingredients**

benzalkonium chloride, disodium EDTA, purified water

# Questions or comments?

1-800-633-5463

Side and Principal Display Panel - box



NDC 46122-500-11

Good Neighbor Pharmacy

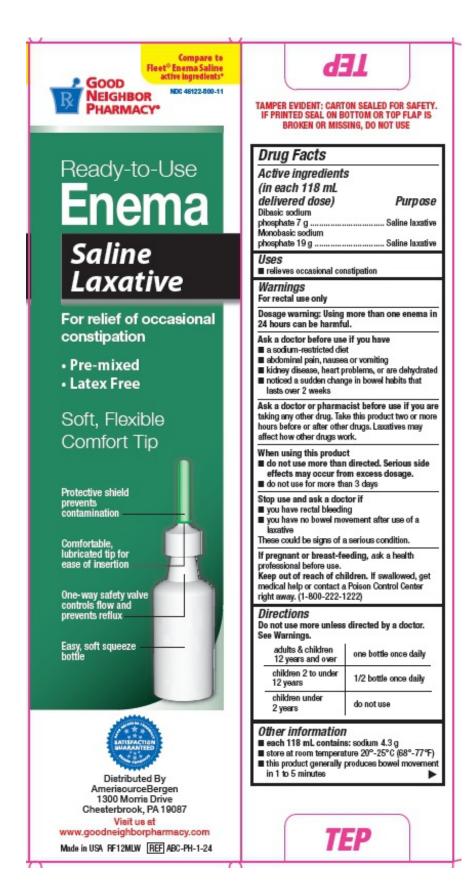
Ready-to-Use

#### **ENEMA**

Saline Laxative

For relief of occasional constipation
Pre-mixed
Latex Free
Soft, Flexible comfort tip
Single Pack
4.5 fl oz (133 ml)

Side and Back - box



### SALINE LAXATIVE

sodium phosphate enema

#### **Product Information**

Product Type HUMAN OTC DRUG Item Code (Source) NDC:46 122-500

Route	of A	١dm	inistr	ation	

RECTAL

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
SODIUM PHO SPHATE, DIBASIC (UNII: GR686LBA74) (PHO SPHATE ION - UNII: NK08 V8 K8 HR)	SODIUM PHOSPHATE, DIBASIC	7 g in 118 mL	
SODIUM PHO SPHATE, MONOBASIC (UNII: 3980 JIH2SW) (PHO SPHATE ION - UNII: NK 08 V8 K8 HR)	SODIUM PHOSPHATE, MONOBASIC	19 g in 118 mL	

Inactive Ingredients		
Ingredient Name	Strength	
BENZALKO NIUM CHLO RIDE (UNII: F5UM2KM3W7)		
EDETATE DISO DIUM (UNII: 7FLD9 1C8 6 K)		
WATER (UNII: 059QF0KO0R)		

P	Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date	
1	NDC:46122-500-11	1 in 1 BOX			
1		133 mL in 1 BOTTLE			
2	NDC:46122-500-35	2 in 1 BOX			
2		133 mL in 1 BOTTLE			

Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC monograph not final	part334	08/31/2012		

# **Labeler -** Amerisource Bergen (007914906)

Revised: 11/2012 Amerisource Bergen