

**F19 STRNG-MND- anacardium orientale, arnica montana, aurum metallicum, castanea sativa, citrus sinensis, crataegus monogyna, cytiscus scoparius, dandelion, fagus sylvatica, fuchsia, gorse, hydrastis canadensis, ignatia amara, iron, kali phosphoricum, malus sylvestris, natrum muriaticum, paeonia californica, pomegranate, prunella vulgaris, rosa californica, sinapis arvensis, yarrow, yerba santa solution/ drops
Apex Energetics Inc.**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

F19

Active Ingredients	
Anacardium Orientale	12X
Arnica Montana	9X 12X
Arnica Montana Flower	6C 9C 12C
Aurum Metallicum	6C 9C 12C
California Peony Whole	6C 9C 12C
California Wildrose Whole	6C 9C 12C
Crab Apple Flower	6C 9C 12C
Dandelion Herb	6C 9C 12C
English Hawthron Flower	6C 9C 12C
European Beech Flowering Top	6C 9C 12C
Ferrum Metallicum	6C 9C 12C
Fuchsia Magellanica Whole	6C 9C 12C
Goldenseal Whole	6C 9C 12C
Gorse Flower	6C 9C 12C
Ignatia Amara	15X 20X
Kali Phosphoricum	6C 9C 12C
Natrum Muriaticum	6C 9C 12C
Pomegranate Flower	6C 9C 12C
Scotch Broom Flower	6C 9C 12C
Self Heal Flower	6C 9C 12C
Sweet Chestnut Flower	6C 9C 12C
Sweet Orange Flower	6C 9C 12C
Wild Mustard Flowering/Fruiting Top	6C 9C 12C
Yarrow Flower	6C 9C 12C
Yerba Santa Flowering Top	6C 9C 12C

Uses:

For temporary relief of minor:
feeling overwhelmed*
mental fatigue*

weak memory*

muscle tension*

low-spirits*

*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

Warnings:

If pregnant or breastfeeding, ask a health professional before use.

Do not use if clear seal over the cap is broken or missing.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Stop use and ask a doctor if feeling overwhelmed, mental fatigue, weak memory, muscle tension, low-spirits, or other symptoms do not improve within 7 days or are accompanied by fever.

Directions:

Adults & children ages 12 years and over: Take 10 drops under the tongue 3 times a day, or as directed by your healthcare professional. Consult a physician for use in children under 12 years of age

Inactive Ingredients

alcohol (20% by volume), distilled water

Distributed by Apex Energetics. Questions?

16592 Hale Ave., Irvine, CA 92606, USA

FUTUREPLEX® F19

FLOWER ESSENCES

STRNG-MND™

Homeopathic Formula

Feeling Overwhelmed*

Mental Fatigue*

1 fl oz (30 mL)

Alcohol 20% by Volume

LOT **Drug Facts (continued)**

Uses: For temporary relief of minor: • feeling overwhelmed* • mental fatigue* • weak memory* • muscle tension* • low-spirits*

Warnings: If pregnant or breastfeeding, ask a health professional before use. Do not use if clear seal over the cap is broken or missing. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. **Stop use and ask a doctor** if feeling overwhelmed, mental fatigue, weak memory, muscle tension, low-spirits, or other symptoms do not improve within 7 days or are accompanied by fever.

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FUTUREPLEX® F19

Flower Essences



STRNG-MND™
Homeopathic Formula

**Feeling Overwhelmed*
Mental Fatigue***

1 fl oz (30 mL)

Alcohol 20% by Volume

Drug Facts

F1920-0914

Active Ingredients

Anacardium Orientale	12X	Ignatia Amara	15X 20X
Arnica Montana	9X 12X	Kali Phosphoricum	
Arnica Montana Flower	6C 9C 12C	Natrum Muriaticum	6C 9C 12C
Aurum Metallicum	6C 9C 12C	Pomegranate Flower	6C 9C 12C
California Peony Whole	6C 9C 12C	Scotch Broom Flower	6C 9C 12C
California Wildrose Whole	6C 9C 12C	Self Heal Flower	6C 9C 12C
Crab Apple Flower	6C 9C 12C	Sweet Chestnut Flower	6C 9C 12C
Dandelion Herb	6C 9C 12C	Sweet Orange Flower	6C 9C 12C
English Hawthorn Flower	6C 9C 12C	Wild Mustard Flowering/ Fruiting Top	6C 9C 12C
European Beech Flowering Top	6C 9C 12C	Yarrow Flower	6C 9C 12C
Ferrum Metallicum	6C 9C 12C	Yerba Santa Flowering Top	6C 9C 12C
Fuchsia Magellanica Whole	6C 9C 12C		
Goldenseal Whole	6C 9C 12C		
Gorse Flower	6C 9C 12C		

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anacardium orientale, arnica montana, aurum metallicum, castanea sativa, citrus sinensis, crataegus monogyna, cytiscus scoparius, dandelion, fagus sylvatica, fuchsia, gorse, hydrastis canadensis, ignatia amara, iron, kali phosphoricum, malus sylvestris, natrum muriaticum, paeonia californica, pomegranate, prunella vulgaris, rosa californica, sinapis arvensis, yarrow, yerba santa solution/ drops

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:63479-0619
Route of Administration	SUBLINGUAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ) (ARNICA MONTANA FLOWER - UNII:OZ0E5Y15PZ)	ARNICA MONTANA FLOWER	12 [hp_C] in 1 mL
IRON (UNII: E1UOL152H7) (IRON - UNII:E1UOL152H7)	IRON	12 [hp_C] in 1 mL
STRYCHNOS IGNATII SEED (UNII: 1NM3M2487K) (STRYCHNOS IGNATII SEED - UNII:1NM3M2487K)	STRYCHNOS IGNATII SEED	20 [hp_X] in 1 mL
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM CHLORIDE	12 [hp_C] in 1 mL
PUNICA GRANATUM FLOWER (UNII: D9B634V4GP) (PUNICA GRANATUM FLOWER - UNII:D9B634V4GP)	PUNICA GRANATUM FLOWER	12 [hp_C] in 1 mL
SINAPIS ARVENSIS FLOWERING/FRUITING TOP (UNII: WWX61E1ZAK) (SINAPIS ARVENSIS FLOWERING/FRUITING TOP - UNII:WWX61E1ZAK)	SINAPIS ARVENSIS FLOWERING/FRUITING TOP	12 [hp_C] in 1 mL
ACHILLEA MILLEFOLIUM FLOWER (UNII: YQR8R0SQEA) (ACHILLEA MILLEFOLIUM FLOWER - UNII:YQR8R0SQEA)	ACHILLEA MILLEFOLIUM FLOWER	12 [hp_C] in 1 mL
PAEONIA CALIFORNICA WHOLE (UNII: 38QL9598DU) (PAEONIA CALIFORNICA WHOLE - UNII:38QL9598DU)	PAEONIA CALIFORNICA WHOLE	12 [hp_C] in 1 mL
MALUS SYLVESTRIS FLOWER (UNII: 6ZJ8N1924Z) (MALUS SYLVESTRIS FLOWER - UNII:6ZJ8N1924Z)	MALUS SYLVESTRIS FLOWER	12 [hp_C] in 1 mL
PRUNELLA VULGARIS FLOWER (UNII: AT1FD041EF) (PRUNELLA VULGARIS FLOWER - UNII:AT1FD041EF)	PRUNELLA VULGARIS FLOWER	12 [hp_C] in 1 mL

CASTANEA SATIVA FLOWER (UNII: YHZ719F7M3) (CASTANEA SATIVA FLOWER - UNII:YHZ719F7M3)	CASTANEA SATIVA FLOWER	12 [hp_C] in 1 mL
CITRUS SINENSIS FLOWER (UNII: H02N5LQ5F6) (CITRUS SINENSIS FLOWER - UNII:H02N5LQ5F6)	CITRUS SINENSIS FLOWER	12 [hp_C] in 1 mL
TARAXACUM OFFICINALE FLOWERING TOP (UNII: DQS85W46HV) (TARAXACUM OFFICINALE FLOWERING TOP - UNII:DQS85W46HV)	TARAXACUM OFFICINALE FLOWERING TOP	12 [hp_C] in 1 mL
ULEX EUROPAEUS FLOWER (UNII: 398DBS1PXN) (ULEX EUROPAEUS FLOWER - UNII:398DBS1PXN)	ULEX EUROPAEUS FLOWER	12 [hp_C] in 1 mL
POTASSIUM PHOSPHATE, DIBASIC (UNII: C171S98N1Z) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM PHOSPHATE, DIBASIC	12 [hp_C] in 1 mL
CYTISUS SCOPARIUS FLOWER (UNII: 205JZ3JIKD) (CYTISUS SCOPARIUS FLOWER - UNII:205JZ3JIKD)	CYTISUS SCOPARIUS FLOWER	12 [hp_C] in 1 mL
ERIODICTYON CALIFORNICUM FLOWERING TOP (UNII: HKE3DK7994) (ERIODICTYON CALIFORNICUM FLOWERING TOP - UNII:HKE3DK7994)	ERIODICTYON CALIFORNICUM FLOWERING TOP	12 [hp_C] in 1 mL
CRATAEGUS MONOGYNA FLOWER (UNII: NT52AMP29J) (CRATAEGUS MONOGYNA FLOWER - UNII:NT52AMP29J)	CRATAEGUS MONOGYNA FLOWER	12 [hp_C] in 1 mL
HYDRASTIS CANADENSIS WHOLE (UNII: R763EBH88T) (HYDRASTIS CANADENSIS WHOLE - UNII:R763EBH88T)	HYDRASTIS CANADENSIS WHOLE	12 [hp_C] in 1 mL
SEMECARPUS ANACARDIUM JUICE (UNII: Y0F0BU8RDU) (SEMECARPUS ANACARDIUM JUICE - UNII:Y0F0BU8RDU)	SEMECARPUS ANACARDIUM JUICE	12 [hp_X] in 1 mL
ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	12 [hp_X] in 1 mL
GOLD (UNII: 79Y1949PYO) (GOLD - UNII:79Y1949PYO)	GOLD	12 [hp_C] in 1 mL
ROSA CALIFORNICA WHOLE (UNII: H14X4P9EKJ) (ROSA CALIFORNICA WHOLE - UNII:H14X4P9EKJ)	ROSA CALIFORNICA WHOLE	12 [hp_C] in 1 mL
FAGUS SYLVATICA FLOWERING TOP (UNII: 21AF0IH5U) (FAGUS SYLVATICA FLOWERING TOP - UNII:21AF0IH5U)	FAGUS SYLVATICA FLOWERING TOP	12 [hp_C] in 1 mL
FUCHSIA MAGELLANICA WHOLE (UNII: J66MJH220L) (FUCHSIA MAGELLANICA WHOLE - UNII:J66MJH220L)	FUCHSIA MAGELLANICA WHOLE	12 [hp_C] in 1 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
ALCOHOL (UNII: 3K9958V90M)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63479-0619-1	30 mL in 1 BOTTLE, GLASS; Type 0: Not a Combination Product	03/12/1996	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/12/1996	

Labeler - Apex Energetics Inc. (195816384)

