

RELIEVE AND RELAX PAIN RELIEVING- camphor (synthetic), menthol gel
MAC Innovations, LLC

Relieve and Relax Pain Relieving

DRUG FACTS

Active Ingredients

Camphor 4.0% w/w

Menthol 10.0% w/w

Purpose

Topical Analgesic

Uses:

Temporarily relieves the minor aches and pains of muscles and joints associated with simple backache, arthritis, strains, bruises, and sprains.

Warnings:

- For external use only.
- Flammable, Keep away from fire or flame.
- Avoid getting into eyes or on mucous membranes.
- If conditions worsens, or if symptoms persist for more than 7 days or clear up and occur within a few days, discontinue use of this product and consult a doctor.

Do not use

- on wounds or damaged skin.
- Do not bandage tightly. • Caution: Discontinue use if excessive irritation of the skin develops.

Keep out of reach of children.

- Use only as directed. • Do not use if pregnant or breastfeeding. • If swallowed, get medical help or contact a poison control center right away.

Directions:

SHAKE WELL BEFORE USE Adults and children 12 years of age and older: Using the roll-on applicator, massage a liberal amount of gel directly on the affected area not more

than 3-4 times daily. Children under 12 years of age: Ask a doctor.

Other Information:

Store between 10 and 30°C (50-86°F) Avoid freezing and excessive heat above 32°C (90°F)

Inactive Ingredients:

Acrylates/Beheneth- 25 Methacrylate Copolymer, Caprylyl Glycol, Chondroitin Sulfate, Ethanol SDA 40B, Eucalyptus Oil, Glucosamine Sulfate, Glycerin, Magnesium Chloride, Peppermint Oil, Phenoxyethanol, Propylene Glycol, Triethanolamine, Water

Questions or Comments?

Call Toll Free: 954-747-3300 Monday through Friday 8:30 AM to 5:00 PM EST. Visit us: www.RelieveAndRelax.com email us: info@RelieveAndRelax.com Or Write us: MAC Innovations, LLC Attn: Quality Assurance Dept. 2301 SW 145th Ave. Miramar, FL USA 33027

Package Labeling:

DRUG FACTS (Cont.)**Other Information:**

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Miramar, FL USA 33027

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PAIN RELIEVING GEL

RELIEVE

& RELAX

WITH CHONDROITIN

RELIEVES MUSCLE & JOINT PAIN

RELAXES SPRAINS & STRAINS

3 FL. OZ. (88.7mL)

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|------------------------|-------------------|
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RELIEVE AND RELAX PAIN RELIEVING

camphor (synthetic), menthol gel

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:81790-001 |
| Route of Administration | TOPICAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|---------------------|----------------|
| CAMPHOR (SYNTHETIC) (UNII: 5TJD82A1ET) (CAMPHOR (SYNTHETIC) - UNII:5TJD82A1ET) | CAMPHOR (SYNTHETIC) | 40 mg in 1 mL |
| MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A) | MENTHOL | 100 mg in 1 mL |

Inactive Ingredients

| Ingredient Name | Strength |
|---|----------|
| CAPRYLYL GLYCOL (UNII: 00YIU5438U) | |
| EUCALYPTUS OIL (UNII: 2R04ONI662) | |
| GLUCOSAMINE SULFATE (UNII: 1FW7WLR731) | |
| GLYCERIN (UNII: PDC6A3C0OX) | |
| MAGNESIUM CHLORIDE (UNII: 02F3473H9O) | |

| | |
|--|--|
| PEPPERMINT OIL (UNII: AV092KU4JH) | |
| PHENOXYETHANOL (UNII: HIE492ZZ3T) | |
| PROPYLENE GLYCOL (UNII: 6DC9Q167V3) | |
| TROLAMINE (UNII: 9O3K93S3TK) | |
| WATER (UNII: 059QF0KO0R) | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|--|----------------------|--------------------|
| 1 | NDC:81790-001-00 | 88.7 mL in 1 BOTTLE, WTH APPLICATOR; Type 0: Not a Combination Product | 06/01/2021 | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| OTC Monograph Drug | M017 | 06/01/2021 | |

Labeler - MAC Innovations, LLC (079554472)

Revised: 12/2025

MAC Innovations, LLC