

**MEDISTIK ICE- menthol, camphor solution**  
**Natureteq Inc.**

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**Natureteq (as PLD) - MEDISTIK PRO ICE THERAPY (50231-411)**

**ACTIVE INGREDIENTS**

Menthol 10%

Camphor 4%

**PURPOSE**

Topical Analgesic

**USES**

For the temporary relief of sore muscles and joints associated with

- strains and sprains
- backaches
- lumbago
- pain of tendons and/or ligaments
- arthritic or rheumatic pain

**WARNINGS**

For external use only. Avoid contact with eyes and mucous membranes. Do not apply to wounds or damaged skin. Do not tightly bandage. Do not apply with external heat, such as an electric heating pad, as this may result in excessive skin irritation or skin burn.

Stop use and consult a physician if condition worsens, rash or irritation develops, or if symptoms persist for more than 7 days or clear up and recur in a few days. Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Rashes and/or burning discomfort, and hypersensitivity such as allergy have been known to occur; in which case, discontinue use.

**DIRECTIONS**

For use on adults and children over 12 years of age.

Apply to affected area(s) 3 to 4 times per day as required. A stinging or burning sensation will be experienced during the first few minutes as the formula begins working. For arthritis or muscle pain of the hands, retain for at least 10 minutes then wash hands.

**INACTIVE INGREDIENTS**

Denatured alcohol, Water, Peppermint oil, Glycerin, Acrylates copolymer, MSM, Ilex paraguariensis leaf extract, Glucosamine sulphate, Chondroitin sulphate, Folic acid, Vitamin C, Vitamin D.

Cautions: Keep out of reach of children. If overdose or accidental ingestion occurs, call a Poison Control Center immediately.

**MEDISTIK**<sup>®</sup> PAIN RELIEF



NATURAL & FAST ACTING PAIN RELIEF

MUSCLE & JOINT PAIN  
BACKACHE & ARTHRITIS

**+ NATURAL**

89mL

NATURAL COOLING FAST ACTING COOLING ROLL-ON

ALSO INCLUDES:  
MSM  
ILEX  
GLUCOSAMINE  
CHONDROITIN  
PEPPERMINT OIL  
FOLIC ACID  
VITAMINS C & D

Greaseless, non-staining, colour and paraben-free

NDC 50231 -411



Drug Facts	
Active Ingredients	Purpose
Menthol 10%.....	Topical Analgesic
Camphor 4%.....	Topical Analgesic
<b>Uses</b> Temporarily relieves minor aches and pains of muscles and joints associated with ■ simple backache ■ arthritis ■ strains ■ sprains ■ bruises ■ cramps	
<b>Warnings For external use only</b>	
<b>When using this product</b> ■ use only as directed ■ avoid getting into the eyes and mucous membranes ■ do not bandage tightly or use with a heating pad ■ do not apply to wounds or damaged skin	
<b>Stop use and ask doctor if</b> ■ condition worsens ■ symptoms persist for more than 7 days or clear up and occur again within a few days ■ excessive skin irritation or redness occurs	
<b>If pregnant or breast-feeding</b> , ask a health professional before use.	
<b>Keep out of reach of children to avoid accidental ingestion.</b> If swallowed, get medical help or contact a Poison Control Center immediately. <b>Flammable:</b> Keep away from excessive heat or open flame. Store in a cool dry place with lid or cap closed tightly	
<b>Directions</b> ■ adults and children 12 years of age and older: apply product on affected area, not more than 4 times daily ■ children under 12 years of age: ask a doctor	
<b>Inactive Ingredients</b> ■ Denatured alcohol, Water, Peppermint oil, Glycerin, Polyacrylate Crosspolymer-6, MSM, Ilex paraguariensis leaf extract, Glucosamine sulfate, Chondroitin sulfate, Folic acid, Vitamin C, Vitamin D, may contain sodium hydroxide	

NATURETEQ Inc. 5-62 Alness, Toronto, ON, Canada M3J2H1  
855-347-0226 | Made in Canada | [MEDISTIK.com](http://MEDISTIK.com)

## MEDISTIK ICE

menthol, camphor solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50231-411
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MENTHOL</b> (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	10 g in 100 mL
<b>CAMPHOR OIL</b> (UNII: 75IZZ8Y727) (CAMPHOR OIL - UNII:75IZZ8Y727)	CAMPHOR OIL	4 g in 100 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>WATER</b> (UNII: 059QF0KO0R)	

<b>PEPPERMINT OIL</b> (UNII: AV092KU4JH)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>CARBOMER COPOLYMER TYPE A (ALLYL PENTAERYTHRITOL CROSSLINKED)</b> (UNII: 71DD5V995L)	
<b>DIMETHYL SULFONE</b> (UNII: 9H4PO4Z4FT)	
<b>ILEX PARAGUARIENSIS LEAF</b> (UNII: 1Q953B4O4F)	
<b>GLUCOSAMINE SULFATE</b> (UNII: 1FW7WLR731)	
<b>CHONDROITIN SULFATE (CHICKEN)</b> (UNII: 7VZ9466BAB)	
<b>FOLIC ACID</b> (UNII: 935E97BOY8)	
<b>ASCORBIC ACID</b> (UNII: PQ6CK8PD0R)	
<b>VITAMIN D</b> (UNII: 9VU1KI44GP)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50231-411-11	89 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/21/2020	
2	NDC:50231-411-12	500 mL in 1 BOTTLE; Type 0: Not a Combination Product	03/18/2020	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	02/17/2016	

**Labeler** - Natureteq Inc. (243737371)

Revised: 9/2025

Natureteq Inc.