

**SLEEP AID- sleep aid capsule, liquid filled  
Good Sense**

-----  
**410 - Nighttime Sleep Aid**

**Active ingredient(s)**

Diphenhydramine HCl 50mg

**Purpose**

Nighttime sleep aid

**Use(s)**

- for relief of occasional sleeplessness

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other products containing diphenhydramine, even one used on skin

**Ask a doctor before use if**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if**

you are taking sedatives or tranquilizers

**When using this product**

avoid alcoholic drinks

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breastfeeding,**

ask a health professional before use.

**Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## **Directions**

**Adults and children 12 years and over:** 1 softgel (50mg) at bedtime if needed, or as directed by a doctor

## **Other information**

- store at room temperature 15° to 30°C (59° to 86°F)
- avoid excessive heat

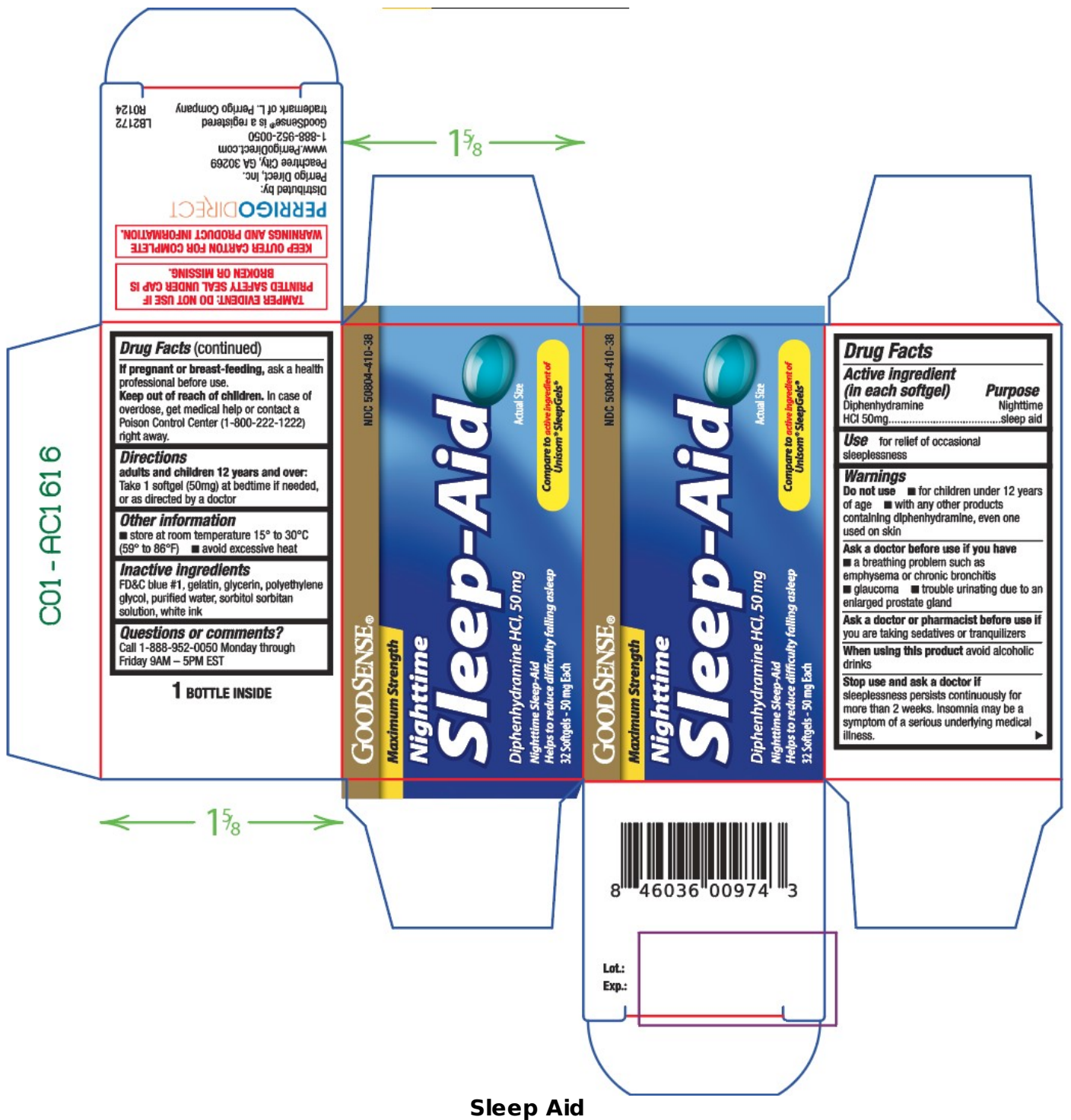
## **Inactive ingredients**

FD&C blue #1, gelatin, glycerin, polyethylene glycol, purified water, sorbitol sorbitan solution, white ink

## **Questions/Comments**

Call 1-888-952-0050 Monday through Friday 9AM - 5PM EST

## **Principal Display Panel**



Sleep Aid

**SLEEP AID**

sleep aid capsule, liquid filled

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50804-410
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name		Basis of Strength	Strength	
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)		DIPHENHYDRAMINE HYDROCHLORIDE	50 mg	
<b>Inactive Ingredients</b>				
Ingredient Name			Strength	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)				
GELATIN (UNII: 2G86QN327L)				
GLYCERIN (UNII: PDC6A3C0OX)				
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)				
WATER (UNII: 059QF0KO0R)				
SORBITOL SOLUTION (UNII: 8KW3E207O2)				
<b>Product Characteristics</b>				
Color	blue	Score	no score	
Shape	OVAL	Size	13mm	
Flavor		Imprint Code	PC5	
Contains				
<b>Packaging</b>				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50804-410-38	1 in 1 CARTON	06/18/2024	
1		32 in 1 BOTTLE; Type 0: Not a Combination Product		
<b>Marketing Information</b>				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC Monograph Drug	M010	06/18/2024		

**Labeler** - Good Sense (076059836)

Revised: 6/2024

Good Sense