RELIEF EPSOM SALT- magnesium sulfate heptahydrate granule BLUE CROSS LABORATORIES, INC.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Relief Epsom Salts

Active Ingredients Purpose

Magnesium Sulfate [heptahydrate]100% Saline Laxative

-For relief of occasional constipation (irregularity)

-this product generally produces bowel movement in 1/2 to 6 hours

Keep out of reach of children

-For relief of occasional constipation (irregularity)

-this product generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor of pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

If pregnant or breast-feeding, as a health professional before use. **Keep out of reach of children**. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

-do not exceed more than 2 doses per day

-drink a full glass (8 ounces) of liquid with each dose

-dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste.

-adults and children 12 years and over: 2 to 4 level teaspoons (10 to 20 grams) daily

-children 6 to under 12 years: 1 to 2 level teaspoons (5 to 10 grams) daily

-children under 6 years: consult a doctor

Other information

Magnesium content: 495 mg per teaspoon

Relief

Epsom Salt

Magnesium Sulfate

• Use as a soaking solution for minor aches & sprains

- Use as a saline laxative
- Great For Gardening

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IB/ATFINE IF-OURL COMMUNICS: INDOCORDED Natural magnesium, a key ingradient in BURLINEF INDO Epsorn Salt, is a stross reliever. Avid 2 cups to your bath and soald away your wondes.

IP404011" 9840/AUX IP4048, 9840/RUE IP181811" Epsonn Salt is famous for rejuvenating thed feat. Simply add 1 cup to about a gallom of wanni water, and acak for at least 5 minutes at a time.

INDELLIDERF DECORD CONFIRMENCIERFEURICUM

For soothing relief from overasertion and stiffness, draw a bath suid add 2 cups of PRELIEF INDO Epson Salt. Soak for 15 minutes and let our natural epson salt do hs job. Use in baths, soaks or a whirlpool for those natural benefits. Gentle enough for the whole family.

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Per Milmor Spraine and Brabeec:

Dissolve 2 cupe of MRILIEF MID Epsors Salt per gallen of water. Apply in conjunction with bundages or traveling or use in both. Use with mann water for best results.

Wannudruge

Where prompt relief is not obtained or where there is evidence of intection, discontinue use and consult physician. But or warm soulds should not be used by individuals with disbetos eccept on advice of physician.

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Heap this and all drugs out of the reach of children. In case, of accidental overdees, seek professional mailatence or contact a polyon control center immediately. Package sold by weight not volume. Some setting of contant may occur during shipment. If eading pocure, top power gently to free granules.

Distributed by: BUDE Clooss Laponarconnes Santa Clarita, CA 91350 Developed In USA Made In China



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RELIEF EPSOM SALT

magnesium sulfate heptahydrate granule

Product Informa	tion						
Product T ype		HUMAN OTC DRUG	Item Co	m Code (Source)		NDC:22431-248	
Route of Administra	ition	ORAL					
Active Ingredien	t/Active Moi	ety					
Ingredient Name					Basis of Strength		Strength
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Labeler - BLUE CROSS LABORATORIES, INC. (008298879)

Registrant - BLUE CROSS LABORATORIES, INC. (008298879)

Establishment

Name	Address	ID/FEI	Business Operations
Hefei Yatai Daily Chemical Products Co., Ltd.		654641724	manufacture(22431-248)

Revised: 12/2019

BLUE CROSS LABORATORIES, INC.