

**RELIEF EPSOM SALT- magnesium sulfate heptahydrate granule
BLUE CROSS LABORATORIES, INC.**

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Relief Epsom Salts

Active Ingredients Purpose

Magnesium Sulfate [heptahydrate]100% Saline Laxative

- For relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Keep out of reach of children

- For relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor of pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

If pregnant or breast-feeding, as a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed more than 2 doses per day
- drink a full glass (8 ounces) of liquid with each dose
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste.
- adults and children 12 years and over: 2 to 4 level teaspoons (10 to 20 grams) daily
- children 6 to under 12 years: 1 to 2 level teaspoons (5 to 10 grams) daily
- children under 6 years: consult a doctor

Other information

Magnesium content: 495 mg per teaspoon

Relief

Epsom Salt

Magnesium Sulfate

- Use as a soaking solution for minor aches & sprains

- Use as a saline laxative
- Great For Gardening

NET WT 8 LB (3.63kg)



- Use as an excellent solution for minor aches & sprains

- *Close and a saddle horse*
- *Great for grandstanding*

NET WT 8 LBS
(3.63kg)

RELIEF FROM CONJUNCTIVITIS (RED EYES)

Natural magnesium, a key ingredient in **RELIEF** and Epsom Salt, is a stress reliever. Add 2 cups to your bath and soak away your worries.

RESCUE SORE AND BURNED FEET

Epsom Salt is famous for rejuvenating tired feet. Simply add 1 cup to about a gallon of warm water, and soak for at least 5 minutes at a time.

RELIEF FROM CONSTIPATION

OR: STIFF NECKS

For soothing relief from constipation and stiffness, draw a bath and add 2 cups of **RELIEF** and Epsom Salt. Soak for 15 minutes and let our natural epsom salt do its job. Use in baths, soaks or a whirlpool for those natural benefits. Gentle enough for the whole family.

For Rheumatoid Arthritis and Arthritis

For Minor Sprains and Bruises

Dissolve 2 cups of **RELIEF** and Epsom Salt per gallon of water. Apply in conjunction with bandages or bandaging or use in bath. Use with warm water for best results.

Warnings

Where prompt relief is not obtained or where there is evidence of infection, discontinue use and consult physician. Hot or warm soaks should not be used by individuals with diabetes except on advice of physician.

Caution

Keep this and all drugs out of the reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Package sold by weight not volume. Some settling of content may occur during shipment. If settling occurs, tap pouch gently to free granules.

Distributed by:
PHOENIX CHEMICAL CORPORATION
Santa Clarita, CA 91350
Developed in USA
Made in China



Drug Facts

Active Ingredients

Magnesium sulfate (Epsom Salt)

Uses

For relief of constipation or other product generally prescribed

Warnings

Do not use if you have kidney disease or

other medical conditions

Do not use if you are pregnant or

breastfeeding

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RELIEF EPSOM SALT

magnesium sulfate heptahydrate granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:22431-248
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	3.63 kg in 3.63 kg

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:22431-248-01	3.63 kg in 1 BAG; Type 0: Not a Combination Product	08/22/2017	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	08/22/2017	

Labeler - BLUE CROSS LABORATORIES, INC. (008298879)**Registrant** - BLUE CROSS LABORATORIES, INC. (008298879)**Establishment**

Name	Address	ID/FEI	Business Operations
Hefei Yatai Daily Chemical Products Co., Ltd.		654641724	manufacture(22431-248)

Revised: 12/2019

BLUE CROSS LABORATORIES, INC.