

**WESCAP-C-DHA- ascorbic acid, thiamine mononitrate, riboflavin, niacin, pyridoxine hydrochloride, folic acid, cyanocobalamin, biotin, calcium pantothenate, ferrous fumarate, iron, magnesium sulfate, zinc sulfate, cupric sulfate, doconexent, and icosapent capsule, gelatin coated Westminster Pharmaceuticals, LLC**

**WesCap-C-DHA**

<b>Supplement Facts</b>		
<b>Serving Size: 1 Softgel</b>		
<b>Amount Per Serving</b>	<b>% Daily Value for Pregnant and Lactating Women</b>	
<b>Vitamin C*</b>	25 mg	21%
<b>Thiamin</b> (thiamine mononitrate)	2 mg	143%
<b>Riboflavin</b>	3 mg	188%
<b>Niacin</b>	1.8 mg	10%
<b>Vitamin B6</b> (pyridoxine HCl)	25 mg	1250%
<b>Folate</b>	1700 mcg DFE (1 mg Folic Acid)	283%
<b>Vitamin B12</b> (cyanocobalamin)	12.5 mcg	446%
<b>Biotin</b>	300 mcg	857%
<b>Pantothenic Acid</b> (d-calcium pantothenate)	5 mg	71%
<b>Iron</b>		
Ferrous Fumarate (anhydrous) (Equivalent to about 17.5 mg of Elemental Iron)	53.5 mg <sup>†</sup>	
Polysaccharide Iron Complex (Equivalent to about 17.5 mg of Elemental Iron)	38 mg <sup>†</sup>	‡339%
<b>Magnesium</b> (as magnesium sulfate)	5 mg	1%
<b>Zinc</b> (as zinc sulfate)	10 mg	77%
<b>Copper</b> (as copper sulfate)	2 mg	154%
<b>Omega-3 Fatty Acids</b> <sup>§</sup>	200 mg	¶
Docosahexaenoic Acid (DHA)	156 mg	¶
Eicosapentaenoic Acid (EPA)	39 mg	¶

\* Also containing Ascorbic Acid Precursors as (1) Acid Metabolites including niacinamide ascorbate, calcium ascorbate, magnesium ascorbate, potassium ascorbate and sodium ascorbate; (2) Basic Amino Acids including lysine acetate; (3) Flavonoids including hesperidin; and (4) Glutathione.

† Minimum Iron Salt content.

‡ Total Iron: Ferrous Fumarate + Polysaccharide Iron Complex

§ At least 200 mg Omega-3 Fatty Acids derived from 310 mg fish oil.

¶ Daily Value not established

Other ingredients: Gelatin, Soybean Oil, Glycerin, Purified Water, Carob in glycerin, Yellow Beeswax, Soy Lecithin, Natural Creamy Orange Flavor.

Contains: fish and soy

## **DESCRIPTION**

WesCap-C DHA is an orally administered prescription dietary supplement and should be administered under the supervision of a licensed medical practitioner.

## **DOSAGE AND ADMINISTRATION**

1 softgel daily, in between meals, or as prescribed by a licensed medical practitioner regardless of lactation status.

## **CAUTION**

Ingestion of more than 3 grams per day of omega-3 fatty acids (ALA, EPA, and DHA) may have potential antithrombotic activities, or effects, and may increase bleeding times. Administration of omega-3 fatty acids, including DHA, should be avoided in patients with inherited or acquired bleeding diathesis, including those taking anticoagulants. Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

## **CAUTION**

High levels of folic acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that that can cause nerve damage.

Store at controlled room temperature 20°-25°C (68°-77°F); excursions permitted to 15°-30°C (59°-86°F). Protect from light and moisture. Dispense in a tight, light-resistant container.

**Call your licensed medical practitioner about side effects. You may report side effects by calling Westminster Pharmaceuticals, LLC at 1-844-221-7294 or FDA at 1-800-FDA-1088.**

## **HOW SUPPLIED**

Supplied as oblong, black color softgel imprinted with "315" dispensed in 30 count bottles.

## **Manufactured for:**

Westminster Pharmaceuticals, LLC

Nashville, TN 37217

Rev. 09/21

Made in Canada

## PRINCIPAL DISPLAY PANEL - 30 Softgel Bottle Label

69367-315-30

Rx

WesCap-C DHA

PRENATAL/POSTNATAL

Prescription Folic Acid-Containing  
Dietary Supplement  
with Omega-3 Fatty Acids

30 Softgels

Westminster  
Pharmaceuticals

69367-315-30  
Rx



WesCap-C DHA

PRENATAL/POSTNATAL

Prescription Folic Acid-Containing  
Dietary Supplement  
with Omega-3 Fatty Acids

30 Softgels



### Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin C*	21%
Thiamin (thiamine mononitrate)	143%
Riboflavin	188%
Niacin	10%
Vitamin B6 (pyridoxine HCl)	1,250%
Folate	283%
Vitamin B12 (cyanocobalamin)	446%
Biotin	867%
Pantothenic Acid (D-calcium pantothenate)	71%
Iron	
Ferrous Fumarate (anhydrous)	
Equivalent to about 17.5 mg of Elemental Iron	53.5 mg†
Polysaccharide Iron Complex	
Equivalent to about 17.5 mg of Elemental Iron	38 mg†
Magnesium (as magnesium sulfate)	1%
Zinc (as zinc sulfate)	77%
Copper (as copper sulfate)	154%
Omega-3 Fatty Acids**	+
Docosahexaenoic Acid (DHA)	200 mg
Eicosapentaenoic Acid (EPA)	186 mg
Total Omega-3 Fatty Acids	386 mg

\* Also containing Ascorbic Acid Precursors as (1) Acid Metabolites including nicotinamide, ascorbate, calcium ascorbate, magnesium ascorbate, potassium ascorbate and sodium ascorbate; (2) Basic Amino Acids including lysine acetate; (3) Flavonoids including hesperidin; and (4) Glutathione.

\*\* Total Iron: Ferrous Fumarate + Polysaccharide Iron Complex

† Minimum Iron Salt content.

‡ Daily Value not established.

Other Ingredients: Gelatin, Soybean Oil, Glycerin, Purified Water, Carb in glycerin, Yellow Beeswax, Soy Lecithin, Natural Creamy Orange Flavor.

Contains: fish and soy

Manufactured for:  
Westminster Pharmaceuticals, LLC  
Nashville, TN 37217  
Made in Canada



**DESCRIPTION:** WesCap-C DHA is an orally administered prescription dietary supplement and should be administered under the supervision of a licensed medical practitioner.

**DOSEAGE AND ADMINISTRATION:** 1 softgel daily, in between meals, or as prescribed by a licensed medical practitioner regardless of lactation status.

**CAUTION:** Ingestion of more than 3 grams per day of omega-3 fatty acids (ALA, EPA, and DHA) may have potential anti-thrombotic activities, or effects, and may increase bleeding times. Administration of omega-3 fatty acids, including DHA, should be avoided in patients with inherited or acquired bleeding diatheses, including those taking anticoagulants. Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**CAUTION:** High levels of folic acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that can cause nerve damage.

Store at controlled room temperature, 20°-25°C (68°-77°F); excursions permitted to 15°-30°C (59°-86°F). Protect from light and moisture. Dispense in a tight, light-resistant container.

Call your licensed medical practitioner about side effects. You may report side effects by calling Westminster Pharmaceuticals, LLC at 1-844-221-7294 or FDA at 1-800-FDA-1088.

**HOW SUPPLIED:** Supplied as oblong, black color softgel imprinted with "315" dispensed in 30 count bottles.

Manufactured for:  
Westminster Pharmaceuticals, LLC  
Nashville, TN 37217  
Made in Canada

Rev. 09/21

## WESCAP-C-DHA

ascorbic acid, thiamine mononitrate, riboflavin, niacin, pyridoxine hydrochloride, folic acid, cyanocobalamin, biotin, calcium pantothenate, ferrous fumarate, iron, magnesium sulfate, zinc sulfate, cupric sulfate, doconexent, and icosapent capsule, gelatin coated

### Product Information

<b>Product Type</b>	DIETARY SUPPLEMENT	<b>Item Code (Source)</b>	NHRIC:69367-315
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ASCORBIC ACID</b> (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	25 mg
<b>THIAMINE MONONITRATE</b> (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	2 mg
<b>RIBOFLAVIN</b> (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	3 mg
<b>NIACIN</b> (UNII: 2679MF687A) (NIACIN - UNII:2679MF687A)	NIACIN	1.8 mg
<b>PYRIDOXINE HYDROCHLORIDE</b> (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	PYRIDOXINE	25 mg
<b>FOLIC ACID</b> (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg
<b>CYANOCOBALAMIN</b> (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	12.5 ug
<b>BIOTIN</b> (UNII: 6S06U10H04) (BIOTIN - UNII:6S06U10H04)	BIOTIN	300 ug
<b>CALCIUM PANTOTHENATE</b> (UNII: 568ET80C3D) (PANTOTHENIC ACID - UNII:19F5HK2737)	PANTOTHENIC ACID	5 mg
<b>FERROUS FUMARATE</b> (UNII: R5L488RY0Q) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	53.5 mg
<b>IRON</b> (UNII: E1UOL152H7) (IRON - UNII:E1UOL152H7)	IRON	38 mg
<b>MAGNESIUM SULFATE, UNSPECIFIED FORM</b> (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE, UNSPECIFIED FORM	5 mg
<b>ZINC SULFATE, UNSPECIFIED FORM</b> (UNII: 89DS0H96TB) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	10 mg
<b>CUPRIC SULFATE</b> (UNII: LRX7AJ16DT) (CUPRIC CATION - UNII:8CBV67279L)	CUPRIC CATION	2 mg
<b>DOCONEXENT</b> (UNII: ZAD9OKH9JC) (DOCONEXENT - UNII:ZAD9OKH9JC)	DOCONEXENT	156 mg
<b>ICOSAPENT</b> (UNII: AAN7QOV9EA) (ICOSAPENT - UNII:AAN7QOV9EA)	ICOSAPENT	39 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>GELATIN, UNSPECIFIED</b> (UNII: 2G86QN327L)	
<b>SOYBEAN OIL</b> (UNII: 241ATL177A)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>YELLOW WAX</b> (UNII: 2ZA36H0S2V)	
<b>SOYBEAN LECITHIN</b> (UNII: 1DI56QDM62)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:69367-315-30	30 in 1 BOTTLE, PLASTIC		

  

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
DIETARY SUPPLEMENT		12/13/2021	05/01/2026

Supplement Facts		
Serving Size :	Serving per Container :	
	Amount Per Serving	% Daily Value
color		
scoring	1	
shape		
size (solid drugs)	14 mm	
imprint		

**Labeler** - Westminster Pharmaceuticals, LLC (079516651)

Revised: 8/2025

Westminster Pharmaceuticals, LLC