

MY CYCLES BFF- black cohosh, blue cohosh, calcium carbonate, chamomile, graphites, high cranberry, poke root, potassium carbonate, potassium hydrate, sodium chloride, sulfur, wind flower tablet, chewable Knockout Remedy, LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

My Cycle's BFF

Drug Facts

Active Ingredients	Purpose
Black Cohosh 8X, 12X, 20X, 30X	Relieves menstrual cramps
Blue Cohosh 8X, 12X, 20X, 30X	Relieves painful menstruation, including lower limb pain
Calcium Carbonate 8X, 12X, 20X, 30X	Relieves fatigue & sleep disturbances from PMS
Chamomile 8X, 12X, 20X, 30X	Relieves mood changes from PMS
Graphites 8X, 12X, 20X, 30X	Relieves nausea from PMS
High Cranberry 8X, 12X, 20X, 30X	Relieves painful menstruation
Poke Root 8X, 12X, 20X, 30X	Relieves breast swelling & tenderness from PMS
Potassium Carbonate 8X, 12X, 20X, 30X	Relieves gastic symptoms from PMS
Potassium Hydrate 8X, 12X, 20X, 30X	Relieves backache from PMS
Sodium Chloride 8X, 12X, 20X, 30X	Relieves headache from PMS
Sulfur 8X, 12X, 20X, 30X	Relieves acne from PMS
Wind Flower 8X, 12X, 20X, 30X	Relieves irregular menstruation

Uses

Relieves [reduces the severity of] premenstrual syndrome (PMS) symptoms: acne, backache, breast tenderness & swelling, cramping, fatigue, gastic symptoms, headache, mood changes, nausea

Purpose

Homeopathic PMS Relief

Warnings

Stop use and ask a doctor is symptoms persist or worsen.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

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Directions

Ages 12 years & up, take 1 tablet twice a day beginning around ovulation (ovulation usually occurs around day 14 of your cycle, with day 1 of your cycle being the first day of your period) through the first 3 days of your period. Separate doses by at least 10 hours.

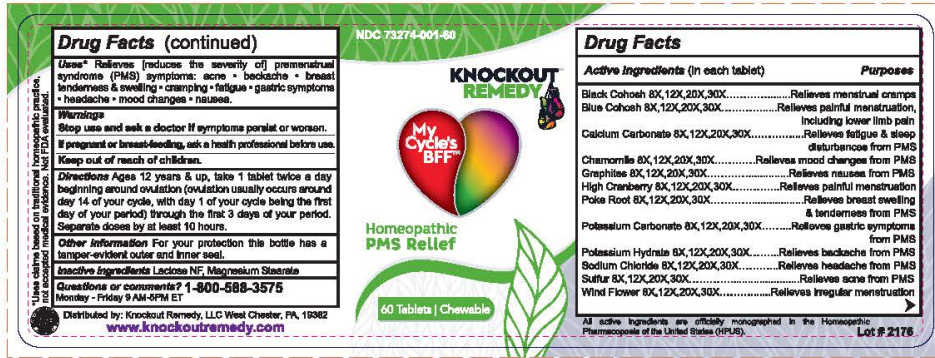
Other information

For your protection this bottle has a tamper-evident outer and inner seal.

Inactive Ingredients

Lactose NF, Magnesium Stearate

Label



Bleed Box
(Extra artwork that will be cut off. This ensures a clean cut around the label.)

Die Line
(Where the die cut will be made.)

Cut Tolerance
(Important artwork must not exceed to avoid being cut from label.)

<p>(801) 235-9595 www.withkala.com Wendy Guerra 1275 South 1600 West Orem, Utah 84058 3/29/2021</p>	<p>4559-142926</p> <p>MATERIAL DESCRIPTION Metallized BOPP / G-630 / 40# Paper</p> <p>FINISH COAT Matte Polypropylene Laminate</p> <p>DIE 2951 2 X 5.5</p>	<table border="1"> <tr> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td colspan="4"></td> </tr> </table>										
<p>PLEASE READ</p> <p>Please examine this proof carefully. If there are any changes to be made, clearly indicate them by marking and/or writing any instructions on the proof. Please verify all specifications and check for typographical or graphic errors, omissions and positioning of artwork. Because of the variations in computer monitors and computer color settings, this proof is NOT to be utilized for color matching. It is for production and layout purposes only. Upon completion of proof inspection, please sign and return the proof to Kala. Production of this job will not proceed without the signed approved proof. Kala will not be held liable for any errors and/or omissions not identified or marked on this proof as such.</p>	<p>4559-142926</p>	<table border="1"> <tr> <td></td> <td></td> <td rowspan="2"> <p>The Labels will be: Print out, Left first.</p> <p>UNWIND 4</p> </td> </tr> <tr> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td rowspan="2"> <p>Corner Radius .125</p> </td> </tr> <tr> <td></td> <td></td> </tr> </table>			<p>The Labels will be: Print out, Left first.</p> <p>UNWIND 4</p>					<p>Corner Radius .125</p>		
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<p>APPROVED AS IS</p>	<p>DATE</p>	<p>MAKE CHANGES AS MARKED</p>	<p>DATE</p>									

MY CYCLES BFF

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Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:73274-001
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
VIBURNUM OPULUS ROOT (UNII: 6N0G8XY3T8) (VIBURNUM OPULUS ROOT - UNII:6N0G8XY3T8)	VIBURNUM OPULUS ROOT	30 [hp_X]
CAULOPHYLLUM THALICTROIDES ROOT (UNII: JTJ6HH6YEH) (CAULOPHYLLUM THALICTROIDES ROOT - UNII:JTJ6HH6YEH)	CAULOPHYLLUM THALICTROIDES ROOT	30 [hp_X]
PULSATILLA VULGARIS (UNII: I76KB35JEV) (PULSATILLA VULGARIS - UNII:I76KB35JEV)	PULSATILLA VULGARIS	30 [hp_X]
PHYTOLACCA AMERICANA ROOT (UNII: 11E6VI8VEG) (PHYTOLACCA AMERICANA ROOT - UNII:11E6VI8VEG)	PHYTOLACCA AMERICANA ROOT	30 [hp_X]
POTASSIUM HYDROXIDE (UNII: WZH3C48M4T) (HYDROXIDE ION - UNII:9159UV381P)	POTASSIUM HYDROXIDE	30 [hp_X]
POTASSIUM CARBONATE (UNII: BQN1B9B9HA) (CARBONATE ION - UNII:7UJQ5OPE7D)	POTASSIUM CARBONATE	30 [hp_X]
SULFUR (UNII: 70FD1KFU70) (SULFUR - UNII:70FD1KFU70)	SULFUR	30 [hp_X]
BLACK COHOSH (UNII: K73E24S6X9) (BLACK COHOSH - UNII:K73E24S6X9)	BLACK COHOSH	30 [hp_X]
SODIUM CHLORIDE (UNII: 451W47IQ8X) (CHLORIDE ION - UNII:Q32ZN48698)	SODIUM CHLORIDE	30 [hp_X]
CHAMOMILE (UNII: FGL3685T2X) (CHAMOMILE - UNII:FGL3685T2X)	CHAMOMILE	30 [hp_X]
CALCIUM CARBONATE (UNII: H0G9379FGK) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CARBONATE	30 [hp_X]
GRAPHITE (UNII: 4QQN74LH4O) (GRAPHITE - UNII:4QQN74LH4O)	GRAPHITE	30 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	10mm
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:73274-001-60	60 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	05/18/2021	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		05/18/2021	

Labeler - Knockout Remedy, LLC (100530862)

Registrant - Homeocare Laboratories, Inc (088224882)

Establishment

Name	Address	ID/FEI	Business Operations
Homeocare Laboratories Inc,		088248828	manufacture(73274-001)

Revised: 5/2021

Knockout Remedy, LLC