

**SINUS HEADACHE AND PAIN DAY, NON-DROWSY- acetaminophen,
phenylephrine hcl tablet, film coated
ARMY AND AIR FORCE EXCHANGE SERVICE**

Exchange Select 44-466C

Active ingredients (in each caplet)

Acetaminophen 325 mg
Phenylephrine HCl 5 mg

Purpose

Pain reliever/fever reducer
Nasal decongestant

Uses

- temporarily relieves these symptoms associated with hay fever or other respiratory allergies, and the common cold:
 - minor aches and pains
 - headache
 - nasal congestion
 - sinus congestion and pressure
- helps decongest sinus openings and passages
- promotes sinus drainage
- helps clear nasal passages
- temporarily reduces fever

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- blisters
- rash
- skin reddening

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If

you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- liver disease
- difficulty in urination due to enlargement of the prostate gland
- heart disease
- diabetes
- thyroid disease
- high blood pressure

Ask a doctor or pharmacist before use if you are

taking the blood thinning drug warfarin.

When using this product

do not exceed recommended dosage.

Stop use and ask a doctor if

- nervousness, dizziness, or sleeplessness occur
- pain or nasal congestion gets worse or lasts more than 7 days
- new symptoms occur
- fever gets worse or lasts more than 3 days
- redness or swelling is present

These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of accidental overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed**
- adults and children 12 years and over
 - take 2 caplets every 4 hours
 - swallow whole - do not crush, chew, or dissolve
 - do not take more than 10 caplets in 24 hours
- children under 12 years: ask a doctor

Other information

- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- store at 25°C (77°F); excursions permitted between 15°C-30°C (59°F-86°F)
- see end flap for expiration date and lot number

Inactive ingredients

corn starch, crospovidone, D&C yellow #10 aluminum lake, FD&C blue #1 aluminum lake, FD&C red #40 aluminum lake, flavor, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, silicon dioxide, sodium starch glycolate, stearic acid, sucralose, talc, titanium dioxide

Questions or comments?

1-800-426-9391

Principal display panel

exchange ✓ **select**™

Compare To The Active
Ingredients of Tylenol®
SINUS + HEADACHE*

Pseudoephedrine Free

***SINUS
HEADACHE & PAIN***

Acetaminophen, Phenylephrine HCl
Pain Reliever/Fever Reducer, Nasal Decongestant

- Sinus Headache
- Sinus Pressure
- Nasal Congestion

DAY
NON-DROWSY

Actual Size

24 Caplets

quality
value

**TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BLISTER UNIT IS TORN,
BROKEN OR SHOWS ANY SIGNS OF TAMPERING**

**“SATISFACTION GUARANTEED
OR YOUR MONEY BACK”**

Manufactured For Your
 Military Exchanges
 Distributed by:
 LNK International, Inc.
 Hauppauge, NY 11788
 1-800-426-9391

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Do not print
Lot & Exp.

TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BLISTER UNIT IS TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING

exchange select™

Compare To The Active Ingredients of Tylenol® SINUS + HEADACHE*
Pseudoephedrine Free

SINUS HEADACHE & PAIN

Acetaminophen, Phenylephrine HCl
Pain Reliever/Fever Reducer, Nasal Decongestant

• Sinus Headache
• Sinus Pressure
• Nasal Congestion

DAY NON-DROWSY



Actual Size

24 Caplets

quality value

Drug Facts (continued)

Active ingredients (in each caplet)

Acetaminophen 325 mg Pain reliever/fever reducer

Phenylephrine HCl 5 mg Nasal decongestant

Purpose

Temporarily relieves these symptoms associated with hay fever or other respiratory allergies, and the common cold:

- runny nose and sneezing
- nasal congestion
- sinus congestion and pressure
- headache

Uses

- temporarily relieves these symptoms associated with hay fever or other respiratory allergies, and the common cold
- runny nose and sneezing
- nasal congestion
- sinus congestion and pressure
- headache

Drug Facts (continued)

Warnings

This product contains acetaminophen. Severe liver damage may occur if you take more than 4,000 mg of acetaminophen in 24 hours or with other drugs containing acetaminophen.

3 or more alcoholic drinks every day while using this product.

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include: hives, rash, skin redness. If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients.

Ask a doctor before use if you have

- high blood pressure
- difficulty in urination due to enlargement of the prostate gland
- liver disease
- heart disease
- diabetes
- thyroid disease

Drug Facts (continued)

Directions

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B-0066E-466C-08SHR
REV0721M46608

Exchange Select 44-466

SINUS HEADACHE AND PAIN DAY, NON-DROWSY

acetaminophen, phenylephrine hcl tablet, film coated

Product Information

Product Type

HUMAN OTC DRUG

Item Code (Source)

NDC:55301-446

Route of Administration ORAL

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|--|-----------------------------|----------|
| ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D) | ACETAMINOPHEN | 325 mg |
| PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV) | PHENYLEPHRINE HYDROCHLORIDE | 5 mg |

Inactive Ingredients

| Ingredient Name | Strength |
|--|----------|
| STARCH, CORN (UNII: O8232NY3SJ) | |
| CROSPVIDONE, UNSPECIFIED (UNII: 2S7830E561) | |
| D&C YELLOW NO. 10 ALUMINUM LAKE (UNII: CQ3XH3DET6) | |
| FD&C BLUE NO. 1 ALUMINUM LAKE (UNII: J9EQA3S2JM) | |
| FD&C RED NO. 40 ALUMINUM LAKE (UNII: 6T47AS764T) | |
| MAGNESIUM STEARATE (UNII: 70097M6I30) | |
| MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U) | |
| POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A) | |
| POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990) | |
| POVIDONE, UNSPECIFIED (UNII: FZ989GH94E) | |
| SILICON DIOXIDE (UNII: ETJ7Z6XBU4) | |
| SODIUM STARCH GLYCOLATE TYPE A POTATO (UNII: 5856J3G2A2) | |
| STEARIC ACID (UNII: 4ELV7Z65AP) | |
| SUCRALOSE (UNII: 96K6UQ3ZD4) | |
| TALC (UNII: 7SEV7J4R1U) | |
| TITANIUM DIOXIDE (UNII: 15FIX9V2JP) | |

Product Characteristics

| | | | |
|----------|---------|--------------|----------|
| Color | green | Score | no score |
| Shape | OVAL | Size | 17mm |
| Flavor | MENTHOL | Imprint Code | 44;466 |
| Contains | | | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:55301-446-08 | 2 in 1 CARTON | 07/26/2005 | |
| 1 | | 12 in 1 BLISTER PACK; Type 0: Not a Combination Product | | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
|--------------------|--|----------------------|--------------------|

| | | | |
|--------------------|------|------------|--|
| OTC Monograph Drug | M012 | 07/26/2005 | |
|--------------------|------|------------|--|

Labeler - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------------------|---------|-----------|--|
| LNK International, Inc. | | 832867837 | manufacture(55301-446) , pack(55301-446) |

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------------------|---------|-----------|------------------------|
| LNK International, Inc. | | 832867894 | manufacture(55301-446) |

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------------------|---------|-----------|------------------------|
| LNK International, Inc. | | 117025878 | manufacture(55301-446) |

Revised: 1/2026

ARMY AND AIR FORCE EXCHANGE SERVICE