

**BHI COUGH- antimony potassium tartrate, atropa belladonna, blatta orientalis, bryonia alba whole, anemone americana, star anise, ipecac, lobelia inflata, naphthalene, sodium sulfide nonahydrate, aspidosperma quebracho-blanco bark, and stachys officinalis tablet**  
**MediNatura Inc**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**BHI Cough Tablet**

**ACTIVE INGREDIENTS**

Each tablet contains: Antimonium tartaricum 6X, \*Belladonna 6X, \*Blatta orientalis 8X, \*Bryonia alba 8X, \*Hepatica triloba 5X, \*Illicium anisatum 4X, \*Ipecacuanha 4X, \*Lobelia inflata 5X, Naphthalinum 6X, Natrum sulphuricum 6X, \*Quebracho 6X, \*Stachys betonica 4X 25 mg each.

**\*Natural Ingredients**

**INACTIVE INGREDIENTS**

Inactive Ingredients: \*\*Dextrose, \*\* Lactose, Magnesium Stearate, \*\*Maltodextrin  
\*\*contains one or more of these ingredients.

**PURPOSE**

**Cough Relief Tablets**

***Relieves Cough due to:***

- Colds
- Throat Irritation
- Allergies

**USES**

For the temporary relief of minor cough due to colds, throat irritation, and allergies.

**DIRECTIONS**

**At first sign of symptoms: Adults and children 4 years and older:**

1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dosage.

**Standard dosage: Adults and children 4 years and older:**

Take 1-2 tablets every 4 to 6 hours. Do not exceed 12 tablets in 24 hours. For children under 4, consult your health professional.

**Allow tablets to dissolve completely in the mouth, do not swallow**

## **WARNINGS**

**If pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** Ask a doctor if you have a cough that occurs with too much phlegm (mucus) or a cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema. **Stop and ask a doctor** if cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or persistent headache. These could be signs of a serious condition. **Do not use** if known sensitivity to Cough or any of its ingredients exists.

## **KEEP OUT OF REACH OF CHILDREN**

**Keep out of reach of children**



## NATURAL RELIEF

from cough due to

- Colds
- Throat Irritation
- Allergies



### Drug Facts (Continued)

**Uses:** For the temporary relief of minor cough due to colds, throat irritation, allergies.

**Warnings:** If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. Ask a doctor if you have a cough that occurs with too much phlegm (mucus) or a cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema. Stop and ask a doctor if cough lasts more than 7 days, comes back, or is accompanied by fever, rash, or persistent headache. These could be a sign of a serious condition. Do not use if known sensitivity to BHI Cough or any of its ingredients exists.

**Directions:** At the first sign of symptoms: **Adults and children 4 years and older:** 1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dosage. **Standard dosage: Adults and children 4 years and older:** Take 1-2 tablets every 4-6 hours. Do not exceed 12 tablets in 24 hours. **For children under 4 years, consult your health professional. Allow tablets to dissolve completely in the mouth, do not swallow.**

**Other Information:** Tamper Evident: Use this product only if imprinted shrink seal around neck and cap is intact. Store at room temperature. Protect from light. Please retain outer carton for full product instructions.

**Inactive Ingredients:** Dextrose, Lactose, Magnesium stearate, Maltodextrin \*contains one or more of these ingredients

**Questions? Call weekdays 8AM-4PM Mountain Time 1-844-MediNatura (1-844-633-4628) or email info@MediNatura.com**

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### The BHI Story

Dr. Reckeweg, M.D. believed that health comes from light—the sun gives life to plants, and plants give health to humans.

In the late 1930's, Dr. Reckeweg found that using multi-ingredient plant-based remedies gave his patients more relief than single-ingredient ones. His homeopathic remedies soon became the most popular ones in Germany.

After relocating to the sunny high desert of New Mexico, he founded the BHI brand in 1979. For over 40 years we have been faithful to Dr. Reckeweg's "sunny" philosophy which has given thousands of Americans "dazzling" relief—if you don't agree, return the empty bottle and receipt for a full refund (visit [MediNatura.com](http://MediNatura.com) for details).

Cough Relief Tablets

# COUGH

# BHI

NDC 62795-1023-6

# BHI

## COUGH

Cough Relief Tablets

40+  
years  
of safe  
relief

## NATURAL RELIEF

from cough due to

- Colds
- Throat Irritation
- Allergies



100  
TABLETS

MediNatura  
HOMEOPATHIC

### Drug Facts

Active Ingredient**	Purpose
Antimonium tartaricum 6X	cough due to colds
Atropa belladonna 6X	cough due to colds and throat irritation
Blatta orientalis 6X	cough due to colds and allergies
Bryonia alba 6X	cough due to colds and throat irritation
Chamaedaphne 6X	cough due to throat irritation
Claytonia virginica 6X	cough
Conium maculatum 6X	cough due to colds
Lobelia inflata 6X	cough due to colds
Naphthalene 6X	cough due to colds
Natrium sulphuratum 6X	cough due to colds and throat irritation
Quercus 6X	cough due to colds
Stachys betonica 6X	cough due to colds

\*\*Natural ingredient  
\*\*Each tablet contains equal amounts of each ingredient

X is a homeopathic dilution. For more information visit [www.MediNatura.com](http://www.MediNatura.com)

Claims based on homeopathic practice, not accepted medical evidence. Not FDA evaluated.

MediNatura  
10421 Research Rd.  
Albuquerque, NM 87123  
[www.MediNatura.com](http://www.MediNatura.com)



Made in a U.S. facility from plant ingredients



RECYCLE



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Lot:

Exp. date:

## BHI COUGH

antimony potassium tartrate, atropa belladonna, blatta orientalis, bryonia alba whole, anemone americana, star anise, ipecac, lobelia inflata, naphthalene, sodium sulfide nonahydrate, aspidosperma quebracho-blanco bark, and stachys officinalis tablet

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:62795-1022
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ANTIMONY POTASSIUM TARTRATE</b> (UNII: DL6OZ476V3) (ANTIMONY CATION (3+) - UNII:069647RPT5)	ANTIMONY POTASSIUM TARTRATE	6 [hp_X]
<b>ATROPA BELLADONNA</b> (UNII: WQZ3G9PF0H) (ATROPA BELLADONNA - UNII:WQZ3G9PF0H)	ATROPA BELLADONNA	6 [hp_X]
<b>BLATTA ORIENTALIS</b> (UNII: 535787266D) (BLATTA ORIENTALIS - UNII:535787266D)	BLATTA ORIENTALIS	8 [hp_X]
<b>BRYONIA ALBA WHOLE</b> (UNII: 56K0VVT47P) (BRYONIA ALBA WHOLE - UNII:56K0VVT47P)	BRYONIA ALBA WHOLE	8 [hp_X]
<b>ANEMONE HEPATICA VAR. OBTUSA</b> (UNII: 6ICN6T7FEM) (ANEMONE HEPATICA VAR. OBTUSA - UNII:6ICN6T7FEM)	ANEMONE HEPATICA VAR. OBTUSA	5 [hp_X]
<b>STAR ANISE</b> (UNII: XKC1657P78) (STAR ANISE - UNII:XKC1657P78)	STAR ANISE	4 [hp_X]
<b>IPECAC</b> (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	4 [hp_X]
<b>LOBELIA INFLATA</b> (UNII: 9PP1T3TC5U) (LOBELIA INFLATA - UNII:9PP1T3TC5U)	LOBELIA INFLATA	5 [hp_X]
<b>NAPHTHALENE</b> (UNII: 2166IN72UN) (NAPHTHALENE - UNII:2166IN72UN)	NAPHTHALENE	6 [hp_X]
<b>SODIUM SULFIDE NONAHYDRATE</b> (UNII: C02T02993U) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM SULFIDE NONAHYDRATE	6 [hp_X]
<b>STACHYS OFFICINALIS</b> (UNII: UO9989Y17N) (STACHYS OFFICINALIS - UNII:UO9989Y17N)	STACHYS OFFICINALIS	4 [hp_X]
<b>ASPIDOSPERMA QUEBRACHO-BLANCO BARK</b> (UNII: 52B1340190) (ASPIDOSPERMA QUEBRACHO-BLANCO BARK - UNII:52B1340190)	ASPIDOSPERMA QUEBRACHO-BLANCO BARK	6 [hp_X]

## Inactive Ingredients

Ingredient Name	Strength
<b>LACTOSE</b> (UNII: J2B2A4N98G)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>DEXTROSE</b> (UNII: IY9XDZ35W2)	

## Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	9mm
<b>Flavor</b>		<b>Imprint Code</b>	Leafman
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62795-1022-3	1 in 1 CARTON	08/30/2014	03/31/2025
1		100 in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		08/30/2014	03/31/2025

**Labeler** - MediNatura Inc (079324099)

## Establishment

Name	Address	ID/FEI	Business Operations
MediNatura Inc		102783016	manufacture(62795-1022)

Revised: 7/2022

MediNatura Inc