

DAILY CARE EPSOM SALT- magnesium sulfate granule

1 SOURCE TRADING LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Daily Care Epsom Salt

Active Ingredients

Magnesium Sulfate (heptahydrate) 100%

Purpose

Saline laxative

Uses

- For relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

If pregnant or breast feeding, ask a health professional before use. **Keep out of reach of children.** In Case of overdose, get medical help or contact a Poison Control Center right away.

Ask a doctor or pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Directions

- do not exceed more than 2 doses per day
- drink a full glass (8 ounces) of liquid with each dose
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste.

adults and children 12 years and over - 2 to 4 level teaspoons (10 to 20 grams) daily

children 6 to under 12 year - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 year - consult a doctor

None Available



Epsom Salt

UNSCENTED

BATH FOR CALMING MOODS
Magnesium, a key ingredient in Daily Care® Epsom Salt, is a stress reliever. Add 2 cups to your bath and soak away your worries.

FOOT SOAK FOR SORE FEET
Epsom Salt's famous for rejuvenating tired feet. Simply add 1 cup to a gallon of warm water, and soak for at least 5 minutes at a time.

FOR OVEREXERCITION & STIFFNESS

For so aching relief from overexertion and stiffness, draw a bath and add 2 cups of Daily Care® Epsom Salt. Soak for 15 minutes and let our epsom salt do its job. Use in baths, soaks or a whirlpool for those benefits. Gentle enough for the whole family.

For External Use As a Soaking Aid
For Minor Sprain and Bruises

Dissolve 2 cups of Daily Care® Epsom Salt per gallon of water. Apply in conjunction with bandages or tawelling or use in bath. Use with warm water for best results.

Warning
When prompt relief is not obtained or where there is evidence of infection, discontinue use and consult physician. Hot or warm soaks should not be used by individuals with diabetes except on advice of a physician.

Caution
Keep this and all drugs out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.



| Drug Facts | |
|---|--|
| Active Ingredients | Magnesium sulfate (heptahydrate) 100% saline heptahydrate |
| Purpose | |
| Uses | ■ for relief of occasional constipation (magnesium sulfate) ■ this product generally produces bowel movement in 1/2 to 6 hours |
| Warnings | ■ Ask a doctor before use if you have: ■ kidney disease ■ a magnesium restricted diet ■ abdominal pain, nausea, or vomiting ■ noticed a sudden change in bowel habits that persist over a period of 2 weeks ■ already used a laxative for a period longer than 1 week |
| Ask a doctor or pharmacist before use if you are taking any other drugs. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work. | |
| If pregnant or breast-feeding, ask health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. | |
| Directions | ■ Do not exceed more than 2 doses per day ■ drink a full glass (8 ounces) of fluid with each dose ■ dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste |
| Other information | ■ magnesium content 495 mg per teaspoon (5 grams) |

| Fertilizer uses | |
|--|--|
| Guaranteed Analysis | Magnesium (Mg) 9.87% Sulfur (S) 12.98% Water Soluble Magnesium (mg/l) 12.98% Combined Sulfur (S) 12.98% |
| Directions for use (fertilizer) | Lawn: Apply at a rate of 1/2 pound per one thousand square feet of lawn. Garden plants and shrubbery: Sprinkle 2 tablespoons around the base of each plant. Tomatoes: One teaspoon per foot plant height every 2 weeks. Lawn: Apply 1 tablespoon per 5 sq. ft. (3X3) over the root zone every 2-4 weeks. Rhododendrons: Apply 2 tablespoons per 5 sq. ft. (3X3) over the root zone every 4 months. Garden shrubbery: Sprinkle one cup per 100 sq. ft. (10X10) and mix into soil prior to planting. Houseplants: Mix one teaspoon per gallon of water and feed to plants every 1-4 weeks. |
| For quicker results, water plants after applying this product. | |



DISTRIBUTED BY
1 SOURCE TRADING
NORTHVILLE, MI 48167
WWW.1SOURCETRADING.COM
MADE IN INDIA

DAILY CARE[®]
PRODUCTS

Epsom Salt

MAGNESIUM SULFATE USP

- For external use as a soaking aid for minor sprains and bruises
- Use as a saline laxative
- Helps nourish sore muscles
- Excellent for gardening



UNSCENTED

NET WT: 1 LB (0.45 kg)

DAILY CARE EPSOM SALT

magnesium sulfate granule

Product Information

| | | | |
|-------------------------|----------------|--------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:78107-001 |
| Route of Administration | ORAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|--|--------------------------------|----------------|
| MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838) | MAGNESIUM SULFATE HEPTAHYDRATE | 100 g in 100 g |

Inactive Ingredients

| Ingredient Name | Strength |
|---------------------------------|----------|
| WATER (UNII: 059QF0KO0R) | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:78107-001-01 | 454 g in 1 BAG; Type 0: Not a Combination Product | 06/03/2021 | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|-------------------------|--|----------------------|--------------------|
| OTC monograph not final | part334 | 06/03/2021 | |

Labeler - 1 SOURCE TRADING LLC (117475928)

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